Getting Ready for the Training Environment…

**Athletic Attire**
- The following is required before your Physical Training Gear (PTG) is issued:
  - Orientation paperwork completed
  - Pass all components of the AF Fitness Assessment with a total score of 75+
- The following will be worn to Physical Training until your PTG is issued:
  - Plain white or grey crew neck shirt with sleeves (small logos are acceptable)
  - Plain black athletic shorts (no overly revealing shorts; spandex is authorized as an undergarment only)
  - White or black socks (must be visible when wearing sneakers)

**Business Casual Attire**
- Will be worn to Leadership Lab and ROTC class until your blues uniform is issued
- Khaki slacks, any brand, in a tan or light brown color
- Short-sleeve, polo-style shirt (button-up with collar), any brand, any color, can have a conservative logo, e.g. Polo’s horse or Izod alligator
- Black or brown leather shoes (no canvas/sports shoes or open-toe/open-heel shoes)
- Black or navy blue socks
- Black or brown belt (to match shoes), with shirt tucked into trousers
- If you cannot procure the above items, consult with TSgt Hartsfield (406-994-4022; afrotc@montana.edu)

**Military Grooming Standards**
- **Gentlemen:**
  - Clean shaven every morning before PT, Leadership Lab, and mandatory events
  - Hair will not touch ears, and will be tapered not to exceed ¼” at start of taper
  - No visible piercings to include tongue
- **Ladies**
  - All hair pulled up tightly (bun cannot exceed 3” in bulk), loose pony-tail is acceptable in fitness attire only
  - Conservative make-up and nail polish colors
  - Only one earring per ear: small diamond, pearl, or gold/silver spherical or square shape studs

**Physical Fitness**
- MUST have sports physical (AFROTC Form 28) submitted at Orientation
- Height and weight measurements will be taken during Orientation
- FA (fitness assessment) must be passed during Freshman year. It consists of:
  - Abdominal Circumference (Waist) Measurement
  - 1 minute push-ups
  - 1 minute sit-ups
  - 1.5 mile run
Air Force ROTC Detachment 450
Preparing for Orientation

Getting Ready for New Cadet Orientation...

**Classes**
- Register MAS 110 and MAS 115 (if you plan to enroll in the three year program, please email us at afrotc@montana.edu to determine if you meet eligibility requirements)

**Paperwork**
- Complete the Wings Registration Guide and associated paperwork (see below). Follow the instructions carefully and bring all of your completed paperwork with you to orientation.

*Along with the paperwork from the In-Processing Guide, bring each of the following...*

**Birth Certificate** or Naturalization Certificate (Bring **both** of the below; you will keep the original)
- Original (if no original, a certified copy from the Clerk or Recorder of Birth State)
- Photocopy of Original

**Social Security Card** signed by applicant (Bring both of the below; you will keep the original)
- Original
- Photocopy of Original

**Selective Service Number** (Males only)
- Bring a copy of Original or Print-out from “Check a Registration” at [www.SSS.gov](http://www.SSS.gov)
- Selective Service Number is: __________________________

**SAT/ACT Scores**
- Unofficial Copy of **all** SAT and/or ACT test scores (unofficial or official)

**College Transcripts**
- Transcripts of all completed college work credited towards your undergraduate degree (unofficial copies are acceptable, but must show the hours and quality points for each class)

**Certificates or Documentation demonstrating (as applicable):**
- Junior ROTC
- Civil Air Patrol
- Eagle Scout
- DD Form 214 (prior military enlistment)
- DD Form 785 (prior service academy or officer accession training program)

**Emergency Contact Information**

Name: ___________________________________________ Phone Number: ______________________

Address: __________________________________________ City/State/Zip: ______________________

**Permanent Address**

Phone Number: ______________________

Address: __________________________________________ City, State, Zip: ______________________

**College Address (where you physically live) if different than above**

Phone Number: ______________________

Address: __________________________________________ City/State/Zip: ______________________