C. Graduate Student Mentoring Map*

### Academic
- **Advising**: Individuals who provide guidance on course selection, degree and program requirements, and milestones
- **Research/Scholarship Guidance and Support**: Individuals who support and guide research and scholarship activities (advisor, graduate committee, other faculty, lab members, etc.)
- **Substantive Feedback**: Individuals who provide feedback that advances work in a meaningful way such as feedback on written drafts, oral presentations, etc.
- **Access to Opportunities**: Individuals who provide connections to internal and external opportunities such as teaching, fellowships, additional professional development experiences, internships, etc.

### Professional
- **Intellectual Community**: Individuals who promote intellectual growth and creativity through the open exchange of ideas both inside and outside of your department (peers, faculty, etc.)
- **Sponsorship**: Individuals who provide direct connections to opportunities (e.g., job interviews, speaking engagements) using their influence and networks
- **Career Guidance**: Individuals who support job planning and preparation which can include career exploration, job application materials review, interview preparation
- **Public Engagement and Outreach**: Individuals who identify and encourage participation in volunteer opportunities that have impact beyond the university such as lectures to broader public, diversity, equity, and inclusion, etc.

### Well-Being
- **Role Models**: Individuals whose behavior, example, or success you want to emulate
- **Personal and Emotional Support**: Individuals who help you thrive while fully experiencing the diverse range of human emotions, experiences, and vulnerabilities
  - **Friends**
  - **Family**
  - **Other**: Individuals/groups/organizations that are supportive of your mental and physical well-being

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*Adapted from University of Michigan and the National Center for Faculty Development and Diversity Mentoring Map*