

# need help?

## SANDERS COUNTY GUIDE TO BEHAVIORAL HEALTH, RESOURCES & RELATED SERVICES

### Mental Health Providers

**Western Montana Mental Health Center (WMMHC)**  
*Mental Health & Substance Abuse*, Thompson Falls, Plains, 406-532-9190

**Raoul Ribeiro, LCSW**  
Thompson Falls, 827-0345

**Lana Dicken, LCSW**  
Plains, 406-529-4179

**Hayley Allen-Blakney, LCSW**  
Thompson Falls & Plains  
406-396-2267

**Christine Magdalene, LCPC**  
Thompson Falls  
406-531-3567

**Leta Livoti, Ph.D., LCSW, LCPC**  
Thompson Falls, 827-0700

**Tammy Alexander, LCPC**  
Thompson Falls  
717-940-0709

**Woodland Addictions Counseling**  
Thompson Falls  
406-827-7505

**Chris Wagner, LCSW**  
Plains & Hot Springs  
406-546-3903

**CFVH Behavioral Health**  
Kate Whipple-Kilmer, PsyD  
Diana Reetz-Stacey, LCSW  
Thompson Falls, 827-4442  
Plains, 826-4810  
Hot Springs, 741-3602

### Health Services

**Sanders County Public Health & Women, Infants & Children (WIC)**  
406-827-6931, 1111 Main St., Thompson Falls

**Clark Fork Valley Hospital**  
406-826-4800, [www.cfvh.org](http://www.cfvh.org), 10 Kruger Road, Plains

**Plains Family Medicine Network**  
406-826-4810, 10 Kruger Road, Plains

**Thompson Falls Family Medicine**  
406-827-4442, 120 Pond St., Thompson Falls

**Hot Springs Family Medicine**  
406-741-3602, 209 Main St., Hot Springs

**Main Street Medical**  
406-827-4307, 907 W. Main St., Thompson Falls

**Cabinet Peaks Clinic at Bull River**  
406-847-7325, [www.cabinetpeaks.org](http://www.cabinetpeaks.org), 1029 MT Hwy 200, Noxon

**Sanders County Tobacco Prevention Program**  
406-827-6901, 1111 Main St., Rm. 102, Thompson Falls

### Law Enforcement

**In case of emergency, dial 9-1-1**  
Montana Highway Patrol - 406-531-3612  
Sanders County Sheriff's Office - 406-827-3584  
Hot Springs Police Department - 406-741-3314  
Plains Police Department - 406-826-5990  
Thompson Falls Police Department - 406-827-3557 ext. 225  
United States Forest Service  
Cabinet: 406-827-3533 — Thompson Falls/Plains: 406-826-3821  
Fish, Wildlife, & Parks - 406-382-3031

## Hotlines

**Local Mental Health Crisis Team (24-hr) - 406-532-9190**

**MT Suicide Prevention Life Line**  
1-800-273-TALK (8255) or text HELLO to 741741  
suicidepreventionlifeline.org

**Montana Crisis Text Line**  
Text MT to 741741

**Montana Crisis Recovery**  
COVID-19 support  
1-877-503-0833,  
10 a.m. - 10 p.m. daily  
montanacrisisrecovery.com

**MT Mental Health Warmline**  
1-877-688-3377  
montanawarmline.org

**Alcoholics Anonymous Hotline**  
1-833-800-8553  
aa-montana.org

**All Nations Health Center**  
406-829-9515  
www.allnations.health

**Youth Lifeline (ages 10-24)**  
suicidepreventionlifeline.org/  
help-yourself/youth/

**Veterans Support**  
1-800-273-8255

**National Alliance on Mental Illness**  
406-880-1013  
namimissoula.org

**American Foundation for Suicide Prevention**  
406-531-4728  
facebook.com/afspMontana  
**Western Montana Community Center (LGBTQ Support)**  
406-543-2224  
www.gaymontana.org

**Domestic Violence Hotline**  
1-800-799-7233 or text SUPPORT to 741741

**Self-Harm Hotline**  
1-800-366-8288 or text CONNECT to 741741

**Bullying Hotline**  
1-800-420-1479 or text HOME to 741741

**Sexual Assault Hotline**  
1-800-656-4673 or text HOME to 741741

**Pregnancy, Infant and Child Loss Hotline**  
1-800-944-4773 or text HELLO to 741741

**Grief Hotline**  
1-800-445-4808 or text CARE to 839863

**Mental Health Hotline**  
1-800-950-6264 or text NAMI to 741741

## Public Schools - Student Counseling Services

**In case of emergency, dial 9-1-1**

**Dixon (K-8):** 406-246-3566 - www.dixonschool.org

**Hot Springs (K-12):** 406-741-2962 - www.hssdmt.org

**Noxon (K-12):** 406-847-2442 - www.noxonschools.com

**Plains (K-12):** 406-826-8600 - www.plainsschools.net

**Thompson Falls (K-12):** 406-827-3592 (elementary),  
406-827-3593 (junior high), 406-827-3561  
www.thompsonfalls.net

**Trout Creek (K-8):** 406-827-3629 - www.troutcreekeagles.com

**ParentingMontana.org** — Tools for your child's success

