## RESILIENT OUTDOOR COMMUNITIES





## **ABOUT US**



Diane Conradi is the founder/CEO of Montana Access Project. As an experienced attorney, founder and advisor to Whitefish Legacy Partners/Whitefish Trail, Montana State Parks Foundation, and appointed member to Montana's first State Parks and Recreation Board she has in-depth experience in creating, enhancing and sustaining high quality nature-based recreation access that supports economic vitality, community health and quality of life for residents and visitors alike.

DIANE CONRADI

Kathleen McMahon has 35 years of community planning experience. She has a Bachelor's Degree in Urban and Regional Planning from the University of Illinois and a Masters Degree in Educational Technology from George Washington University. She is a member of the Montana Association of Planners, the American Institute of Certified Planners, and Montana Economic Development Association.



KATE MCMAHON



## OUR KEY PRINCIPLES

- By Rural For Rural
- Outdoor Community (Recreation +, Economy +)
- Expertise AND Experience
- Do With not For
- Meet where At
- Nature for everyone everyday

## WHAT IS AN OUTDOOR COMMUNITY?



A community that invests in places for people to access nature to support economic and community vitality.

## IMPACTS OF OUTDOOR RECREATION

#### REGIONAL ECONOMIC DEVELOPMENT

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**BUSINESS &** 

WORKER

RECRUITMENT

SUSTAINABLE TOURISM DEVELOPMENT



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COMMUNITY VITALITY & HEALTH



"BRAIN GAIN"

#### Outdoor recreation contributes to economic success in many ways.

#### TOURISM

Visitors who come to enjoy the outdoors spend money on lodging, restaurants, and other services, creating jobs and putting money into the community.

#### **ENTREPRENEURS + TALENT**

Access to the outdoors and a high quality of life attracts and retains new businesses and skilled workers.



#### RETIREMENT + INVESTMENT INCOME

Wealth from retirees and investors—who are drawn to live near outdoor access—helps boost the local economy.

#### TAX REVE

Spending at local businesses and increased property tax revenue contribute to the tax base



#### HEALTHIER RESIDENT

Access to the outdoors improves public health and reduces costs of chronic conditions, especially for impoverished and under-resourced neighborhoods.

#### NEW RESIDENTS

Places with recreation amenities on federal public lands have higher rates of in-migration, helping fuel jobs for teachers, doctors, construction workers, and more.

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#### MAIN STREET BUSINESSES

Restaurants, grocery stores, gear stores, and other local retailers benefit from visitors and new residents.

#### GEAR MANUFACTURING

Companies that make outdoor equipment tend to locate in places with outdoor amenities, providing jobs and investment in the community.

Credit: Inspiring the Future Outdoor Recreation, SOBAN 2021 Economy

## EXAMPLE: ECONOMIC IMPACT

## THE WHITEFISH TRAIL





**Economic Impact from the Whitefish Trail** 

72,966 ANNUAL TRAIL USERS





68 JOBS SUPPORTED BY VISITORS WHO USE THE WHITEFISH TRAIL

The economic impact of the Whitefish Trail will continue to grow as the community completes their vision.

## WELLNESS BENEFITS OF THE GETTING OUT INTO NATURE

#### **PHYSICAL WELLNESS**



#### MENTAL WELLNESS



#### Being outside in green spaces supports an active and healthy lifestyle, which has shown to increase life expectancy, improve sleep quality and reduce cancer risk.

Being outside in green spaces lowers risk of depression and can restore and strengthen our mental capacities, increasing focus and attention.

#### **COMMUNITY WELLNESS**



Access to nature reduces environmental stressors such air pollution, noise and heat.

## BENEFITS OF NATURAL ENVIRONMENT

- Climate resilience
- Culture and heritage
- Clean Water
- Clean Air
- Abundant Wildlife
- Scenic Vistas





## CHALLENGES FOR RURAL COMMUNITIES

- Patchwork of public and private landowners and managers
- Minimal professional staffing
- Reliance on public/private partnerships and volunteers
- Scarce resources
- Competing priorities
- Disconnect among funding priorities

## How we support outdoor communities



#### Example: Community Led Planning (DIY)

COMMUNITY OUTDOOR RECREATION REALIZATION

CORR is for Montana communities seeking to realize their recreation vision. Communities are encouraged to tailor CORR to their specific community needs. The process can and is encouraged to be inclusive of various partners at the local, state, tribal, regional, and federal levels. CORR COMMUNITY OUTDOOR RECREATION REALIZATION

A PATHWAY TO REALIZE YOUR COMMUNITY'S OUTDOOR RECREATION POTENTIAL

Brought to you by:







## **Community Outdoor Recreation Realization: Pilot Review and Recommendations**

#### **Pilot Process:**



White Sulphur Springs Population: 1,052 Central Montana near the Smith River



Columbia Falls Population: 5,651 Northwest Montana near Glacier National Park

## Recommendations

**Involve multiple generations** 

#### Have a plan before you plan

#### **Define the timeline**

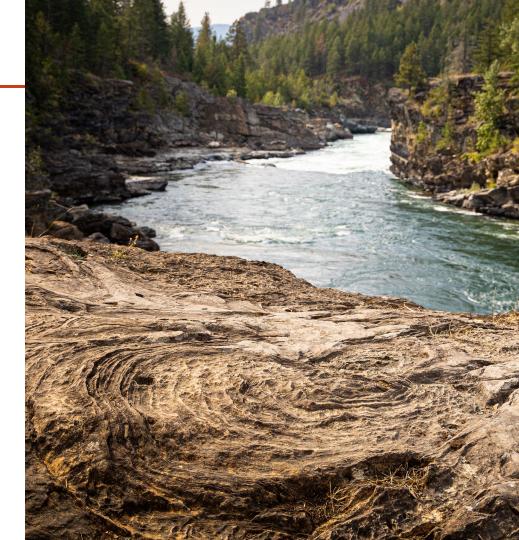
#### Establish a team leader

#### **Talk with other communities**

#### Make the process fun

## VISION + PLANNING

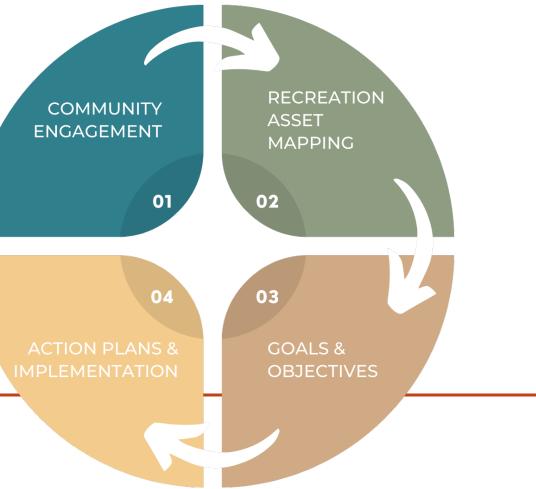
- Inspires commitment
- Builds relationships among community leaders
- Integrate with existing plans and processes
- Increase competitiveness for funding and other resources
- Builds public support



MAP Rec Connect Action Plans (RCAP) Designed by rural for rural communities to:

- increase access to natural spaces,
- improve capacity, and
- increase investment.

## RCAP OUTDOOR RECREATION PLANNING **PROCESS**





#### COMMUNITY MEETINGS

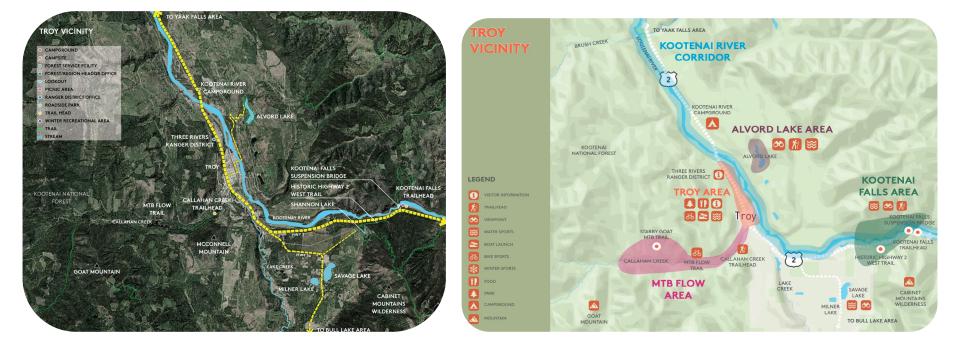
SURVEYS

#### WEBSITE & SOCIAL MEDIA





## RECREATION ASSET MAPPING: ID OF KEY ASSETS



## **GOALS & OBJECTIVES**

#### Issue Statement

Issues defined by: Public Input

Data Analysis

Assets

#### Goals

Goals address issues and are based on: Community Vision Needs Assessment Common themes Public Input

#### **Objectives & Strategies**

Objectives may include policies and strategies for: Coordination/Partnerships Design Guidelines Recreation Improvements Best Practice Geographic strategies Organizational strategies

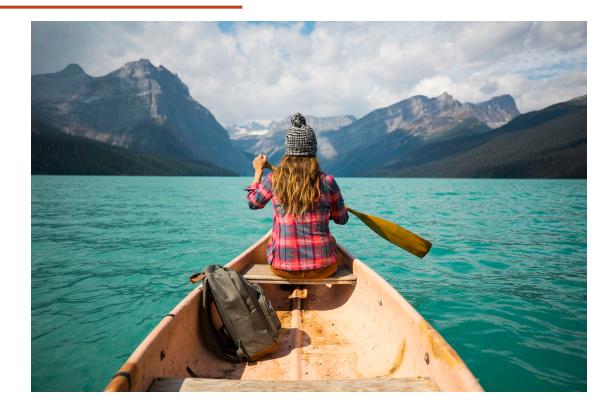
#### Implementation

Provides framework for action: Action Step Timeframe Lead agency - Partners Sub-Area Costs Funding Resources

## ACTION PLANS & IMPLEMENTATION

Action Item	Timeframe	Lead/Partner	Comment	Priority
6.4 Develop plan and install wayfinding signage in study area to direct users to rec assets	1-3 years	<ul> <li>Troy</li> <li>Lincoln County</li> <li>Chamber</li> <li>Community groups</li> </ul>	<ul><li>Fundraising</li><li>Grants</li></ul>	MED
6.5 Improve/add information kiosks at frequently used trailheads, river access points and Kootenai Falls	Ongoing	<ul> <li>Kootenai National Forest</li> <li>Lincoln County</li> <li>Community groups</li> </ul>	<ul> <li>Include info on trail difficulty, safety, etc.</li> <li>Coordinate with mapping project below</li> </ul>	MED

### **Coming Soon: Outdoor Community Lab**



## Outdoor Community Lab Get Grant Ready Workshops (Virtual and In-Person)



Partnership with Heart of the Rockies Initiative

**Includes Coaching** 

AND...











## GET GRANT READY PROJECT PITCH FEST

CO-HOSTED BY:

Diane Conradi, Montana Access Project

Kara Maplethorpe, Heart of the Rockies Initiative

Melissa Weddell, Institute for Tourism and Recreation Research (ITRR)



EART OF THE ROCKIES INITIATIVE INSTITUTE FOR TOURISM& RECREATION RESEARCH UNIVERSITY OF MONTANA

GUESTS:





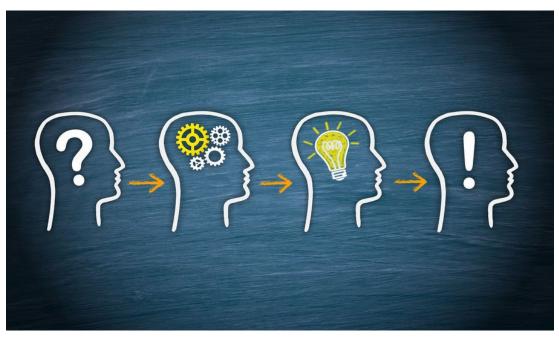


## Coming Soon: Outdoor Community Lab Coaching



- Variety of Expertise
- Next Level
- Unstuck

## Coming Soon: Outdoor Community Lab 1:1 Custom



- Building infrastructure
- Operation and Management
- Sustainable Capacity

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### STAY ENGAGED: LAB TRAININGS, COURSES, AND WORKSHOPS

KNOWLEDGE BASE							
What do you need help with? What do you want to learn more about?							
Click the buttons below to view resources by category.							
Search			Q Search				
CAPACITY RECREATION ECONOMY PLANNING FUNDING PARTNERSHIPS DESIGN & CONSTRUCTION							
OPERATIONS & MANAGEMENT ENGAGEMENT ADVOCACY DIVERSITY, EQUITY, INCLUSION & ACCESSIBILITY							
CAPACITY							
Montana Residents: Attitudes Tourism 2021	Mortana State Parks sees record in 2020 Montana State Parks sees record setting visitation in 2020	An Influential Bything Decrise Rivergeddon 2020	Pandemic Crowds Bring Rivergedian to Montana's Rivers				
Tourism	FWP, Montana, State Parks	Crowding	Crowding				
This study was conducted to continue tracking the perception of the tourism industry in Montana.	Quantifying the boom in state park visitation in 2020. Read More »	Impacts of overuse on Montana rivers. Read More »	"Rivergeddon" on Montana rivers due to the COVID-19 pandemic.				
Read More »			Read More »				

## **CONTACT US**



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## SAVE THE DATE!

## MONTANA OUTDOOR RECREATION SUMMIT

## **Oct 11 – 13 | Butte, MT**

Scan to learn more + sign up for updates!



**SCAN ME!**