

Want To Get Better At Managing Your Money? SALT Can Help!

Managing money is something we all have to do. Some people are better prepared or more experienced than others, but improving your skills and learning new tips are available to you with SALT.

What Is SALT?

It's a free, online, financial education resource, that provides a variety of financial information to help students, residents, and practicing physicians become more financially savvy.

Get Your Free SALT Account

The AAMC and SALT are working together to provide financial information and resources. To sign up for a free SALT account, click on the appropriate link below. (It only takes a minute!)

[Premed Student](#) –

www.saltmoney.org/AAMCpremed

[Current Medical Student](#) –

www.saltmoney.org/AAMCstudent

[Resident](#) –

www.saltmoney.org/AAMCresident

[Physician](#) –

www.saltmoney.org/AAMCphysician

[School Administrator](#) –

www.saltmoney.org/AAMCschooldadministrator

Why Should You Use SALT?

You can learn more about financial topics that are important to you for managing your money. Maybe you need more knowledge on general money management skills, or maybe you need some help with budgeting and making sure you don't run out of money by the end of the month, or maybe you've used your credit card and missed a payment, and now you need to learn how to improve your credit score. SALT provides the resources to do all these things and provides you with information on managing your student loan debt.

What Resources Are Available?

SALT provides the materials for you to learn in many different ways. SALT realizes that not everyone wants to watch a video or read an article, so they provide their content in multiple formats to include:

- Articles
- Lessons
- Tools & Apps
- Comics
- eBooks
- Infographics
- Videos

SALT Central

Join in or just view conversations about money, student loans, scholarships, and other financial topics. You can choose to connect with student loan experts and/or your peers.

Some Interesting Articles From SALT

Sign up for your SALT account with the links under "Get Your Free SALT Account", and then check out these interesting resources:

[Everything You Need To Know About Student Loan Interest Rates](#)

[The Good, The Bad, And The Indebted](#)

[Choosing A Bank Or Credit Union That Fits Your Needs](#)

[Repaying Primary Care Loans \(PCL\) For Medical Students](#)