TRiO Signature Speakers

Part of TRiO's commitment to its scholars is to bring in very special guests to convey their challenges, failures and achievements so we can better understand that we all navigate these uniquely and achieve amazing success — our own way. We recommend you attend these lectures to broaden your education in a fast-moving culture and access topics that are timely and relevant.

Julie Cajune, Visionary and Educator

The First of TRiO's 3 Signature Series Presentations will be this Friday, September 23rd, at 4:15 in the Alumni Legacy Lounge in the SUB. Julie Cajune is one of "50 Visionaries Who Are Changing Your World." She is an educator and filmmaker and will share how she became a visionary world changer and how you can become one too.

Look forward to two more inspiring and engaging presentations on October 27th and November 18th. Please make it a point to attend.

American Indian Heritage Days

Once a year, MSU acknowledges the nation's first people our American Indians, their communities, cultures, traditions and all they have given us. A few days' recognition is meager in comparison to their contributions. TRiO Student Support Services partners with other departments and local groups to recognize our own place in the history of this nation. Please plan to spend Friday afternoon as you can enjoying these special discussions and presentations.

FREE Dinner and Dialogue, 4 pm, TODAY!

This program will offer three topics throughout this semester and begins tonight talking about "Transitions and Community." This will be in held in the Alumni Lounge from 4 to 5:30 pm. Dinner is provided.
TRiO Breakfast on Wednesday -- Come By!

This is your chance to visit with other TRiO Scholars, catch a quick advising tip, and have healthy breakfast. Or do it Hobbit-style and make it second breakfast.

Reid Hall, Room 314 from 8:30 to 11 am.

Smarty Cats Tutoring

We're running this again, because we've had some questions about it. Go ahead and book your FREE Smarty Cats tutoring sessions! You will see a $0.00 balance on your account, but you can schedule tutoring anyway. Your account has been enabled to charge tutoring without paying. Sign up for as many classes as you can and go consistently whether you feel like you are struggling or not. If you are unable to book tutoring appointments, please contact the TRiO office right away 994-7474.

Nutritious Food On A Budget

There are many resources available that help us to eat nutritiously and we will feature one of these each week. While some of these resources refer to Supplemental Nutritional Assistance Program (SNAP), we all eat on a budget of both time and expense. We hope this will help you plan easy, budget-conscious choices for yourself and your family.

Here's our first installment — Lee Anne Brown's Good and Cheap Cookbook

JOBS

This isn't a job, but a volunteer opportunity. The 32nd Science Olympiad needs volunteers on Tuesday, November 22. More information is here.

TRiO Student Support Services, 314-A Reid Hall, Montana State University * 406-994-7474 * TRiOSSS@Montana.edu

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