

NACADA Info Share Workshop – Tuesday, December 18, 3:00-4:30 PM – 143 Gaines Hall

At our December workshop, advisors who attended the international and national NACADA conferences will highlight the topics listed here. Please join us to learn more and to discuss how we might be able to implement some of these ideas here.

Paige Wyatt: Advisor Self-Care

Academic Advisors often serve as the first point of contact for supporting students dealing with anxiety, depression, and other mental health concerns. We make referrals and recommend strategies for student to manage stress and external pressures, find balance, and promote self-care. Yet, advisors can be left with heavy hearts and minds, susceptible to their own impaired functioning. The presentation will address burnout and secondary traumatic stress, its impact on academic advisors, and recommend self-care strategies to minimize or avoid burnout. (Co-presented with Dana Horne – U of Buffalo and Lyn Tracey – Griffith College Australia).

Emily Keller: Transfer Models at Big 10 Institutions and Large Student Population Advising

The first session is from “B1G (Big 10) Transitions: The Stories of Transfer students at Big Ten Institutions”, specifically at University of Maryland and University of Minnesota. From their research, they found transfers were feeling “disconnected” from the department and university and didn’t necessarily have outlets to get their questions answered or connect as a student to the university. This was pre – orientation and post – orientation model. Their model identified strategies and application to benefit transfer students transition, which could potentially benefit MSU advisors.

The second session is from “It Takes a Village: Intrusive Advising for Large Student Populations” with Texas A&M University Communication and Economics Department. One advisor in this session said they had 2,000 advisees! However, their models identified ways to increase first year retention and graduation rates alongside with providing holistic advising services to a multitude of students.

Erica Dungan: Assessment as Research and Meaning over Majors

I attended the “Primer on the Assessment of Academic Advising” NACADA workshop and will share information about the role assessment plays in improving academic advising.

I will also share information from the presentation “Identities in Transition.” This session from Indiana University Bloomington included useful strategies for facilitating transitions when students feel “stuck.”

Emily Edwards: Pre-Orientation Student Communications and Resources for Exploring Students

I'll share information from two NACADA presentations: 'How Major is Your Major' and 'Easing the New Student Transition with Summer Communications'.

The first presentation from the Pamplin College of Business at Virginia Tech shared some approaches for easing student transition prior to their arrival for orientation.

The second presentation from 'The Major Experience' at the University of Connecticut featured resources for exploring students. In addition to assisting students, their programming and communications approach could help all advisors at MSU understand degrees beyond their own unit.

