LAST DAY! TO DROP A CLASSES WITHOUT PENALTY

If you need to drop a class, you need to do it by 5 pm today. This requires the signature of your advisor and the instructor of the class and you can take a W instead of a failing grade. Drop/Add Forms are in the TRiO office. If you have questions about how a withdrawal will impact future grades and financial aid, stop by for answers.

Undergraduate Scholars Program

If you heard the discussion with Harvard graduate students Jordan Kennedy & Michael Ruiz, they made it clear that their opportunities multiplied by engaging in undergraduate research through MSU’s Undergraduate Scholars Program (USP). USP promotes multidisciplinary undergraduate research programs at MSU helping undergraduate students in all disciplines pursue research, scholarships, and creative projects. And you get paid! Research can be conducted with many of the professors you already know. Applications for research in spring semester are due December 2, summer grants are due on February 24.

The chance of your proposal being accepted is much greater than you think! Learn more here.

If you need help developing your ideas or proposal, visit with Dr. Megkian Doyle.

Non-Traditional Student Club Invites You!

What’s a non-traditional student? Most of us! Specifically, it’s students who

- have been out of school (high school or college) for three or more years
- financially independent, or those with children
- under-represented minority students
- Veterans

TRiO Scholar Carter Mclver and several other students invite you to a meeting to learn more and be a part of developing a group that serves non-trads. Your needs are different than traditional students.

Learn more about them
Wednesday, November 30th, 4:30-5:30 pm  
**Blackstone LaunchPad** (Union Market in the SUB) 

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**Help with Justin Odea's Neuroscience-Computer Research!**

TRIO SSS and McNair scholar Justin Odea is conducting research now. Sign up as a participant and see what research is like from that side. He is examining how brain waves change when participants are completing a shared activity. The study takes 15 to 20 minutes and can be done anywhere on campus. Information will be used to further neuroscience research. **Contact Justin at odeajustin@gmail.com**

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**Announcements**

**Thanksgiving Holiday**

The Thanksgiving Holiday is Wednesday through Friday, November 23, 24 & 25. If you are staying in town for Thanksgiving (November 24) and don't have any invitations yet, Drs. Megkian & Shane Doyle are inviting you to dine with their family (3pm).

**Holiday Calendar**

While there are no classes on Wednesday, November 23, the TRiO SSS office is open.

**DeStress Fest & Live Champ Change Auction**

The end of the semester is a stressful time for everybody, so here's a little break. Enjoy free food, free massages, an extreme gingerbread house building contest, games and study tips! Early arrivals will get free t-shirts. And great prizes will be raffled off!

There's more information about the Champ Change program and auction [here](#) (including a list of where you can grab those points!).

**Wednesday, December 1, 6-8 pm**  
**SUB Ballroom**

**TRiO Champ Change Purchase Program**

TRiO SSS is working on allowing members of our cohort to exchange your Champ Change points for gift cards at the bookstore and other supplies. If you would prefer to have an MSU Bookstore credit, stay tuned for details on that program soon.

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**Nutritious Food On A Budget**

After Thanksgiving, there's always leftovers. If you need ideas for turkey leftovers, here's a link to several recipes.

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