

Think About it! Portfolios that Utilize Metacognitive Activities



## Background

I conducted my capstone project at A. P. Giannini Middle School in the Sunset District of San Francisco, California. I chose my topic after observing a large achievement gap between high-performing students and low-performing students. I believe recent studies on the importance of cognition and metacognition are at the heart of the achievement gap. Acquisition of skills enabling students to learn content-rich subjects, such as science, are necessary in a competitive test-driven academic environment. Teachers, students, and parents will benefit from the teaching and learning techniques demonstrated by my project.

# **Research Questions**

**Focus Question** 

## **Data Collection/Analysis Methods**

Research QuestionsData SourceData SourceData Source

What is the effect of portfolio assessments that utilize metacognitive activities on student understanding of seventh grade science concepts?

#### **Sub- Questions**

- What are the effects of using portfolio assessment on students' science literacy?
- 2. What are the effects of
  using portfolio assessments
  on general education and
  English language learner
  students?
- 3. What are the effects of portfolio assessments on student attitudes and motivation?
- 4. What are the effects of portfolio assessments on

	1	2	3
Focus Question	Interviews with concept mapping	Pre and post treatment assessments	Student science survey
Subquestion 1	Pre and post treatment writing	Reflective journals	Writing samples from portfolios
Subquestion 2	Student attitude survey	Classroom observations	Student science survey
Subquestion 3	Interviews with concept mapping	Pre and post treatment assessments	Teacher Journals
Subquestion 4	Classroom observations	Colleague interviews	Teacher journals

# Treatment

The study began with a nontreatment unit on light. During the nontreatment, a quiz and multiple-choice end-of-unit test were used to assess student understanding. Two mini-units on the microscope and cell biology and a unit on genetics were used as the treatment units. During these units, students used metacognitive activities, such as concept mapping, graphic organizers, class blogs, conferencing, portfolio entries, and portfolio cover pages, to aid in their understanding of the concepts.

	IOI ELL, Regulai, al	πα πυ	DO(S, T) = 10	
600				I
<b>b</b> 500	[			
004 Up				□ Honors

Percent Change Pre and Postassessment

Percentage Change in Preassessment to Postassessment, Regular/ELL (n = 32) and Honors (n = 31)

Unit	Class	Pre (%)	Post (%)	Percentage Change





# Results

This study shows that metacognitive activities increased student understanding of seventh grade science concepts. Student attitudes and motivation increased in important areas such as enjoying school, ability to work independently, and reaching potential. Through the use of portfolios, I was able to assess my teaching techniques enabling me to review and reinforce areas of confusion. By looking at the improvement levels of ELL compared to general education and honors students, I was able to find evidence of closing the achievement gap.



**Bonnie E. Daley** 

A. P. Giannini Middle School San Francisco, California

