



# Living room



**Webinar: May 19, 2009**

11 a.m. to 12 p.m. and  
1 p.m. to 2 p.m. Mountain Time

***Co-Parenting: Doing the Best for Your Kids While Parenting Apart***

In today's families, many parents find themselves co-parenting or parenting apart. This session provides strategies to deal with this increasingly common family arrangement.

You can register via your [www.montana.edu/wellness](http://www.montana.edu/wellness). Click on "TLC" and scroll down the page to Events.

## Practical Parenting

There is plenty of advice for parents out there. Books. Interviews with experts. The Internet. In fact, there is so much information available it can be overwhelming. Let us help. We have practical tips for parenting children of every age—and all in one easy to navigate Website. Whether you are bringing home a new baby or trying to negotiate the teenage years, visit your EAP/Work-Life Website for useful information and resources.

Let our helpful work-life specialists assist you with resources and information on practical parenting. Call toll-free and get started.

May

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Log on to: [www.montana.edu/wellness](http://www.montana.edu/wellness)

**Call: 866-248-4532**