Preparing for Lives & Careers of Purpose

November 14, 2022

Thinking about taking a “W” in a challenging class? Come see us first!

There may be many reasons you are not doing well in a class - your schedule is too full, you don’t understand the material, you are having trouble getting motivated and energized.

DON’T GIVE UP!

Come see us and we can help you:

- Understand why your grade is what it is and make a plan to raise it.
- Talk through what a “W” means for your financial aid and transcript.
- Make a plan to talk with your advisor and professors.
- Refer you to other assistance on campus like counseling or disability services.
- AND... it never too late to get a tutor for your challenging class. Check out one-on-one and drop-in tutoring today. 1893 Scholars receive FREE, unlimited tutoring - take advantage of it now!

See a Success Advisor!

LinkedIn is a powerful tool that, used in conjunction with your resume and cover letter, allows you to tell YOUR STORY to potential employers/internships.

Learn how to “Rock Your LinkedIn Profile” with this tutorial from the MSU Library (use your NetID to sign in and search for the tutorial by name).

Once you’ve learned how to create a terrific profile, make sure you have the perfect profile pic to match.

Don’t have a LinkedIn profile yet? What are you waiting for!

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Don’t let today’s expenses be tomorrow’s stressors!

It’s easy to overspend during the holidays, especially this year with everything - gifts, gas, food - being more expensive.

Take the time now to look at your monthly budget and plan for how you are going to pay for your travel, meals, and activities.

Spending this time with your family and friends is crucial to your emotional health but don’t let the resulting bills become a source of stress later.

Your upcoming winter break will also be a great time to work on your budget for the spring semester. Get your budget worksheets and have your budget in place when you return in January.

See a Financial Coach!

MSU Office of Health Advancement

Pop Quiz - Where can you find mindfulness classes, free snacks and groceries, addiction and recovery services, stress management resources, and wellness coaching? All in one place? On the MSU campus?

The Office of Health Advancement (OHA) is located at 1102/1106 6th Street, just across the street from the American Indian Hall on the eastern side of campus, and is your one-stop shopping for these services, and many more. Additionally, they sponsor events like wellness fairs, vaccination clinics, and free movie nights.

"The Office of Health Advancement educates, empowers, and energizes the MSU community to thrive through a balanced lifestyle."

Part of finding purpose and meaning in work and life is to feel good physically, emotionally, spiritually and the staff and faculty at OHA can work with you on all these aspects of your life. Check out the website for a full list of their services or drop in and talk to someone today.

Find More Resources!
We Want YOUR Story on the Website
We are in the process of creating a website for 1893 Scholars and want to include videos, photos, and stories featuring you!
Ready to share your interests, achievements, and goals with the world?
Contact Deb for more details and to set up a time to meet.

Mark Your Calendar
Bobcat Mentoring Circles
Monday, November 28, 2022
4:00 pm - 5:30 pm
American Indian Hall

The Bobcat Mentoring Circles are a form of career development mentoring, where professionals from the Bozeman community share their experiences and wisdom specific to career development in a small group format. The circle is interactive, allowing you to engage and ask questions.

November’s topic is ‘Choices and Decisions,’ or how and why the choices made or not made during college and after impacted their career.

This is an excellent opportunity to learn - from professionals who have been in the business for years - what you can be doing RIGHT NOW to make connections and set yourself up for success today and in your future.

More Resources for Scholars
See all the upcoming 1893 activities and events on the online calendar.
See resources and materials just for 1893 Scholars.
Manage your preferences | Opt Out using TrueRemove™

Got this as a forward? Sign up to receive our future emails.
View this email online.

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