PARTICIPANTS NEEDED
FOR STUDY ON ACOUSTIC SOUNDS AND NAPS

Researchers from Montana State’s Sleep Research Laboratory are looking for adults (18-30 years old) to take part in a study assessing the impact of sound on quality of sleep during a nap.

Participants will receive (if qualified):
- Objective reports of sleep quality
- Compensation for study completion

Eligibility requirements include:
- Age: 18-30 years old
- Non-smoker and not diabetic
- No diagnosis of obstructive sleep apnea or other sleep disorders
- No hearing impairments
- No history of major psychiatric disorder
- No serious medical conditions
- Not pregnant or breastfeeding
- No shift work

Contact for more info:
Anne Tikkanen
Email: sleepstudy@montana.edu
Phone: (406) 994-2292