



4-H PARENT OR SUPPORTIVE ADULT *Skills Bank*

Name: _____

Date: _____

You are an important person to Montana 4-H. Your knowledge and experiences can enhance the learning and growth of our members. Please check the items below that interest you or are part of your experiences in life. This will help us to find the best fit for you to contribute to Montana 4-H. Thank you for your interest!

4-H Projects

Sciences

Animal Sciences

- Beef
- Cat
- Dairy Cattle
- Dog
- Dairy Goat
- Meat Goat
- Horse
- Pocket Pets
- Poultry
- Rabbit
- Sheep
- Swine
- Veterinary Science

Engineering and Technology

- Aerospace
- Bicycle
- Electricity
- Robotics
- Small Engines
- Welding
- Woodworking

Environmental & Natural Sciences

- Entomology
- Forestry
- Outdoor Adventures
- Shooting Sports
- Sport Fishing
- Wildlife

Family & Consumer Sciences

- Child Development
- Babysitting
- Family Adventures

Family & Consumer Sciences, continued

- Home Environment
- Sewing & Textiles
- Knitting/Crochet/Embroidery
- Ready-to-Wear
- Quilting

Plant Sciences

- Crop Science
- Gardening
- Range Science Management
- Weed Sciences

Citizenship

Communication & Expressive Arts

- Communications
- Cowboy Poetry
- Leathercraft
- Photography
- Theatre Arts
- Visual Arts
- Scrapbooking

Leadership & Personal Development

- Citizenship
- Leadership
- Service Learning

Healthy Living

Health

- Cake Decorating
- Foods & Nutrition

Other Projects

- Cloverbuds (Ages 5-7)
- Exploring 4-H

Skills/Talents

- Conducting group mixers/recreation
- Preparing/serving refreshments
- Playing an instrument
- Talking on the telephone
- Working on the computer
- Caring for young children
- Planning/organizing
- Keeping track of deadlines
- Singing

- Managing group behavior
- Typing
- Operating a calculator
- Filling out forms
- Driving a van/car
- Directing work of others
- Keeping records
- Other _____

Community Functions/Leadership

- Helped with another youth group (*i.e.* *Boy Scouts, Girl Scouts, Faith, etc*)
- Organized a camping trip for youth
- Organized a service project
- Participated in a community group/club
- Helped with a community garden
- Participated in a neighborhood organization

- Helped with a fundraiser
- Helped with a sports team
- Organized a field trip or tour
- Organized/help a yard sale
- Planned a community supper
- Participated in a PTA/PTO
- Other _____

Creative Activities

- Helped with fundraisers
- Recruited helpers for a project
- Sold products or services

- Recruited kids for a youth group
- Other _____

Personal Preferences

Time Available

- One time per week
- One time per month
- One time per year

Where Available

- At club meeting
- In my neighborhood
- In my home

Preference

- Work with young people
- Work with adults
- Work alone

I Need Help with This

- Training
- Child Care
- Transportation

How to Contact me

Address _____

Home Phone _____ Cell Phone _____

Email _____

Place of Employment _____

May you be contacted there? Yes No If yes, Phone _____