# NEWSLETTER OF THE MSU WOMEN'S CENTER April, 2010

# 2010 Student of Achievement Award Recipients: Student Heroes

The Women's Center is proud to highlight these fifteen students who have enriched our campus through their hard work, team spirit, and community activism. We are honored to have an opportunity to recognize them. Each of these students has contributed much to Montana State, and the following is an incomplete list of their activities and accomplishments. Thanks to each and every one of you and the best of luck after graduation!

**Danielle Barth** will graduate in May with a degree in Family and Consumer Science with a minor in Psychology. Danielle has been involved with Active Minds, Campus Crusade, and To Write Love on Her Arms (a movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury and suicide.) She is a member of AOII, has made the Dean's list for five semesters and has volunteered with the Bozeman Help Center and the National Alliance on Mental Illness for whom she coordinated a fundraising walk for bipolar disorder last summer. She studied abroad in Greece in the spring of 2008 and has received the Ruth Osborne Memorial Scholarship. Danielle hopes to earn her Master's degree in Social Work and continue on to work with adolescents in psychiatric wards.

**Sasha Kim Dingle** will graduate in December with degrees in Psychological Science and Honors. She is currently a mentor and intern with the Big Sky Youth Empowerment Project, and volunteers for Friends of Local Foods. Sasha is a volunteer with the MSU Leadership Institute where she helped coordinate Nicholas Kristof's fall visit to campus, and was a student presenter at the National Conference on Undergraduate Research where she presented her project, "The Essential Ingredient: Women's Increasing Role in Poverty Alleviation." She is a prequalified athlete and North Face Young Gun Award recipient for the Freeskiing World Tour series while raising the bar and becoming a role model for women's competition in extreme sports. Sasha was also a participant and alumni for the *Project Interchange* seminar in Israel for Campus Media and has been on the President's and Deans List every semester. Her commitment to "bettering lives, even at the most minute level," is clearly reflected in her activities, and ultimately, Sasha plans to be a clinical therapist for a therapeutic wilderness program serving at-risk youth.

Kelsey Endinger will graduate in May with a degree in Exercise Science. As a first generation college student she has surpassed her own expectations by allowing schooling and experiences to shape her into a confident and successful professional. Her positions as the Bobcat Cheerleading Captain and a member of the Student Athlete Advisory Committee along with Campus Crusade have allowed her to become an accomplished leader. Kelsey has volunteered with the Make a Wish Foundation at Bozeman Deaconess Hospital, Great Northern Physical Therapy, MSU Disabilities Service, and Aspen Meadows Retirement Community. While at MSU, she has received the Flora Martin Student Success Scholarship and has made Honor Roll for four semesters. Upon graduation from Eastern Washington University's doctorate program in physical therapy where she has recently been accepted, Kelsey plans to earn a specialty degree in pediatrics to one day work exclusively with children suffering from congenital defects and neurological disorders.

**Martha Garcia** will graduate in May with a degree in Nursing. A member of the Ysleta Del Sur Pueblo tribe originally from Las Cruces, New Mexico, Martha has decided to make Montana her home. She is a member of the American Indian Council, and has been tutoring nursing students here at MSU as part of the Caring for Our Own Nursing program. Martha completed an internship at the Crow/Northern Cheyenne Hospital where she worked last summer and also and internship at the Lame Deer Public Health Department. She has been a strong supporter and volunteer for the MSU Powwows and, as a single mother and leader, has been an inspiration to many at MSU and in the Bozeman community.

Katy Hansen will graduate in May with a degree in Industrial and Management Engineering and a minor in Economics. As the Vice President of the Associated Students of MSU, Katy is responsible for providing cost effective programs and services through the fiscal management of student activity fees. She has also served as the president of MSU's chapter of Engineers Without Borders, is active with both the Honors Advisory Board and the Women in Engineering Advisory Board. Through her position with Engineers Without Borders, she sought to empower and motivate volunteers, increase fundraising efforts and elevate public awareness. Katy has also worked with MSU's Leadership Institute as a Student Associate, and won the Bozeman 2008 Peacemaker's Award, the Torlief Aasheim Community Involvement Award, and MSU's 2008 Community Service Award.

Joshua Hemsath will graduate in May with a degree in Community Health. After four years of schooling in Graphic Design, Josh felt that a switch to Community Health would be more beneficial to not only him, but also his community. Since that time, he has been very busy in the community and was a founding member of Bridger Clinic's Male Education Network, Montana Advocates for Sexual Health, and MSU's Queer/Straight Alliance. While president of QSA, the group successfully applied for a \$2,000 grant from the National Pride for Coming Out day programming. In November of 2008, he travelled to Washington, D.C. after being chosen by the Governor's office to participate in a statewide Methamphetamine Action Team. Ultimately, Josh's goal for the future is to make a singular difference in a community by helping it to make a positive change.

**Allison Jones** will graduate in December with a major in K-12 Health Enhancement and Elementary Education, and a minor in Coaching. Allison is currently the Health Enhancement Co-President and a Montana Alliance for Health, Physical Education, Recreation and

Dance student representative. She received Teammate of the Year in 2009 as an MSU Track and Field competitor as well as Athlete of the Week. She served on the Coaches Advisory Council for the past two years and was awarded an MSU Track Scholarship for all five years of her college career. Allison plans to pursue a career in education because of her past teachers and professors and loves teaching as well as coaching kids of all ages.

Megan Malone will graduate in May with degrees in both Anthropology and Sociology. She currently serves as the We are the Dream (a diversity awareness organization which she co-founded) Vice-President at MSU, is the Pakistani Ambassador, and Secretary of the Anthropology Club. A current research project of Megan's focuses on women's roles in Khwisero, Kenya and the enormous impact which clean water and new boreholes will have on their lives. She has tutored a Tajik student in English and is a US 101 Peer Leader who has worked for the past two semesters with Emily Edwards. While studying Arabic in Morocco, Megan won a first place photo contest for the images she captured there. Upon graduating from MSU, Megan plans to pursue a degree in Public Health focusing on Global and International Communication and will, at some point, volunteer in the Peace Corps.

Wendy Nickisch will graduate in May with a degree in Organismal Biology. She currently is an Expand Your Horizons mentor, the Science Olympiad Captain and a CAP mentor. When not busy with these volunteer projects, Wendy is working with Habitat for Humanity, as a Dental Assistant for a local dentist, or at the Gallatin Valley Rest Home where she assists nurses and administrators to help provide comfort for the elderly. At MSU, Wendy is an Orientation Leader, the Student Health Advisory Committee secretary and participates in MSU Intramural sports. Wendy travelled to Mali, Africa with an MSU professor to work with people in developing countries towards health enhancement by finding ways to diminish the devastation of malaria. Upon graduating in May, she will continue her education in the health field. She plans to attend a master's program to earn a degree in International Health after which she plans to complete dental school.

**Courtney Reichhardt** will graduate in May with a degree in Chemistry with a Professional Option and a minor in Sociology. Much of her volunteer time has been spent working with science outreach programs and she has participated in Science Saturdays here at MSU since 2008, Frankenscience (a chemistry demonstration) for two years running, as well as Nanodays in March of 2009. Her work

with the Science Outreach program in South Africa, and Science Saturday at the Crow Reservation, as well as her term studying abroad in Istanbul, Turkey, have given her an in-depth understanding of the many commonalities among people of all cultures. Courtney has also served as a Big Sister and as a volunteer for the Bozeman Deaconess Hospital Emergency Department. The numerous scholarships, fellowships and awards she has received as well as her publications and presentations can leave no doubt that Courtney is a serious student and truly engaged in all aspects of science. Courtney plans to attend medical school and become a physician, fulfilling her childhood dream.

Teresa Snyder will graduate in May with a degree in Economics and a minor in Political Science. Many of you know her as our student body president, but Theresa has been involved in many MSU projects. She was accepted as a presenter for the National Conference of Undergraduate Research, has served as an instructor in an ECON 101 course, has been an MSU Leadership Institute Associate, worked with the Office for Community Involvement as a Committee Director, and was a student athlete from 2006-2008. Off campus, Teresa has volunteered with Eagle Mount as a swim instructor, as a Kidski instructor for low income children, and is working with local elementary schools for MSU's "Give the Shirt Off Your Back for Haiti" T-shirt drive. Teresa will pursue a career in Higher Administration to ensure that universities have the tools needed to guarantee student success.

Dustin Stoltz will graduate in May with a degree in Sociology. Dustin's goal of pursuing Illinois State's Master's International degree which includes studies in sociology, community and economic development, and culminates in a two year Peace Corps term, seems to be a natural conclusion considering his engagement with a wide variety of volunteer and research opportunities. He was the former President of the VOICE (Victim Options in the Campus Environment) Center's Men Stopping Rape program, is a Service Saturdays Team Leader, a member of the Sigma Phi Epsilon Fraternity where he has served as both Vice-President and President, and a member of the National Society of Collegiate Scholars. Dustin was invited to present an independent research project: Sex, Alcohol and the Production of College Manhood at the Midwest Sociological Society's Annual Conference, and his article: Reducing the Barriers to Positive Masculinity was published in the NASPA Men and Masculinities Summer newsletter.

**Jenna Thiel** will be graduating in May with degrees in Global and Multi-Cultural Studies with an emphasis in Latin America and Spanish and a minor in Latino Studies. She currently teaches English in the Latin Community through the BELLO Gallatin program, is a Tias y Tios Director, and volunteers with Sisters Across Borders. Jenna has been a TA and tutor for two years in the Spanish program, an experience which inspired her to go abroad and study in Lima, Peru for 2 1/2 months where she volunteered with an NGO. After her experience in Peru, Jenna headed to Chile where she studied for two semesters while working in a foster home of nine children in the poorest section of Valparaiso. She is a member of the College Democrats, MSU's Honor's College, and recently volunteered with MSU's condom fashion show, Latex and Lace. She has received the Haynes Scholarship and will be graduating with Academic distinction in May. Jenna is committed to her goal of continuing the work she started with Tias Y Tios to create a successful service learning project here in Bozeman.

Jessa Thiel will be graduating in May with a degree in Global and Multicultural Studies and a minor in Women's Studies. She currently works with Sisters Across Borders, the BELLO Gallatin English Teaching Program, and Tias y Tios as the Director. Jessa also volunteers with Friends of Local Foods, the Women and Cuba Collaboration project which fights for social justice, women's rights and peace across borders, is a member of the College Democrats and MSU's Honors Program, Spanish Club, and plays Intramural Soccer. Jessa was a Co-campus Organizer for the Hate Free Bozone Rally, created the "Declaration of Diversity" petition to speak out against the racist Creativity Movement, and was an advocate and Students Against Sexual Assault volunteer at MSU's VOICE Center for two years. Jessa has become impassioned with the sociology of Latino migration in the U.S and plans to continue her work towards social justice and equality and plans to stay in Bozeman for the next year or so and continue her work with various local projects.

Jamie Thornton will graduate in May with a degree in Mathematics. She is a member of the Lady Bobcat Basketball Team and serves on the Student Athlete Advisory Committee. She is a volunteer with the Brick Breeden Fieldhouse Recycling Program, the Football Stadium Recycling Program and has worked with the Special Olympics Basketball Clinics, the Monforton Elementary School Basketball Clinic as well as the Lions Club Basketball Clinic. Jamie worked with Haven, the local domestic and sexual violence shelter, on their Drop and Trot fundraiser, as well as Toys for Tots, and Night with the Cats. She has received numerous awards, including an Award of Excellence, an Academic All Conference Award for 4 years, and the Most Improved Award in 2006-2007. Jamie plans to continue her education by pursuing a master's degree in statistics, but can also easily see herself staying involved with athletics and trying her hand at coaching.

## **The Betty Coffey Award**

Since 1986, MSU's Betty Coffey Award has recognized the work of various faculty and staff who demonstrate outstanding achievement in incorporating women's perspectives into the curriculum or have developed academic programs that contribute to the elimination of persistent barriers to the success of women on campus. This award honors the memory of Betty Coffey, an MSU faculty member in Engineering from 1977-1984. Betty was born in Buffalo, New York, and, after earning a mathematics degree from Daemon College, moved to Bozeman where she eventually obtained a Master's degree in computer science. She became a professor in the College of Engineering at Montana State University and taught computer science. During her tenor at MSU, Betty was renowned for teaching excellence, faculty development, and for diligently promoting women's equity until her very untimely death. Betty was a wife, a mother, and an ensconced member of the community of Bozeman. Friends and family remember Betty with remarkable fondness-- noting that she was a wonderful wife and mother, a great professor, had a wonderful sense of humor, an enormous passion for life, and that she was extremely bright and very dedicated to her work.

The Women's Studies Minor Committee solicits nominations for this prestigious award each winter and a selection committee is responsible for choosing a winner. In the past, awardees have created innovative courses introducing women's issues into the curriculum, have developed research and scholarship opportunities that eliminate gender barriers to the success of women on campus, or have jump-started campus programs advocating for women who have previously been invisible. This year's Betty Coffey Award has been given to Psychology Professor Jessi Smith. Dr. Smith's research interests span three areas: intrinsic motivation, goals, and stereotyping processes, particularly as they relate to gender and achievement. While at MSU, she has taught the Psychology of Women and the Psychology of Prejudice in addition to many other graduate and undergraduate courses. Those who know Dr. Smith and her work agree that she is well deserving of this award and that we are lucky to have her here at MSU!

## **Healthcare Reform 101**

#### By Krystal Fischer & Karen deVries

On Sunday, March 21, the United States House of Representatives passed the 2010 Healthcare Reform Bill (HRB) with a 219-212 vote. Although this bill has generated more than its share of controversy, it seems like the basic facts are not always evident. We'd like to help shed some light on how this legislation affects not only the average American but also programs like Medicaid, Medicare, and yes, even your student loans.

The main objective of the 2010 HRB is to give approximately 36 million U.S. citizens who are currently uninsured access to health insurance. The bill enables affordable health care for all Americans by imposing new regulations on the insurance industry, including barring insurance companies from denying coverage to patients based on pre-existing conditions, health status, and sex/gender. Before the 2010 HRB was signed into law, pre-existing conditions included outrageous categories such as previously having been a victim of domestic violence (in 9 states,) and previously having had a cesarean section birth. Insurance companies can no longer refuse coverage to you because of your medical history, and they can no longer drop your coverage if you become seriously ill.

The new legislation mandates that most U.S. citizens and legal residents obtain health insurance for themselves and their dependents – either through your employer or through new federally subsidized marketplaces called Exchanges. The Healthcare Reform Law creates state-based health insurance Exchanges for all states that choose to operate their own, and a multi-state Exchange for the other states. Exchanges are competitive marketplaces where individuals and small business can buy affordable health care coverage in a manner similar to that of big business today.

The bill also makes health care affordable to low and middle income Americans by offering premium tax credits and cost-sharing assistance. These are the largest tax cuts that have been made available to families and small businesses in U.S. history. The 2010 HRB also invests substantially in Community Health Centers to expand access to health care in communities where it is needed most. The bill empowers the Department of Health and Human Services and state insurance commissioners to conduct annual reviews of new plans that demand large and potentially unjustified premium increases.

The 2010 HRB improves federal and state Medicaid programs for the poor and disabled. Beginning in 2014, Medicaid will be expanded to include all non-elderly Americans with income below 133% of the Federal Poverty Level. At current poverty guidelines, individuals making less than \$14,404/year or a family of four making less than \$29,326 would be eligible. The new reform gives the boot to the so-called "Cornhuskers Kickback" (in which certain states received extra assistance). Instead, fair assistance will be available for all states to help cover the costs of the new Medicaid population. In addition, the HRB maintains current funding levels for Children's Health Insurance Program (CHIP) through fiscal year 2015.

Beginning this year, Medicare (the program for citizens age 65 and older) will offer free wellness and preventive services such as cancer and diabetes screenings. In addition, it begins to fill the prescription drug "doughnut hole" (the difference between the initial coverage limit and the catastrophic coverage threshold) by providing a \$250 rebate to those who go over the initial coverage limit that receive Medicare benefits that are not covered by the prescription plan. The HRB improves primary payments, reduces overpayment to private Medicare Advantage plans, and encourages reimbursing health care providers on the basis of value instead of volume. The bill also includes a number of proposals to move away from the "a la carte" Medicare fee-for-service system toward paying for quality and value while reducing costs for America's seniors.

By now you might be wondering how we are going to pay for all of this reform. The short answer is: through cost-cutting measures that are part of reform; taxpayers through Medicare taxes; and insurance companies (through various fees). According to the Congressional Budget Office, the bill will actually reduce the deficit in the next ten years largely through revenue provisions that focus on cost-cutting measures within the health care system. The HRB tightens current health tax incentives, institutes modest excise taxes, and slightly increases the Medicare Hospital Insurance (HI) tax for individuals earning more than \$200,000/year and couples earning more than \$250,000/year. The taxable base of the HI tax is also broadened by including net investment income.

In an attempt to generate smarter, more cost-effective health coverage choices, the HRB charges a fee to insurance companies that sell high cost health insurance plans. This new fee will not take effect until 2018 so that insurance companies have time to implement reform and begin to save from its efficiencies. The bill will also assess a small excise tax on indoor tanning services. In total, the revenue provisions in the bill bend the health care cost curve by putting downward pressure on health spending, close unintended tax loopholes, and promote tax compliance.

Last, but certainly not least, you should also know that the 2010 HRB included a few serious changes to the federal student loan program. The new law eliminates banks and private lenders (who, until now, have been subsidized by the government) as the middle-man. Instead, 100% of student loans will be administered by the federal direct loan program. This shift is projected to save approximately \$68 billion and a large portion of that savings will be rerouted to expand Pell Grants. In addition, the new law makes it easier for graduates in low-income jobs to pay their loans back. The standard amount of monthly payment would be calculated at 10% (instead of the current 15%) of discretionary income.

The 2500-page HRB is obviously very complex, but as we read through it, these seem to be the main key points. The HRB is going to help the average American with programs like Medicaid, Medicare, and even our student loans. For more information, check out the following wesites:

http://www.whitehouse.gov/health-insurance-consumer-protections/ http://www.cbo.gov/publications/collections/health.cfm http://www.pbs.org/newshour/bb/health/jan-june10/health2\_03-23.html http://www.pbs.org/newshour/bb/health/jan-june10/reconciliation\_03-30.html http://www.newsweek.com/id/235246 http://www.smartmoney.com/personal-finance/college-planning/the-health-care-bill-and-your-studentloans/#ixzz0kws6iRB7



Stand with us in support of the 200\* MSU students who survive sexual assault each year. Sponsored by: The MSU VOICE Center, including Students Against Sexual Assault and Men Stopping Rape

\* NIJ Study published in 2000

#### WEDNESDAY, APRIL 21st

#### SURVIVING TO THRIVING: Women's Center Sack Lunch Seminar

Noon-1pm, SUB 168

A panel of survivors will share their stories of strength and healing to help us become better advocates and learn how to work together to create a safer community for all.

#### **FACES Project:** *A Visual Display of Strength and Healing*—*ART OPENING* 5pm, MSU EXIT GALLERY This powerful exhibit combines photos of community members

This powerful exhibit combines photos of community members impacted by sexual assault as well as their artwork and writings to empower, heal, and educate. The exhibit will be on display April 19-23.

TAKE BACK THE NIGHT Speak Out and March 6pm, SUB 233 Join us for a Speak-Out in SU

Join us for a Speak-Out in SUB 233 to honor survivors. The Take Back the Night March will leave the depart the SUB at 7pm and march towards Main Street—ending at the Baxter for Rock Against Rape

#### **ROCK AGAINST RAPE**

7:30PM-10PM, BAXTER BALLROOM

Join us for a **FREE CONCERT** with **Cure for the Common**, **TBA Boy Band**, and special guests to rock against violence.

VOICE Center—SUB 370 (above Avogadros) Confidential Support Line - 994-7069 or e-mail MSUVoiceCenter@gmail.com



# The Handy Woman weekend workshop: April 24<sup>th</sup> & 25<sup>th</sup>, 10 am- 5pm

Intro to basic hand tools. Be independent. Build your skills. Save money. Build confidence. Learn how to do basic repairs and handy tasks around your home, and learn when to choose a professional. Ask questions and gain the knowledge to complete that one project you'd like to get done in your house. Bring home a starter toolbox with basic tools included. Fee: \$110 - Materials: \$35 (includes toolbox, safety glasses and other goodies). Don't forget to inquire about the **POWER TOOLS AND WOODWORKING FOR WOMEN class, June 12 &13**.

Enroll by calling or online with Bear Canyon School of Art & Craft

(406) 586-8770 - info@bearcanyonschool.com - www.bearcanyonschool.com

### Nurture Your Child's Inner Musician with "Music Together"

Music Together has arrived in Montana and is being offered in Bozeman, starting in mid April. Music Together brings children, parents, grandparents and caregivers together in a community-oriented, relaxed, informal, musical environment designed to weave music, movement and rhythm-making into the fabric of their every day family life. **Music Together** helps families along their Musical journey by providing DVDs, song CDs and songbooks which illustrate creative ways to make music together at home, in the car or almost anywhere! Unlike other early childhood music programs, Music Together emphasizes participation rather than performance, doesn't require an investment in musical instruments and is offered to children (infants to kindergarten age) in a mixed-age, family-style class setting. To learn more about **Music Together** or to register for an upcoming class, visit <u>www.musictogetherbozeman.com</u> or call Kate Bryan (Music Together Teacher) at 406-570-2839.



#### **EMERSON CULTURAL CENTER**

Tickets are \$21.00, non-refundable. General Admission. Curtain at 8:00pm. Doors open at 7:00pm. Mature audiences only - no one under 18 admitted. Please call 406-52-BROAD (522-7623) with questions.

Thursday, April 29th, 8:oopm Emerson Cultural Center, Bozeman Friday, April 30th, 8:oopm Emerson Cultural Center, Bozeman Saturday, May 1st, 8:00pm Emerson Cultural Center, Bozeman

"If this irreverent, giddy, snarky, perky collage of satire, sketch comedy, and cheerleading doesn't make you laugh, then either you are incapable of laughter or you are Dick Cheney. Or, of course, both... Sharp writing, playful performances, and impeccable comic timing." -The Boston Globe



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Return Service Requested