

TRiO

STUDENT SUPPORT SERVICES



MARK YOUR CALENDAR! TRiO SSS Annual TRiO Days

At the end of February each year, TRiO programs nationwide celebrate the programs that support and enrich the students they serve. These range from middle school and high school Talent Search and Upward Bound to various Student Support Services like ours, as well as the McNair Scholars Program. Over its fifty year history, TRiO has helped students become everything from astronauts to actors.

MSU's TRiO Student Support Services will celebrate our program and we'd like to invite you to save the afternoon

of February 23. We will host an open house in and around our offices with **YOU** as the stars of the show!

Thursday, February 23, 2-5 pm
Reid Hall, Third Floor

Career Fair Events

MSU Career Fair is a great opportunity for students to firm up ideas of careers and meet potential employers. Here are some of the events affiliated with Career Fair —

Resume Critique

Bring your resume in for review and polishing by the experts. Info [here](#).

Wednesday, 2/15, 1:30-4 pm in SUB Rm 177

Job Fair

Several hundred companies host displays and information about their companies to recruit bright new talent in their fields. Even if you don't think you are interested, experience walking through the displays and talking with potential employers. It's just good practice for you!

Thursday, February 16th from 9 am to 3 pm

The full schedule is [here](#).



Undergraduate Scholars Proposals Are Due Feb 24

Research is used in every field of study! Research has the potential of propelling you more easily into graduate school and can make your college resume stand out. If

you are interested in conducting research, let Megkian or Julian know. There is more information [here](#).



TRiO SSS Adds a Facebook Closed Group

At the suggestion of a few TRiO scholars, we have now added a TRiO SSS closed group in Facebook to discuss news, challenges and tips that we want to share only with cohort members. Find the [closed Facebook group here](#). You have to request to be added to this group, so please send us a request.

Also, the TRiO SSS Facebook [page that's public is here](#).

Announcements

Five Phone Apps That Will Keep You Off Your Phone

We know these apps are out there, and when you're ready to control your cell phone usage instead of letting it control you, check [this article](#) out. Each app has distinct features. The one popular with college students is [Pocket Points](#), an app that earns you points that can be redeemed for goods and services around town.

Accounting Students Offer Free Tax Help!

Accounting students from the College of Business & Entrepreneurship are offering free help preparing tax returns for MSU students and individuals who made less than \$58,000 last year. Help sessions will be held in Jabs Rm 215 on Mondays, Wednesday and Saturdays. Students preparing the taxes are fully trained and have passed the IRS tax preparation exam. The full schedule and what you need to bring with you is [here](#).

Med School Prep

Did you know there is a Med School Prep session every week? It's on **Wednesday evenings at 7 pm** each week. The location changes from time to time, and you can email or call Health Professions Advisor Shiela Neilsen (hpa@montana.edu or 406 994-1670). These prep classes are for students who expect to take the GRE, MCAT, and other test to qualify for PA school, Dental school, and pretty much everything in the health professions except nursing.

Math Class Tutoring!

Who doesn't need help free, drop-in tutoring on any math class you're taking. Dr. Roger Fischer is hosting drop-in tutoring sessions on Tuesday from 10 am to noon, and Wednesday from 3 - 5 pm. Find him in Roberts Hall, Room 312C (AIRO office). Champ Change points will be awarded.

Chemistry Tutoring!

Drop-in Chemistry tutoring with Dr. Bill McLaughlin
TUES, WED, THURS, between 2-4pm in Gaines 215
Email Dr. McLaughlin to confirm a time: cmclaughlin@chemistry.montana.edu

You're Enough! MSU Body Project

The Body Project empowers students accept body image, and positive sense of self. A three-part workshop began last month, but there are two more workshops remaining on Wed., Feb 15 or 22, and Thursday, March 2 or 9. Contact bodyproject@montana.edu for more info.

Report You Scholarships

If you've received awards or scholarship, please let us know. We want to showcase your achievements at our TRiO Open House. If you have a faculty mentor or research mentor at MSU, please let us know so we can thank them, too.

TRiO Student Support Services, 314-A Reid Hall, Montana State University * 406-994-7474 *
TRiOSSS@Montana.edu

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