# NATIVE CONNECTIONS AT FORT BELKNAP

ORTBELKNAP WILLIA NAKODA NATION

Serving Lodgepole, Hays, Dodson, Harlem Areas

DR. JUNE ELLESTAD, PHD PROJECT MANAGER

### HANNAH HAS EAGLE JEREMY RICHEY





#### Native Connections

- A program that helps American Indian and Alaska Native communities identify and address the behavioral health needs of Native youth.
- The Native Connections grant program supports grantees in:
  - Reducing suicidal behavior and substance use among Native youth up to age 24
  - Easing the impacts of substance use, mental illness, and trauma in tribal communities
  - Supporting youth as they transition into adulthood



- A SAMHSA funded project
- Aims to plan and implement culturally competent activities
- Substance abuse and suicide prevention awareness
- Trauma reduction and mental health promotion services directed toward Native American Youth



How long has it been implemented and how is it implemented?

What is the effectiveness of the program? (successes, challenges) Is it considered evidencebased? What is the cost of this programming?

## IMPLEMENTATI ON...





#### TALKING CIRCLES...

#### NATIVE CONNECTIONS



THURSDAY EVENING TALKING STICK March 3,2022 ID: 860-4962-2037

password: 230583

ZOOM ZOOM

6PM

JOIN IN / VISIT OR JUST LISTEN / SHARE YOUR STORY

#### SEASONAL EVENTS ....





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#### HEALTHY LIVING ...

NATIVE CONNECTIONS

#### FAMILY HEALTHY SNACK ON ZOOM FEBRUARY 8,2022

@ 6PM ID: 884-8781-3575 PASSWORD: 812793

#### BUILDING CAESAR CHICKEN WRAPS

CONTACT HANNAH 390-0140 JEREMY 390-4153

## SOCIAL OPPORTUNITIES...



### SUICIDE PREVENTION....

You are invited to a prevention workshop.

#### Wednesday, July 21, 8:30 – 12:30 RED WHIP GYM

#### Recognizing & Responding to Signs of Risk

Presented by the Western Interstate Commission of Higher Education on behalf of Fort Belknap Tribal Health.

Questions call or email: Dr. June Ellestad June. Ellestad @ftbelknap.org 406.207.6111





Western Interstate Commission for Higher Education Behavioral Health Program



#### YOUTH LEADERSHIP ....







## **PARTNERSHIPS...**

### FORT BELKNAP COMMUNITY COUNCIL TAWAHE

NAKODA AAAHNIIIH ECONOMIC DEVELOPMENT CORP. NAKODA AAAHNIIIH CREDIT DEPARTMENT FORT BELKNAP TERO FORT BELKNAP CASINO

## SUCCESSES AND CHALLENGES...

### ADAPTING TO THE PANDEMIC

- Zoom Workshops
- Virtual Talking Circle
- Motivational Monday On FaceBook page
- As the pandemic led up and We then started to adapt back to meeting in person
- Belt making workshops
- Cultural activities in the school

## EVIDENCED-BASED?

## SEEING BOTH SIDES OF THE PANDEMIC VIRTUAL IN PERSON FACEBOOK ACTIVITIES WERE VERY SUCCESSFUL

MENTAL HEALTH

