



Montana State University Extension Flathead County Newsletter

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Montana State University Extension Flathead County Newsletter

February 2024 Important Dates & Meetings

- ✿ Feb. 7, Hog Committee mtg, 6pm, Fairgrounds Country Kitchen
- ✿ Feb. 10, Trail and Packing Clinic #2, 10am-4pm
- ✿ Feb. 17, Cloverbud Mtg, 10am in Sykes basement
- ✿ Feb. 19, MSU Extension Office closed
- ✿ Feb. 19, Sheep Committee Mtg, 6pm in the 4H Building
- ✿ Feb. 21, Hog Clinic, 6pm Livestock judging / selection - Country Kitchen
- ✿ Feb. 22, 4-H Foundation meeting, 6pm, Fairgrounds 4-H Bldg
- ✿ Feb. 24 Flathead County 4-H Shooting Sports Club Match, Fairgrounds Grandstand Bldg.
- ✿ Feb. 25, Horse Comm. Meet and Greet 3pm in Country Kitchen
- ✿ Feb. 25, Horse Clinic 3-5pm in Country Kitchen, fairgrounds
- ✿ Feb. 25, Horse Committee Mtg. 5pm in Country Kitchen
- ✿ Feb. 29, Beef Clinic, at 6:30pm in the Expo Bldg.
- ✿ Mar. 1—3, Montana 4-H Center State Shoot, Bozeman
- ✿ Mar. 6, Hog Committee mtg, 6pm, Fairgrounds Country Kitchen
- ✿ Mar. 7, Ag Livestock Committee Mtg 6pm, 4-H Bld, fairgrounds
- ✿ Mar. 8, Foods Fair Set up (please see email for location)
- ✿ Mar. 9, Foods Fair (please see email for location)

Flathead County 4-H 2024 Long Range Planning Calendar:

- April 19-21, Rec Lab (Recreation Lab) / Jefferson County School, Boulder, MT
- April 27, County Congress at SD5 Ag Center at 310 FFA Drive in Kalispell
- May 17-19, Camp Counselor training
- June 10-14, 4-H Geospatial / Mapping camp, Kalispell, MT
- July 9-12, 4-H State Congress in Bozeman, MT
- July 23-26, Flathead County 4-H Summer Camp
- August 9-18, Northwest Montana (NW MT) Fair (inc. all animal shows and market livestock sale)
- TBD mid September, NW MT Fair Awards Banquet

** Forums, Committees & Council Mtgs in Red Font

Good afternoon Flathead County 4-H members, volunteers, and parents,

I hope this newsletter finds you all doing well after an interesting January where we experienced incredible temperature swings from +40 degrees to -20 degrees (or colder) and then back to +40 degrees this week. Thank you all for your flexibility a couple of weeks ago when we decided to postpone or cancel several 4-H events due to the Arctic blast of cold weather.

During this past January, the MSU Extension Office celebrated two non- 4-H milestones including the relaunch of the adult Master Gardener class and hosting MSU Extension expert Marsha Goetting for five estate planning workshops. In the 4-H realm, we just completed the Flathead County 4-H Shooting Sports Invitational which included over 100 Flathead County 4-H competitors, in addition to over 50 + youth from Butte / Silverbow, Cascade, Lake, Lincoln, Mineral, Missoula, Ravalli, and Teton counties. This full day event was a great opportunity for our air rifle, air pistol, archery, and hunting project members to showcase their skills. We sincerely appreciate the volunteers who worked some really long hours last Saturday to make this event a reality! Please thank them next time you're at shooting sports practice. On the topic of shooting sports, we are about halfway through our first year of the Intro to Biathlon ski and air rifle project. Please see page 13 for some photos of our recent event. We hope to expand this fun winter project next year and offer this opportunity to more 4-H members.

As we look forward to February, March, and April, we'll begin our preparations for the 2024 Northwest Montana (NW MT) Fair with numerous animal science project clinics and Livestock Quality Assurance (LQA) workshops. Please closely follow the updates from all animal committees at the end of this newsletter for species-specific schedules.

Also, as your 4-H clubs prepare for your February meetings, please pay special attention to being welcoming to newcomers and establishing a positive learning environment that balances formal meeting procedures with some planned time for recreation and education (such as demonstrations or illustrated talks). During our November 2023 youth club officer training workshops we discussed and practiced running efficient and effective club meetings. Please remember: 4-H meetings are essential to the development of our youth officers and youth members. These meetings should be youth-focused and youth-run. Thank you all in advance for your efforts to refocus on the youth components of 4-H meetings this month and beyond.

GIS Mapping Camp. Flathead County 4-H recently received a grant from MSU on behalf of the U.S. Air Force to run a science-focused mapping day camp from Monday, 10 June through Friday, 14 June 2024. We will partner with Flathead Valley Community College (FVCC), the Flathead County government GIS office, and other high-tech organizations in the valley to run this camp. Please have any approximately 9th-10th graders who love science, mapping, and learning about cutting edge technology contact the MSU Extension office for additional information.

Summer Camp. Flathead County 4-H overnight summer camp will run from Tuesday, 23 July through Friday, 26 July 2024 at the Darrell Fenner Loon Lake 4-H Camp in Ferndale (just east of Bigfork). Please pencil this camp on your calendar for 10-13 year old 4-H members. 4-H summer camp includes all the normal fun activities such as lake swimming, canoeing, log rolling, arts and crafts, camp olympics, campfires, smores, and other special events based on our yet-to-be determined camp theme.

We'll begin accepting camp counselor applications in the coming months and conduct an overnight training session Friday, 17 May to Sunday, 19 May 2024. We are actively searching for a 4-H teen member who would like to attend American Red Cross lifeguard training at no cost in exchange for working as one of our paid lifeguards at 4-H camp this summer. Also, we are searching for certified adult volunteer chaperones (male and female) and a camp nurse for the 23-26 July 2024 timeframe.

Big Sky, Big Leadership. Please consider joining the 30 minute weekly Big Sky, Big Leadership offered by the MSU Extension Community Vitality team. These relevant sessions focus on challenges we all face in our daily lives such as conflict, self awareness, and stress management. Please see page 7 for more details and how to sign up.

Please see the long range planning calendar on page 2 for a preview of key dates and events between now and September 2024.

Thank you for all of your support of Flathead County 4-H, respectfully,

Rick Balestri
4H and Youth Development Extension Agent
Montana State University Extension Flathead County

HORT REPORT

COME MUNCH AT LOCAL EATERIES
& LEARN ABOUT ALL THINGS HORTICULTURE

HOSTED BY: MACKENZIE DEY, MSU AG EXTENSION AGENT

NEXT EVENTS:

POLLINATORS & PLANT REPRODUCTION

PRESENTED BY: STEVE GLUTTING



FEBRUARY 7TH, 6:00-8:00 PM

@ **BRANNIGAN'S IRISH PUB**

101 E CENTER ST # 1

SOIL HEALTH & FERTILITY

PRESENTED BY: PATRICK MANGAN, MS
MSU AGRICULTURE EXTENSION AGENT

MARCH 13TH, 6:00-8:00 PM

@ **SACRED WATERS BREWING COMPANY**

3250 U.S. HWY 2 E



CONTACT THE FLATHEAD CO. EXTENSION OFFICE FOR MORE INFO: 406-758-5554

2024 Initial Private Applicator Trainings

March 20 - Thompson Falls | March 21 - Kalispell

Sanders County Extension and Flathead County Extension, along with the Montana State University Extension Pesticide Education Program are hosting Initial Private Applicator Trainings on March 20, 2024, in Thompson Falls and March 21, 2024, in Kalispell. Initial Private Applicator Trainings provide instruction on the basics of pesticide use followed by an ungraded 50-question exam. **Completion of the program meets the requirements to obtain a Montana Private Applicator License** to apply restricted use pesticides on land you own, rent or lease, while receiving many valuable pesticide education opportunities. Homeowners and other non-licensed applicators desiring to learn more about pesticides are welcome to attend and are not required to take the exam. These are onsite events. Please arrive at least 15 minutes early to sign in.

Registration Required by March 12 as spaces are limited at:
www.montana.edu/extension/pesticides/event

SANDERS COUNTY	FLATHEAD COUNTY
<ul style="list-style-type: none"> Location: Thompson Falls Rural Fire Department, 1811 Main St., Thompson Falls, MT 59873 Fee: \$40 Lunch: Provided Registration: Register online or contact Wendy Carr at (406) 827-6934 or wendy.carr@montana.edu. <p>Agenda 7:30 to 7:50 am – Sign In 8:00 am – Welcome 8:05 am – MT Private Applicator License 8:35 am – Reading the Label 9:05 am – Pesticides and the Environment 10:05 am – Break 10:20 am – Calibration 11:50 am – Lunch 12:30 pm – Pesticide Safety 2:00 pm – Laws 3:00 pm – Break 3:15 pm – Integrated Pest Management 4:15 pm – Review and Exam 5:00 pm – Evaluations and Wrap Up</p>	<ul style="list-style-type: none"> Location: Hampton Inn Kalispell, 1140 US Hwy 2 West, Kalispell, MT 59901 Fee: \$40 Lunch: Provided Registration: Register online or contact Mackenzie Dey at (406) 758-5553 or mackenzie.dey1@montana.edu. <p>Agenda 7:30 to 7:50 am – Sign In 8:00 am – Welcome 8:05 am – MT Private Applicator License 8:35 am – Reading the Label 9:05 am – Integrated Pest Management 10:05 am – Break 10:20 am – Laws 11:20 am – Lunch 12:00 pm – Pesticide Safety 1:30 pm – Calibration 3:00 pm – Break 3:15 pm – Pesticides and the Environment 4:15 pm – Review and Exam 5:00 pm – Evaluations and Wrap Up</p>

LICENSING FEE

For private applicators in District 1 there is a licensing fee of \$60. This fee will be sent to the Montana Department of Agriculture with your private applicator license application. Please bring cash or a check made out to the 'MDA' for this amount.

CREDITS

Pesticide license credits are offered for recertifying applicators only (new applicators are not eligible to receive credits at this event). Six private applicator credits are available for attending the entire day. Applicators need to bring their physical license or license number to the event to receive credits.



MONTANA
STATE UNIVERSITY

EXTENSION

Pesticide Education Program
pesticides@montana.edu | 406-994-5178

STRONG *People*™

Strengthen your body in 2024! Join us for strength training classes, which include progressive resistance training, balance training and flexibility exercises. These classes are designed to help midlife and older adults.

**CLASSES BEGIN
FEBRUARY 12, 2024
& RUN FOR 8 WEEKS**

Mondays & Thursdays
1:30 p.m. at Gateway Mall,
Gathering Place, Suite 26,
1203 Hwy 2 West,
Kalispell

To register, please contact
susanmoore@logan.org

LOGAN
HEALTH

Faith Community
Nurse Program

M
MONTANA
STATE UNIVERSITY
EXTENSION

Big Sky, Big Leadership **TO GO**

Conflict: Moving from Reaction to Intention

FEB
6

Understanding Conflict & Your Role

FEB
13

Cultivating Self-Awareness

FEB
20

Managing the Emotions of Conflict

FEB
27

Establishing Boundaries & Accountability

MARCH
5

Managing Stress & Anxiety

MARCH
12

Navigating Conflict in Online Meetings

REGISTER AT <https://bit.ly/3vGAhVX>

Questions? Contact us at communityvitality@montana.edu.

Join this series of virtual 20-minute leadership trainings designed to spark new ideas and give you practical skills that can be put to use immediately.

All trainings start at 8:30 am and will be recorded and shared for viewing.



MONTANA
STATE UNIVERSITY

EXTENSION

The Montana State University Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.

National 4-H Conference

National 4-H Conference 2024 is coming soon for youth ages 15-19! You may have heard about this excellent program through your county or tribal office, and I want to follow-up to encourage you to join our Montana Delegation to attend this year's National 4-H Conference.

National 4-H Conference is the flagship youth development opportunity of USDA, hosted by the National Institute of Food and Agriculture (NIFA). The event features Conference roundtable sessions, presenting to federal partner agencies, Youth Career Fair exhibitions, assemblies, professional development, and networking with 4-H'ers from around the world. The Conference is at the **Hyatt Regency - Crystal City in Arlington, VA on April 19-24.**

*Check out this [video clip](#) of one of our Montana 4-H youth who attended National 4-H Conference last spring to learn more and why you should attend Conference 2024!

National 4-H Conference registration cost is \$920/youth delegate for double room occupancy which includes program activities and most meals. Note: Airfare and travel to/from airports and a couple meals are additional. Since our Montana Delegation will most likely need to arrive the day before, April 18, there will be one more night hotel cost in addition. I am waiting to hear back how much the additional night hotel will cost; last year the additional night was approximately \$240/delegate so the approximate total registration cost will be **~\$1160/delegate plus transportation.**

*The Montana Delegation of youth and chaperones will travel together departing from one of the larger MT airports.

*We will have an orientation for our Montana Delegation for everyone to meet each other and be well prepared prior to Conference!

Action: If you would like to join our Montana Delegation to attend National 4-H Conference 2024, 1. Please complete the **attached National 4-H Conference Registration Form** from USDA/NIFA and email your registration form to me, c.sommersaustin@montana.edu, by **January 31**. Please send a check with an initial portion of the registration cost of **\$500** written out to MSU Extension 4-H and Nat 4-H Conference on the memo line by **February 5** and mailed to:

Christine Sommers-Austin

MSU Extension, State 4-H Center

PO Box 173580 Bozeman, MT 59717

Cancellation Policy: No refunds once flights are purchased which is anticipated to be approximately mid-February and the remainder of the registration deposit and airfare cost will be requested soon after.

Please contact the Flathead County MSU Extension Office at 406-758-5553 for additional information.

Educational Opportunity: Free Virtual Pig Conference

We have come across a free virtual show pig conference for show pig families and the show pig community. See more info below:

- This event is held through RingCentral, a virtual online conference platform (think in person conference, only online).

The live conference is free! Individuals sign up for their free ticket, at www.showpigconference.com.

- The conference will feature over twenty speakers who are excited to help youth and their families learn and succeed. Attendees will be able to listen to mainstage speakers, breakout group sessions, enter virtual expo booths, and ask show pig experts the questions that they have always wanted answered. If individuals and families are unable to attend live, the organizers have options for them as well.
- This is hosted by an educator who has a passion for helping kids. He wants to help 4-H families across the country have success with their show pig projects.

Their Facebook page can be found at <https://www.facebook.com/profile.php?id=100074877937078>

Sentence Grants Available to 4-H Clubs

A mini-grant program available from Montana Farmers Union bolstered Montana 4-H club projects this past year, with applications now open for another \$10,000 in funding in 2024.

The process is simple to encourage clubs to apply by submitting a sentence about how they would use \$100.

Varied requests poured in last year for assistance with everything from barn tools to logo wear to healthier snacks to county fair requests to safety equipment to covering the costs of educational programs to funds to beautify communities to projects focused on aiding community members.

Grant recipients have the opportunity for an additional \$50 if they publicly thank MFU for the \$100 Sentence Grant. MFU offers the additional funds because an important part of receiving a grant is giving credit the funding organization. Publicly talking about the project is also an opportunity to share your work with the community.

MFU will continue the successful Sentence Grant program in 2024, with applications now open and another \$10,000 in funding available. Let your local 4-H club know about this project and have them contact our office or your local ambassador for an application so as many clubs as possible can take advantage of this opportunity. Clubs can connect with their local ambassador at <https://montanafarmersunion.com/education/scholarships-grants/>.

Upcoming Educational Classes:**LAND STEWARDSHIP SERIES**

The Land Stewardship Series will be offered this upcoming spring by Flathead County Extension, Flathead Conservation District, DNRC, Flathead County Weed Department and other educational partners. Topics will include forest health, living with wildlife, invasive weeds, living near water, soil health and pasture management. The series will consist of six courses taught by local natural resource professionals. Course dates and details will be coming soon!

For questions or to express interest, contact
Mackenzie Dey, MSU Agriculture and Natural Resource Agent
mackenzie.dey1@montana.edu
406-758-5554

**Pressure Gauge testing offered in the Flathead County Extension Office
1108 South Main Street Ste. 4**

Low acid foods such as vegetables, soup, stew and meat require a pressure canner to reach high enough temperatures to safely can and store low acid food. Pressure gauges should be tested at least once a year. Please contact Ashli Darrach at the Extension Office to schedule an appointment.

Below are links to research-based food preservation resources and recipes from Montana State University Extension:

Food Preservation Information:

<https://www.montana.edu/extension/nutrition/food-safety-preservation/>

Food Preservation Presentations:

https://www.montana.edu/extension/nutrition/food-safety-preservation/friday_food_preservation_presentation.html

ATTENTION 4-H LEADERS, PARENTS AND VOLUNTEERS

If you are a new 4-H Volunteer for the current 2023-2024 4-H year, in addition to registering on ZSuite and completing a background check, all volunteers are now required to complete the **Volunteer Orientation Training on ZSuite** before they will be considered a certified, **active volunteer**. Only certified, active volunteers are covered under Flathead County 4-H Liability Insurance. Also, if a volunteer fails to keep their 4-H volunteer status “active” every year, they will be required to complete all of the previously mentioned requirements, including the background check. Several of our volunteers are **not** active at this point. Please complete all requirements and pay your registration fees before September 30, 2024. Thank you!

The 4-H Volunteer Orientation Training is located on ZSuite under the [Clover Academy](#) tab.

Please note: Please call or visit the MSU Extension Office if you encounter challenges completing this training, we can help!

2024 Flathead County 4-H District Information *Updated info

Some county wide events and activities would not be possible without the time, effort and cooperation of Flathead County 4-H clubs in each district.

Please contact the other org leaders in your district to find out how you can help!

Thank you for your continued help!

Current 4-H year 2024 District Assignments:

District 1: Buyers Breakfast Help & Foods Fair

District 2: County Congress

District 3: County Fair Awards

District 4: Host the Buyers Breakfast

4-H Club Designations:

District 1: B&F Livestock, Trail Blazers, Montford Egan Eagles, Rowdy Ropers
Flathead Boondockers

District 2: Golden Spurs, Dandy Dudes & Dolls, Country Cousins, Glacier Stars, Glacier View,
Mountain Peak

District 3: Half Moon Highlanders, Swan River BB, Hilltop Riders, Rocky Mountain BR
Flathead Farmers

District 4: Grand View Supremes, LaSalle Boosters, Lakeview Livestock, Open Horizons,
A Bit of Difference, Smith Valley Booster

Glacier View 4-H Club Report:

Glacier View 4H finished off the year having so much fun together! We worked together to sell raffle tickets and wrapping presents at Murdoch's so that we can fund our club survival project for the year! Some members gave very interesting demos during our last meeting but the best part was sampling Winter Luau Food Fair ideas! Most of the foods were very sweet, except the bean dip. 2024 is going to be amazing for all the club activities planned.

Gideon Clark



Attention 4-H Club Reporters!!

Do you have a story you would like to feature in the Extension newsletter? We are going to feature a different club each month so get your keyboards ready and keep your ears and eyes open for some fabulous news to share with the Extension community.

****Please include the first and last name of everyone in the pictures.**

Please email your story to dacooper@flathead.mt.gov or ashli.darrach@montana.edu

Some article ideas:

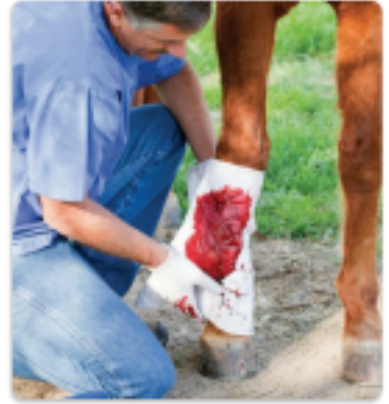
- Tell us about your club: history, milestones, exciting news.
- What has your 4-H club been up to?
- What 4-H activities have your members recently participated in?
- What kind of fun activities/community service have you done?
- Other topics: demonstrations, club goals, leadership development, and many more

We can't wait to see what is going on in your 4-H Club!

Flathead County 4-H Biathlon Ski and Air-Rifle Project:



Backcountry Horse Emergency Seminar



**Saturday, Feb. 24
1:00pm**

**Arts & Tech Building,
Room 139, FVCC**

Presentations by: US Forest Service,
Flathead County Sheriff's Dept.,
La Salle Equine Clinic, Rebecca Farm,
Back Country Horseman, Search &
Rescue, and others

**Free to one and all. Be more prepared
the next time you hit the trails!**

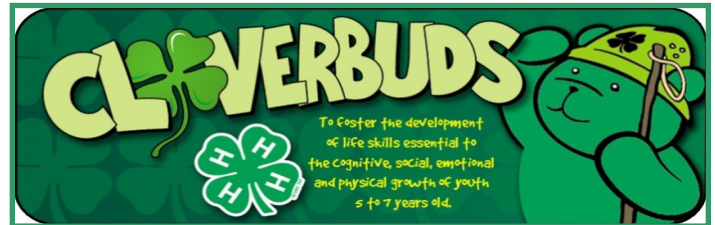


Reminder: All shooting sports parents or guardians are required to volunteer at least two hours per shooting sports season. Please sign up to assist with shooter check-in, target filing, help run the Club Match (24 Feb 2024), or at the Northwest Montana Fair in August 2024.

If you have any questions, please contact Kristi Davis via text at 406-253-4303.

Cloverbud Activity Days!!!

**Saturday February 17 at 10am
in Sykes Restaurant Basement.**



Please don't park in the parking lot. Parking available on nearby streets. Thank you!

For questions or more information, please call Kadin Simon at 406-890-9798.

4-H Small Animal Project Information

All small animal project youth are required to attend one clinic in the 23/24 year to be eligible for participation in the small animal barn at fair. 4-H members may take the Rabbit or Poultry Market Project in addition to a Large Market Project.

Important Deadline: Market Project Members must be enrolled in zSuite project, paid, and have the commitment form signed and turned into the MSU Extension Office by February 1st.

Clinic dates:

****Small Animal Committee Mtg after the clinics**

- **April 26th at 5:30pm**—Livestock Quality Assurance (LQA) under the grandstands at the fairgrounds. Topics: meat pens, animal husbandry, debugging, deworming, and animal identification.
- **July 9th at 5pm**- Barn clean up, health checks and fair prep followed by ice cream and clinics. Clinics will be about prepping yourself and your small animal projects for fair: Debugging birds and rabbits, Registering tips for fair through the portal, and drug withdrawal on market projects.

Contact: Flathead 4-H Small Animal Project
KelleySue Bain at kelleysuebain@gmail.com
Ashley Ball at montanaskyranch@yahoo.com



Dog Project

Meets weekly on Tuesday from 7-8pm at the Fairgrounds (exact location TBD, likely Expo Bldg or Country Kitchen).

Participation Requirements:

- Complete a Dog Identification Form (provided at first class)
- Provide proof of current rabies, bordetella and DAPP vaccines.
(All dogs will need to be current on vaccines)
- Youth must be registered in the Dog Project on ZSuite for the current 23-24 4-H year in order to participate.



Follow us on Facebook: Flathead 4-H Dog Project <https://www.facebook.com/groups/804856783927485>

Questions contact Lesley Fix at lesley.fix@gmail.com or (406) 314-3212.



Horse Project Information



Members will need to attend **two** clinics to show at fair. Horse Committee is also requiring **record books be checked off by August 1st** like the Livestock members. Intent is to put more emphasis on the records throughout the year. These are a great life skill for the kids to know.

Upcoming Meetings and Clinics:

February 25th: Meet and Greet at 3pm in the Country Kitchen at the fairgrounds. Learn about the horse Projects, fill out forms, get questions answered, tack, door prizes, food

February 25th: Got Game/Horse Clinic from 3-5pm in the Country Kitchen at the fairgrounds. Learn about Horsemanship and how that reflects riding games and your overall communication with your horse. All horse project kids welcome.

February 25th: Horse Committee Meeting at 5pm in the Country Kitchen at the fairgrounds. Members and parents welcome, talk about the projects and be involved in decision making

March 12th: Lasalle Equine Clinic in the evening: Bit of Difference 4-H clinic put on by Lasalle Equine Clinic: Gastrosocopy, endoscopy, and the dynamic scope - ulcers, asthma, upper airway conditions choke

Horse Committee has a Facebook page: Flathead County 4-H Horse Project & a 4-H Horse project remind page if you have the "Remind App".

4-H Trail & Packing

2024 Schedule is as follows:

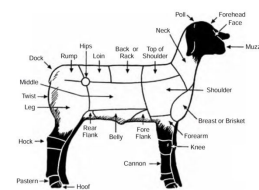
February 10,2024	Clinic II – Country Kitchen
March 16,2024	Clinic III – Badrock Arena
April 20,2024	Clinic IV – Badrock Arena
May18, 2024	Campout – Swisher Lake Trailhead



If you have any questions contact Rick Mathies at 406-752-2209 or ramathies@centurytel.net .

Market Sheep Project

Sheep Committee Mtg February 19th at 6pm in the 4H Building at the fairgrounds, focused on planning the LQA and upcoming clinics



*Attention clubs with a market sheep project: please send one adult and one youth representative to the Sheep Committee Meeting to help keep your project members informed.

Please like and follow the Flathead County Sheep Committee Facebook page to stay current on upcoming meetings, required and optional training events and other things to know about the sheep project. And join us in congratulating Melanie Hayek for winning our Facebook promotion - a sheep starter kit.

Please reach out to the sheep committee if you have any questions:
Inga Lake - 406-261-3807 or Kim Morrison - 406-314-3732

Market Beef Project

Important Dates:

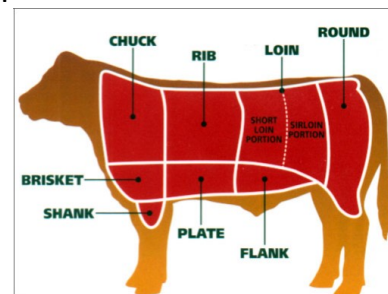
Next clinic is February 29th at 6:30pm in the Expo Bldg. at the fairgrounds - Digestive System Hands on opportunity with professional vet experienced teaching. Come explore anatomy, function and purpose as we explore real bovine digestive and the reproductive tracts. Whether you are feeding or breeding cattle; come join us. (NOTE: we will be using ethically/professionally harvested organs.) Please RSVP to Ginger May at gmpeterbilt@gmail.com or text/call at 406-253-8550 if you are planning to attend.

Clinics:

February 29th at 6:30pm in the Expo Bldg. at the fairgrounds - Digestive System

Please contact:

Ginger May at 406-253-8550 (call or text) or gmpeterbilt@gmail.com



Market Hog Project

Hog Committee Announcements

- Next Hog Committee meeting is Feb. 7th, 6pm, Fairgrounds Country Kitchen

Clinic dates:

- Jan 10th, 6pm Leader/Parent Clinic - Fairgrounds Country Kitchen
- February 21st, 6pm Livestock judging/Selection - Fairgrounds Country Kitchen
- March 6th, 6pm - Fairgrounds Grandstand building - Hog Livestock Quality Assurance (LQA)
(required for new hog members, current members moving to senior level
and under / overweight hogs from fair 2023)
- April 30th, 6pm Hog weigh/tag
- May 22nd, 6pm Presentation on pork yield clinic - Fairgrounds Country Kitchen including Heidi from Northwest feeds and Sullivan trailer will be on site
- June 19th, 6pm Live Clinic #1 - Fairgrounds Mild Fence Arena
- July 13th, 9am Live Clinic #2 - Fairgrounds Mild Fence Arena / Fairgrounds Trade Center

****One clinic is required for ALL hog kids. If you are required to attend the LQA you must also attend one additional clinic **** Please reach out if you are unsure if your child needs the LQA this year.

Please check our FB page for regular updates and information. Flathead County Hog Committee. Hope to see you there!

If you have any questions, contact the Hog Committee:

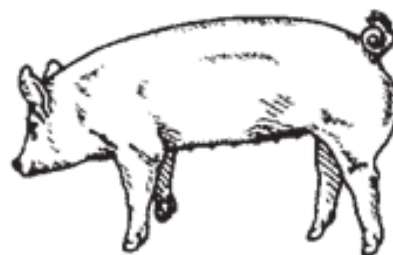
Chair, Mary Davidson (406)407-3588 or med1229@gmail.com

Vice Chair, Paul Wirth

Clinic Chair, Rose McIntyre

Member Outreach, Leslie Hawbaker

Michelle Baker: (406) 253-7023 or mbaker@montana.edu





Montana State Indoor
ARCHERY
Shoot
& Northwest Sectionals
Feb 24 & Feb 25, 2024

Hosted by: Montana Northwest Archers
 Location: Flathead County Fairgrounds • 265 North Meridian Rd Kallispell, MT 59901
Our shoot is the same weekend as the Sportsman Show.

Banquet Info: Will be held in the same building. Dinner at 6:30pm.
 Must be signed up for it during registration. Prices: Adults: \$25.00 Kids 12 & under \$23.50.

Questions: Kathy: 1girlbowhunter@gmail.com • Brad: Bowscore: tlrnc@icloud.com 928-308-8093

Practice round Friday Feb. 23rd 3 - 6 Pm. \$5.00
 Saturday Feb. 24th 8:30 11:30 2:30
 Sunday Feb. 25th. 9:00 am • The Championship Line at 12:00 Noon

*The shoot is a 2-day shoot with a NFAA round each day.
 You shoot 60 arrows a day at 20 yards. Target Face is a Five spot or a One Spot.
 This shoot is also held in conjunction with NFAA NW Sectionals.*

We have a Money Class, Pro class, Bowhunter Class, Freestyle, Traditional, Recurve for Adults & Kids. We have a guest division for nonmembers.

Hotels: Hampton Inn 406-755-7900 rooms are blocked & discounted for the shoot
 Hilton garden Inn :406-756-4500

EVERYONE IS WELCOME!

Remember to put these 2 other State Shoots on your Calendar!!!

Montana State Target, Outdoor June 1st & 2nd 2024
Held in Bozeman • Montana State Field Shoot
June 29th & 30th 2024 held in Butte,
Sign up on Bowscore for all 3 State Shoots!!
Montanaarcheryassociation.com

Thank you to our Sponsors & Vendors:
 • The Party Store • 406 BBQ • Army Navy
 • Flaming Arrow Archery • Halfmoon Highlanders 4h Club
 • WBC Whitefish • Whitefish Liquor Store
 • Lauria Racing • Mountain Archery Fest
 Flathead Valley Archery Club: 1 Youth will have the opportunity to win an archery youth hunt at the MBEF Property. 3d shoot on August 10th & 11th
Contact club for more info 406-212-5090

Need **4-H Project Manuals** and you can't get to the Extension Office? No worries, go to <https://store.msuextension.org/Departments/4-H-Materials.aspx> and search for the 4-H project manuals you need.



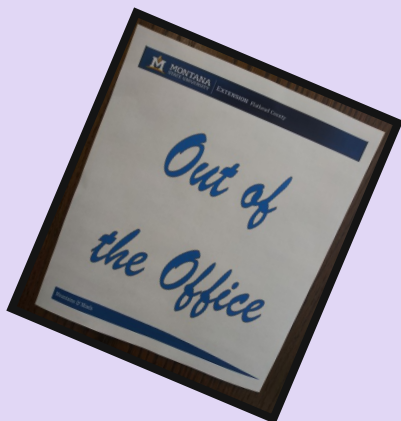
MONTANA
STATE UNIVERSITY

EXTENSION

REMINDER

The Office Administrator goes to lunch every day from 1-2pm, many times the Extension office door is locked during that time. She also

has occasional meetings and errand for the county. If you need special accommodations or a guaranteed meeting with someone, please feel free to call ahead and make an appointment.



Just a gentle reminder...

If the Extension Office doesn't have a club meeting or event on written record in the office the meeting or event will not be covered under the 4-H insurance. Please let the Extension office know the date, time, location, what the event is, or if it is a meeting before the 4-H event, meeting, or activity. You can use the Event, Activity and Fundraising Form if you like so you don't forget anything or you can send the Extension office an email. If your group is doing a fundraiser, of any type, you must submit a Fundraiser Form to the Extension office to be put in your club file. We often get questions from community members about various fundraisers.



MONTANA 4-H MERCHANDISE

Browse the new Montana 4-H merchandise at the MSU Extension Store and paint our state green with 4-H T-shirts, mugs, buttons, and stickers! Start shopping at the [4-H Mall!](#)

Dear Flathead 4-H members, leaders & families:

The MSU Extension Flathead County Office will be closed February 19. In addition, the office may be periodically closed for meetings or to run errands. If you need to speak with us personally, please call for an appointment time. Please leave paperwork in basket or leave in mailbox on front of building for confidential information. Our schedule is subject to change at anytime. When requesting tasks, please be courteous and allow 7-10 business days to complete requests.

Thank you,

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Harvest of the Month Recipe



Jeanne's Lentil Soup

Source: Edward Christensen, Missoula County Public Schools

Servings

6

Ingredients

- 1 1/3 cups dry lentils, *rinsed and checked for stones*
- 3 cups chicken stock
- 1 1/2 cups water
- 1 celery stalk, *sliced 1/2 -inch thick*
- 1 carrot, *sliced*
- 1/2 onion, *diced*
- 1 garlic clove, *minced*
- 1 bay leaf
- 3/4 lb ham



Preparation

1. Bring water to a boil. Cook lentils in twice as much water as lentils. Strain and set aside.
2. Sauté celery, onions, and carrots until tender.
3. Add ham and garlic and sauté for one minute.
4. Add lentils and remaining ingredients to stew pot and cook for 2 hours.

Did You Know?

Montana is the top producer of lentils in the United States, producing almost 40% of lentils grown in this country!

Dig Deeper

For information recipes, lessons, resources, guides, and more, visit:
mtharvestofthemoth.org



MSU Extension—Flathead County

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Mackenzie Dey

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Web: <https://www.montana.edu/extension/flathead>

Calendar: <https://www.montana.edu/flathead/calendar.html>

Find us on Facebook at [Flathead4H](https://www.facebook.com/Flathead4H)

State Web Sites:

www.montana.edu/extension

www.montana.edu/extension/4h

Office Hours

Mon-Thurs 8am-5pm, Fri 8am-4:30pm,
Closed 1-2pm for lunch

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