

## School Wellness Regional Workshops

Learn how a local school wellness policy can fuel students to learn and behave better and support staff in creating healthy school environments.



## School wellness in action!

WHAT: These FREE workshops will review the benefits of a strong wellness policy, USDA

requirements for the school wellness policy, and showcase best practices, and assessment and outreach tools. Each workshop will include inspiring presentations, roundtable discussions, review of resources, networking and goal setting activities. We recommend bringing a team (2-3) people from your school community such as an administrator, food service director, educator, health professional, parent, or community member.



**WHO:** School wellness coordinators, wellness champions, school board trustees, administrators, school nutrition directors, educators, health professionals, parents, and community partners.

**WHEN & WHERE:** Miles City – November 1, 2018; Butte – November 29, 2018; and Manhattan – January 23, 2019. Each workshop is from 1:00 p.m. to 4:30 pm. See below for location address and room information.

**Continuing Education:** 3 hours of OPI Credit/USDA Professional Standards will be available for participants.

If these dates don't work for you or you would like to host a school wellness workshop for your area, we are happy to provide the training. These workshops were held in Billings, Great Falls, Kalispell, Miles City, and Missoula.

**REGISTER:** Space is limited; register early: <u>Click to register</u>

November 29: 2018, Butte: Quality Inn & Suites, 2100 Cornell Avenue, Big Sky Conference Room January 23, 2019, Manhattan: Manhattan Christian School, 8000 Churchill Road, Board Room

Each workshop is from 1:00 p.m. to 4:30 p.m.

