# Choose how you will apply for SNAP:

- Visit <u>apply.mt.gov</u>
- Call MT DPHHS: 1-888-706-1535
- Pick up a paper application at your local Office of Public Assistance
- Get in-person help: Visit <u>mfbn.org/get-help</u> and select "SNAP Application Assistance"

Call MFBN if you have questions about the application process: 406-239-6475

# **Contact us!** (406) 239-6475 SNAP@mfbn.org

MFBN can answer your questions about SNAP.



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SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM



This institution is an equal opportunity provider.



You may be eligible for SNAP if your pre-tax monthly income is at or below:

Household	Gross
size	Income
1	\$2,148
2	\$2,904
3	\$3,660
4	\$4,418
+\$758 per each	
additional member	

- Effective October 2021.
- Certain households need to meet a lower Gross Income Guideline.

Additional rules for some, including college students and non-US citizens.

Check if you might be eligible! Visit <u>apply.mt.gov</u> and click "Am I Eligible?"



## APPLY

#### Online: <u>apply.mt.gov</u> By phone: 1-888-706-1535



**MT Department of Health and Human Services contacts you.** 



Submit documents they request.

If approved, SNAP benefits are issued on a card!



### **USE SNAP TO BUY:**

Fruits and Vegetables Breads and Cereals Dairy Products Meats, Fish, Poultry Seeds/plants to grow food

SNAP is accepted at most grocery stores and a growing number of farmer's markets across Montana!



#### SNAP <u>CANNOT</u> BE USED TO BUY:

Hot or prepared foods Non food items Medicine Vitamins and supplements Tobacco or alcohol