

Smarter Lunchrooms

The name game

Food Tastes How We *Expect* It To Taste!

The following lunch menus were selected from public school lunch menus across the country. Do these descriptions make you hungry for lunch? Using your own words, or words from the word bank below, re-write these menus to enhance taste expectations.

Turkey and Cheese Wrap

Pizza

Carrots

Oranges

Low Fat Milk

Non Fat Milk

Chicken Tenders

Fruit

Coleslaw

Corn

Assorted Milks

Beef Nachos

Potato wedges

Pinto beans

Fruit Choices

1% unflavored and nonfat flavored milk choices

Descriptive Word Bank:

Sizzling, tangy, crisp, crunchy, sun-kissed, protein-packed, immune boosting, spiced, garden, rainbow, jumpin’, super fresh, snappy, American, power, crispy, creamy, buttery, delightful, sweet, glazed, fluffy, stuffed, fresh, juicy, julienne, mouth-watering, natural, roasted, rich, slathered, sliced, sweet and sour, tasty.