**Dinner & Dialogue Presents**

**Cultural Transitions**

Life transitions can bring about stress and difficulty in adjusting to new situations. From changing environments to cultures, personal relationships and even jobs, students can find themselves adapting to different situations that can be challenging. Each adaptation can also bring about a range of emotions that may be difficult to navigate alone. The Dinner & Dialogue Presents event will be an opportunity to explore these emotions and how to cope with them through sharing experiences with others.

**Monday, September 24, 12:00 - 1:00 pm**

**Parking Garage**

Please RSVP here.

**TRIO Community Night at Hoseus Fitness Center**

Students are invited to the Hoseus Fitness Center for a fun and engaging night of fun and activities. From games and challenges to socializing with your peers, the Fitness Center will be the place to be!

**Tuesday, September 25, 5:00 - 7:00 pm**

**Hoseus Fitness Center**

**RSVP here.**

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**Enrollment Deadlines**

- **September 17, 2018**: Last day to request health insurance refund from Student Health.
- **September 18, 2018**: Last day to apply for Spring Graduation.
- **September 27, 2018**: Last day to drop course without a grade.
- **October 4, 2018**: Last day to add course.
- **October 10, 2018**: Last day to withdraw from the university.

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**Announcements**

**Group Wellness Coaching**

Prios for full-time students. There are 20 minute group sessions begin each Wednesday September 26th to October 31st. Students must register in person at the Center for Health Enhancement. Schedule can be accessed at https://www.uofmhealth.com/centers/enrichment/registration.

**Basement of the SUB**

Check Hire-A-Bobcat if you are eligible for a work-study position. Those jobs postings are in the basement of the SUB by Financial Aid. You are entitled to one meal for half price when you work 4 hours.

Food Service in the SUB -- Union Market and the Bobcat Grill-- are also hiring and they pay $10.50/hr.

Food Service at MSU is hiring at both Dining Halls -- Rendezvous and Miller. If you work there, you will get a meal for free. These pay $10.50/hr.

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**Jobs**

- **Career Fair Interviews with potential employers**
  - **Career Fair, SUB Ballroom A, C, and D**
  - **Career Fair, SUB Ballroom C, 11 am - 5 pm.**

- **Etiquette Dinner 2018 and mock interview evening.**
  - **Dinner at Hoseus Fitness Center.**
  - **Mock interview evening -- also --
  - **Etiquette Dinner 2018 and mock interview evening. 6 pm.**

**Book an Unlimited Amount of Tutoring**

When you log onto your Smarty Cats account, it will show a $0.00 balance. You should be able to book an unlimited amount of tutoring even though it doesn’t look like you have money on your account. If you have a problem with the site, let AYCSS know or the folks in the TRIO Office.

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**Dates to Watch**

- **September 17, 2018**: Last day to request health insurance refund from Student Health.
- **September 18, 2018**: Last day to apply for Spring Graduation.
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