

JILL M. THORNGREN

*3118 Oliver Street
Bozeman, MT 59718
(406) 586-0762
jillt@montana.edu*

*Montana State University
Dept. of Health & Human Development
318 Herrick Hall
Bozeman, MT 59717
(406) 994-3299*

EDUCATION

Ph.D. Counselor Education and Counseling - Idaho State University, Pocatello, Idaho, May, 1999. CACREP accredited program. Specializations ~ Mental Health, Couple and Family Work, Career Counseling and Supervision.

Master of Counseling (M. Coun.), Mental Health Counseling - Idaho State University, Pocatello, Idaho, May, 1996, CACREP accredited program.

B.A. ~ Elementary Education - Idaho State University, Pocatello, Idaho, May, 1994. Certified K-8 standard education; K-12 reading specialist.

SPECIALIZED TRAINING

*Family, Peer, and Child Custody Mediation (May, 1994; May, 1996; September, 1998)
Couples in the Nineties (April, 1995)
Strengthening America's Couples and Families (May, 1997).
Strengthening Family Dynamics (June, 2001)*

LICENSURE & CERTIFICATIONS

*Licensed Clinical Professional Counselor (LCPC) Montana Board of Social Work
Examiners and Professional Counselors
Nationally Certified Counselor (NCC) National Board for Certified Counselors*

PROFESSIONAL EXPERIENCE

Teaching

Assistant Professor/Marriage and Family Counseling Program Leader - Montana State University, Bozeman, Montana ~ June, 1999 - present.

Screen and interview prospective candidates for the marriage and family counseling program. Provide individual and group supervision for practicum and internship students. Serve as advisor for graduate and undergraduate students.

Develop and implement course curriculum based on *CACREP* guidelines for marriage and family counseling.

Courses Taught ~

<i>Theories of Family, Couple, Child Counseling</i>	<i>Ethics and Professional Issues</i>
<i>Theories of Marriage and Relational Counseling</i>	<i>Counseling Skills</i>
<i>Advanced Family Counseling</i>	<i>Practicum</i>
<i>Internship</i>	<i>The Social Psychology of Appearance</i>
<i>Theories of Group Counseling</i>	

Teaching Assistant - Idaho State University, Pocatello, Idaho. Department of Counseling ~ August, 1996 - May, 1999.

Served as primary instructor in the following courses for masters and doctoral students of counseling. Duties included designing and implementing curriculum to meet *CACREP* - standards, creating syllabi, presenting lecture materials, facilitating group discussions, evaluating performances, and assigning final letter grades.

- *Ethics in the Counseling Profession*
- *Theories of Family Counseling*
- *Theories of Career Development & Counseling*
- *Postmodern Approaches to Counseling*
- *Prepracticum Techniques*
- *Counseling Practicum/Internship*

Served as co-instructor in the following courses designed for doctoral and masters students of counseling. Duties included curriculum design and implementation.

- | | |
|--|--|
| <i>*Theories of Counseling Supervision</i> | <i>*Promoting Healthy Couples</i> |
| <i>*Theories of Couples Counseling</i> | <i>*Promoting Healthy Families</i> |
| <i>*Advanced Family Theories</i> | <i>*Advanced Supervision in Couples & Families</i> |
| <i>*Supervision in Family Education</i> | <i>*Group Counseling Techniques</i> |
| <i>*Small Group Experience</i> | <i>*Mental Health Counseling</i> |
| <i>*Advanced Practicum</i> | <i>*Psychodiagnostics & Psychotropic Drugs</i> |
| <i>*Advanced Theories of Counseling</i> | |

Served as co-instructor in the following undergraduate courses. Designed and implemented sections of curricula.

**Communication for Health Professionals*

**Freshman Seminar ~ An Orientation to College Life*

Supervision

Practicum and Internship Lab Supervisor Idaho State University, Department of Counseling, August, 1996 - 1999. Provided group supervision to master of counseling students majoring in mental health, school, and student affairs counseling. Provided direct feedback and facilitated discussion pertaining to personalization issues, relationship building and ethical behavior.

Individual Supervisor Idaho State University, Department of Counseling, August, 1996 - 1999. Provided supervision and consultation to master of counseling students majoring in mental health, school, and student affairs counseling. Empowered students to develop their unique counseling style in relation to professional ethics and guidelines. Evaluated students on personal and professional development.

Doctoral Intern Supervisor Idaho State University, Counseling and Testing Center, January - May, 1998. Provided individual and group supervision to master of counseling students at university counseling center. Presented information pertinent to working with the diverse needs of college age students.

Clinical Supervisor Bannock Youth Foundation, Pocatello, Idaho, May, 1998 - May, 1999. Provided supervision and consultation to masters level counselors and students providing therapy to at-risk adolescents and families.

Clinical Experience

Private Practitioner - Bozeman, Montana, September, 2000 - present. Provide individual, couple, family, and group therapy.

Private Practitioner - Gallatin Psychological Associates, Bozeman, Montana, September, 1999 - September, 2000. Provided individual, couple, and family therapy.

Family Clinician - Community Task Force on Child Sexual Abuse, Pocatello, Idaho, August 1997 - May, 1999. Using postmodern and existential approaches, provided family counseling to those families that had been affected by sexual abuse. Work involved mapping the influence of sexual abuse in the family and mapping the family's influence on the abuse. Focus was on strengths in the family, interpersonal relating, eliciting multiple perspectives, and the effects of larger, social influences on the family.

Doctoral Intern - Counseling and Testing Center, Idaho State University, January 1998 - May, 1998. Provided relationship therapy to college age couples. Used postmodern and Bowenian-type approaches to relationship counseling. Also worked with college housing director and local religious leaders to begin implementation of a program to promote healthy relationships.

Counselor - Bannock Youth Foundation, Pocatello, Idaho, January 1995 - June, 1997. Provided therapy for adolescents and families of adolescents who were diagnosed as severely emotionally impaired, developmentally delayed, and/or at-risk of engaging in delinquent behaviors. Devised and implemented a comprehensive group therapy program including adolescent process groups and a multi-family group format that consisted of working with 6 to 8 families at a time.

Program Director/Case Manager - Bannock Youth Foundation, Pocatello, Idaho, June, 1990 - December, 1994. Developed and implemented treatment plans for youth committed under Mental Health, Child Protection, and Juvenile Justice Acts. Supervised operation of group shelter home, including direct supervision of up to 15 staff. Developed, implemented, and supervised recreational and educational programs for at-risk youth.

Mediator/Counseling Intern - Alternatives Counseling Association, Pocatello, Idaho, May, 1995 - August, 1996. Provided child custody mediation and individual counseling services as an intern/partner in a private practice setting.

UNIVERSITY ACTIVITIES

National ACES Representative, presentation selection committee, American Counseling Association 2004-2005. Review and select presentations submissions from counselor educators and supervisors nationwide for the 2005 ACA convention in Atlanta, Georgia.

Search Committee Chair, Assistant Professor of Counseling position, Department of Health & Human Development, Montana State University 2003-2004. Recruited and interviewed candidates in a national search. Coordinated reference checks and on-campus visits.

Moebus Scholarship Committee, Department of Health & Human Development, Montana State University. Help designate scholarship funds to appropriate projects related to family development.

University Core Committee, Montana State University 2001-2003. Reviewed and evaluated proposed courses for addition to the core curriculum.

Promotion of College Visibility, College of Education, Health & Human Development, Montana State University. Helped determine goals to make the college more visible nationally and across the university.

Scholastic Appeals Committee Member College of Health Professions, Idaho State University, 1998. Sat on committees designed to review scholastic disputes in the College of Health Professions. Made recommendations to the dean of the college.

COMMUNITY ACTIVITIES

Consultant - Youth Imperative, Bozeman, Montana, 2001- present.

Post-graduate Supervisor - Bozeman, Montana 2001-present.

Delegate - American Counseling Association Legislative Lobbying Institute, Spring, 2001.

Independent Case Reviewer - Idaho State Department of Health & Welfare, Region VI, September, 1998 - May, 1999. Attended case reviews pertaining to children in custody of the state; made recommendations and assured quality control.

Divorce Education for Parents Instructor - Sixth Judicial District, Idaho, September, 1998 - May, 1999. Worked in conjunction with local judges, attorneys, and counseling faculty to design and implement program for divorcing parents. Focus was on the welfare of children, conflict resolution, and effective communication in adversarial relationships.

Conflict Resolution Specialist - School District #25, Pocatello, Idaho, 1994 - 1996. Created conflict resolution group therapy program and taught conflict resolution courses to elementary through high school age students who had received citations for physical altercations.

PRESENTATIONS

National

Thorngren, J. M. & Christensen, T. M. (2004). *Working with children and families: Play and filial therapy*. Paper presented at the American Counseling Association conference, Kansas City, MO.

Thorngren, J. M. & Downey, J. (2003). *K-16 relationships: Promoting post-secondary academic success in at-risk youth*. Paper presented at the Educating One Nation conference, Atlanta, GA.

Thorngren, J. M & Christensen, T. M. (2002) *Adult children of divorce: Implications for couple and family counselors*. Paper presented at the American Counseling Association conference, New Orleans, Louisiana.

Thorngren, J. M. (2002). *Reciprocal influence between clients and counselors*. Presented at the Association for Counselor Education and Supervision national conference, Park City, Utah.

Thorngren, J. M. (1999) *The career o gram: A Tool for exploring the intertwining of personal*

& career development. Presented at the American Counseling Association conference, San Diego, CA.

Thorngren, J. M. (1999). *Experiences and expectations: An approach to the promotion of healthy couples.* Presented at the American Counseling Association conference, San Diego, CA, April.

Kline, W. B., Christensen, T. M., & Thorngren, J. M. (1999). *The group supervision of group counselors.* Presented at the American Counseling Association conference, San Diego, CA.

Skaggs, J., Christensen, T. M. & Thorngren, J. M. (1999). *How counselors make choices about specialty areas.* Presented at the American Counseling Association conference, San Diego, CA.

Buckley, M., Skaggs, J. Thorngren, J. M., Christensen, T.M., Saginak, A. (1996). *Professional issues in counseling.* Presented at the National Association of Counselor Education and Supervision Conference, Portland, OR.

Regional

Thorngren, J. M. (2004). *Ethical challenges in counseling families.* University of New Orleans, continuing education workshop, New Orleans, LA.

Thorngren, J. M. & Downey, J. (2003). *Cultivating tomorrow's leaders: Promoting post-secondary educational opportunities for at-risk adolescents.* Paper presented at the meeting of the Northern Rocky Mountain Educational Research Association, Jackson Hole, WY.

Thorngren, J. M. (2003). *Integrating sex and marital counseling: You can't do one without the other.* University of New Orleans, continuing education workshop, New Orleans, LA.

Thorngren, J. M. (2000). *Postmodern approaches to career counseling.* University of New Orleans, continuing education workshop, New Orleans, LA.

Feit, S. & Thorngren, J. M. (1998). *Making choices about doctoral programs.* Presented at the Rocky Mountain Association of Counselor Education and Supervision, Breckenridge, CO.

State

Thorngren, J. M. (2004). *Working with children in counseling.* Presented at the Montana School Counseling Association Spring Institute, Bozeman, MT.

Thorngren, J. M., Johnson, P., Smith, A. (2001). *Exploring the change process in therapy: A panel of professionals.* Presented at the Montana Counseling Association annual conference, Big Sky, MT.

Thorngren, J. M. (2000). *Integrating play and family therapy.* Presented at the Montana Counseling Association annual conference, Whitefish, MT.

Thorngren, J. M. (1999). *Promoting healthy couples: Exploring expectations & experiences.* Presented at the Montana Counseling Association annual conference, Great Falls, MT.

Kleist, D. M. & Thorngren, J. M. (1998). *Multiple voices or white noise: Postmodern approaches to couples and family therapy.* Presented at the Idaho Counseling Association annual conference, Boise, ID.

Feit, S., Christensen, T. M., & Thorngren, J. M. (1998). *Supervision of counselors.* Presented at the Idaho Counseling Association annual conference, Boise, ID.

Thorngren, J. M. Christensen, T. M. (1997). *Multiple family group therapy: A postmodern approach.* Presented at the Idaho Counseling Association annual conference, Sun Valley, ID.

Feit, S. & Thorngren, J. M. (1997). *Advanced supervision for counselors.* Presented at the Idaho Counseling Association annual conference, Sun Valley, ID.

Local

Thorngren, J. M. (2002). *Play therapy: An introduction.* Presented at Montana State University, Bozeman, Montana.

Kleist, D. M. & Thorngren, J. M. (1999). *The effects of divorce on children.* Presented to the Idaho Sixth District Judicial Court, Pocatello, ID.

Kleist, D. M. & Thorngren, J. M. (1998). *Treating troubled children and their families: A brief therapy approach.* Department of Counseling, Idaho State University, Continuing Education Workshop.

Thorngren, J. M. (1998). *Multiple family group therapy.* Presented at the College of Health Professions Research Day, Idaho State University, Pocatello, ID.

Thorngren, J. M. (1998). *Laughter as therapy.* Presented at the Idaho Job Service

Department, Pocatello, ID.

Kleist, D. M. & Thorngren, J. M. (1996). *Implementing a successful parent education program in your school district*. Presented to the Firth School District, Firth, ID. November, 1996.

PROFESSIONAL ORGANIZATIONS

Rocky Mountain ACES - President (2001)

Montana Counseling Association - President (2001)

American Counseling Association (ACA)

International Association of Marriage and Family Counselors (IAMFC)

Idaho Association of Marriage and Family Counselors (IDAMFC) ~ Secretary - 1998

Outstanding Service Award Recipient - Idaho Assoc. of Marriage & Family Counselors (1998)

Association for Assessment in Counseling - Committee on Assessment in Marriage & Family

Association for Counselor Education and Supervision (ACES)

Association for Specialists in Group Work

Chi Sigma Iota (Honors Assoc.) ~ Secretary/Treasurer 1996-1997

Phi Kappa Phi (Honor Society) ~ 1996

RESEARCH

National Institute of Alcoholism and Abuse - Influences on College Age Drinking, Spring, 2002.

National Institute of Mental Health - Improving Mental Health Practices in Rural Areas, Spring, 2001

Montana "Gear Up" Project - Fall, 1999-present

Reciprocal Influence Between Counselors and Clients (Fall, 1997- Spring, 1999)

Developing a Tool for the Assessment of Career Development (Spring, 1998 - Fall, 1998)

PUBLICATIONS

Buckley, M. R., Thorngren, J. M., & Kleist, D. M. (1997). Family resiliency: A neglected family construct. *The Family Journal* 5, 241-246.

Thorngren, J. M., Christensen, T. M., & Kleist, D. M. (1998). Multiple-family group treatment: The underexplored therapy. *The Family Journal* 6, 125-131.

Thorngren, J. M. (1999). Shyness: A definition for parents. In C. A. Smith (Ed.) *The Encyclopedia of Parenting* (395-396). Westport CT: Greenwood Publishing.

Thorngren, J. M., & Christensen, T. M. (1999). Passionate marriage: Integrating sex and

- marital therapy - Interview with David M. Schnarch, Ph.D. *The Family Journal*, 7, 125-131.
- Christensen, T. M., & Thorngren, J. M. (2000). Integrating play and family therapy: An interview with Eliana Gil, Ph. D. *The Family Journal*, 8, 91-100.
- Nelson, M. D., Johnson, P., & Thorngren, J. M. (2000). An integrated approach for supervising mental health counseling interns. *Journal of Mental Health Counseling*, 22, 45-58.
- Thorngren, J. M. (2001) Multiple family group therapy. In J. Corey & M. Corey (Eds.), *Groups: Process and practice*. Pacific Grove, CA: Brooks/Cole.
- Thorngren, J. M., & Feit, S. (2001). The Career O Gram: A Postmodern career intervention. *The Career Development Quarterly*, 49, 291-303.
- Johnson, P., Thorngren, J. M., & Smith, A. J. (2001). Parental divorce and family functioning: Effects on differentiation levels of young adults. *The Family Journal*, 9, 265-272.
- Thorngren, J. M., & Smith, A. J. (2001). Ethics in family treatment issues. *Ethics*, 5, (1). Hatherleigh Publishing Co.
- Thorngren, J. M., & Kleist, D. M. (2002). Multiple family group therapy: A postmodern/interpersonal approach. *The Family Journal*, 10 (2), 167-176.
- Thorngren, J. M. (in press). Rural mental health: A qualitative study. *Journal of Rural Psychology*.
- Thorngren, J. M., Nelson, M. D., & Baker, L. (2004). School counseling programs: Comparing GEAR UP with non GEAR UP schools. *The Journal of School Counseling*, 2 (2). <http://www.jsc.montana.edu/>
- Thorngren, J. M., Downey, J. A. & Nelson, M. D. (2004). *Promoting a pro-college culture with at-risk youth: School counselors' perspectives*. Manuscript submitted for publication.
- Thorngren, J. M. (1999). *The reciprocal influence between counselors and clients*. Unpublished doctoral dissertation, Idaho State University.
- The Family Journal - Editorial Board Member (1997 - present).
- The Journal of School counseling - Co-editor (2003 - present).