

**MONTANA STATE UNIVERSITY
COLLEGE OF NURSING
Master Resource Outline**

N342: Psychosocial Nursing Concepts

Credits: 3; (Lecture 2, College Lab 1)

Semesters Offered: F, Sp

Prerequisites: PSY100, SOC101, N115, N220, N223, N224, N239

Course Description: This course explores selected psychosocial concepts and theories basic to nursing practice with clients in a variety of settings. Topics include family theory, palliative care, crisis theory, anxiety, loss, grief and other human responses; and related psychosocial nursing strategies.

Course Objectives: The student will:

1. Analyze psychosocial factors that influence health and health behavior. (F2-6, 10, 11, 13; T2, 3, 5, 6, 9, 11)
2. Explain dynamics for behaviors encountered in the nurse-client relationship. (F2-6, 9, 13; T2, 3, 5-7, 9, 12)
3. Assess functioning of selected families using family theories. (F1-12; T2, 3, 5-7, 12)
4. Examine the theoretical basis of palliative care. (F2-13; T1-7, 9)
5. Identify nursing interventions for clients experiencing crisis situations. (F1-7; 9-11; T1-9; 12)
6. Assess the effects of culture, beliefs, and values on the health seeking behavior of individuals, families and groups. (F1-7, 9-12; T1-7, 9, 12)
7. Explain patterns in family violence, addictive behaviors and psychophysiological distress. (F1-13; T1-7, 9, 12)
8. Identify the nurse=s legal and ethical responsibilities related to abuse. (F1-13; T1-3, 5-7, 9-12)
9. Formulate psychosocial nursing strategies for the health promotion of individuals, families and groups. (F1-13; T1-13)
10. Demonstrate characteristics for professional nursing. (F1-13; T1-13)
11. Demonstrate responsibility and accountability reflecting professional values.(F2-10; 12, 13; T2-10; 12, 13)

Recommended Content

- A. Health promotion and nurse=s role, alternative & complimentary therapies, holistic health model.
- B. Therapeutic use of self, therapeutic communication, identification of values, behaviors and attitudes, values clarification related to selected issues.
- C. Family roles, functions, structure
Developmental stages of the family
Characteristics of functional vs. dysfunctional families
Review of family theories
Clinical strategies for working with families
- D. Palliative theory

E. Crisis theory and intervention, powerlessness, loss and grief theory, anxiety, stress

Examples of Learning Activities

Reflective journaling

Interviewing

Community cultural visits

Hospice visit

Preparing and giving a speech about interventions with an anxious client

Instructor guided group exercises and activities

Independent group exercises and activities

Visit to funeral home

Visit to art museum (tied with community based psychosocial health embedded in aesthetic)

Written exercises

Process recording exercises

Role playing exercises

Find and share evidence related to psychosocial concepts ("Journal Club" or "Psychosocial Nursing Rounds")

Approved by UAAC: October 1, 2007

Approved by Faculty: January 11, 2008