

1. Farm to School in Hardin
School District

2. Local Producer
Connections

3. Growing for Good
(sustainability)

4. Purchasing

Presentation Roadmap

Farm to School

Introduction



Elle Ross, Farm to School Director

What is Farm to School ?

CORE ELEMENTS OF **FARM to SCHOOL**



Education, School Gardens, Procurement

Local foods are purchased, promoted and served in the cafeteria or as a snack or taste-test. Students are engaged in hands-on learning through gardening; and participate in education activities related to agriculture, food, health, or nutrition.

CLASSROOM, CAFETERIA, COMMUNITY

Hardin School District

Farm to School

Cultivating farm to school throughout
classroom, cafeteria, community

Building relationship between students and
community to the land and food

Our goal is to partner with local entities
and individuals to *empower students in*
learning about traditional foods,
preparation, storage, and ceremony



<https://www.youtube.com/watch?v=J5ReYp1NHU0>



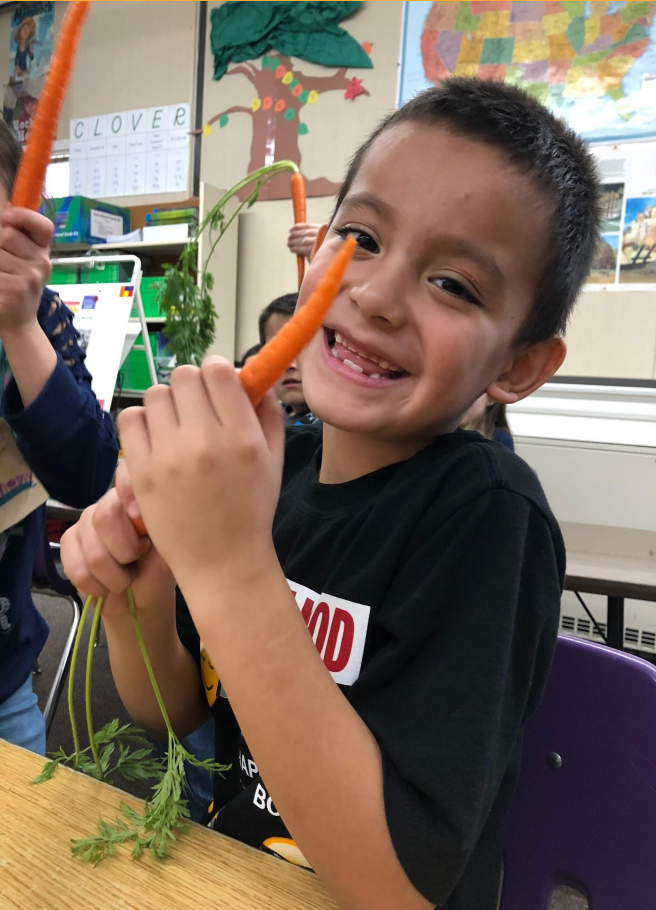
Monthly Newsletter: March 2023

Project Highlight: Seed Change in Native Communities with
Farm to School



National Farm to School Network Highlight

Hands-on learning

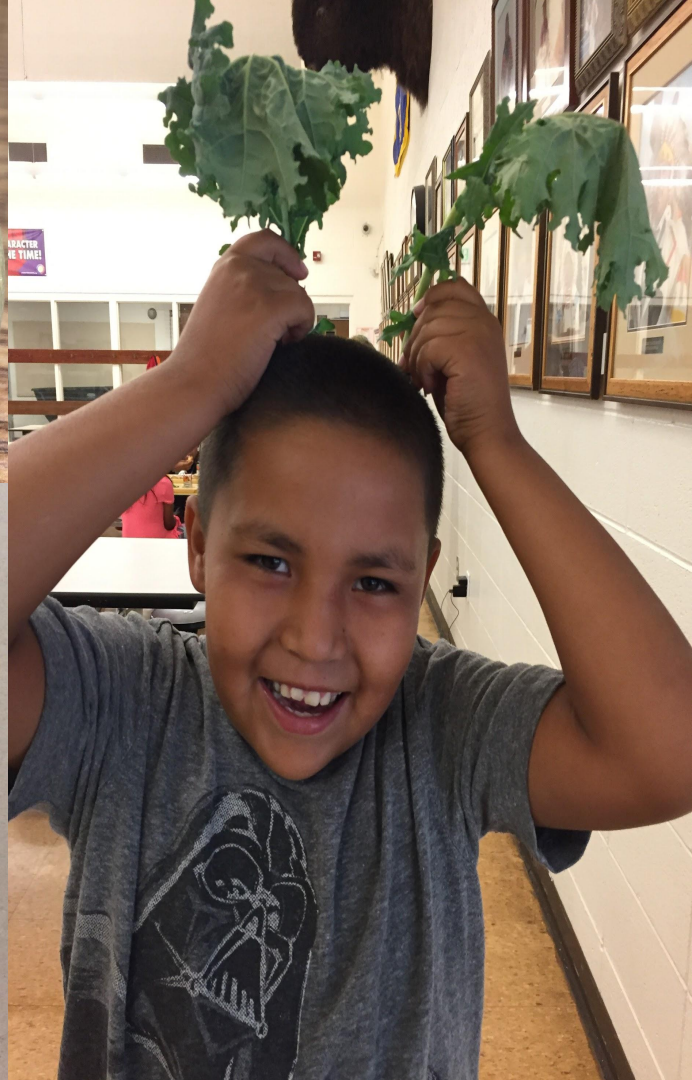




Cooking in the classroom



**Featuring
Harvest of the Month
Recipes**



Community knows best

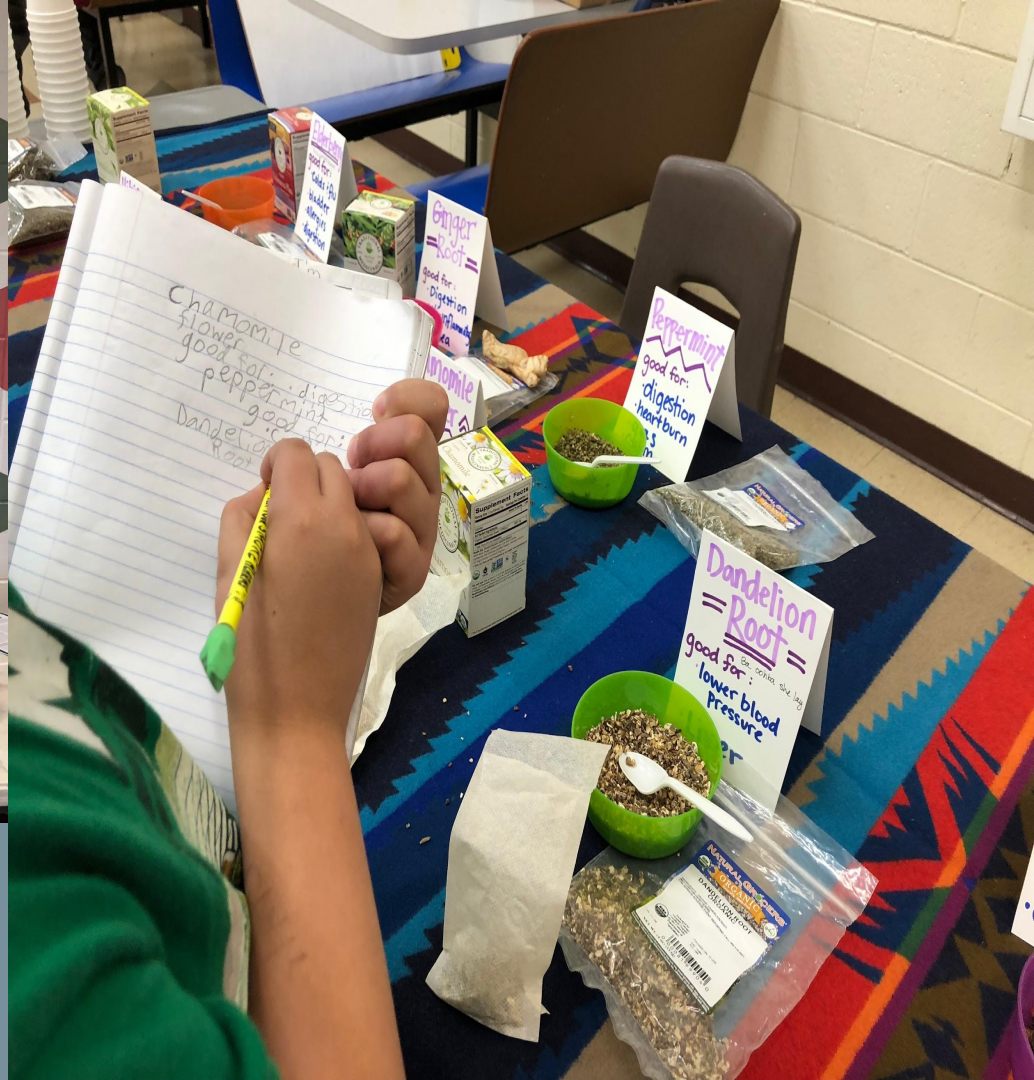
Alma McCormick, Executive Director of Messengers for Health (and granddaughter Myla) help lead a taste test during the biggest basketball game of the season





CommuniTEA taste tests

Starting the conversation around traditional foods, plant parts we eat and food as medicine





FOOD IS OUR MEDICINE

Huckleberry helps us to live a long and vibrant life. The deep blue, purple or red berries are medicine for our bodies and the world to garden the bread of the earth. Drink huckleberry tea for better blood water and enhance our health. Choose wisely.

PROTECT WHAT YOU LOVE

Wild Rose helps us remember what is precious and to keep it safe from harm. The roses and the flowers provide irrigation, heal wounds and add vibrancy. The roses and the flowers help us become more like the roses which are the most beautiful and vibrant. Vitamin C that protects us from illness.

WATER IS LIFE

Water is our most important drink. Our bodies are made of 60-70% water. Water helps the body to regulate temperature and maintain the body's pH level. Water is the most important drink. Water is the most important drink. Water is the most important drink.

TASTE THE SEASON

Wild Strawberries remind us to embrace and enjoy the moment. These berries might be small but their taste is big. Try them in food and drink. Pick them in fields and forests during the months of summer. Try making flavored water. Add some to your water bottle.

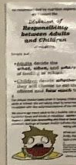
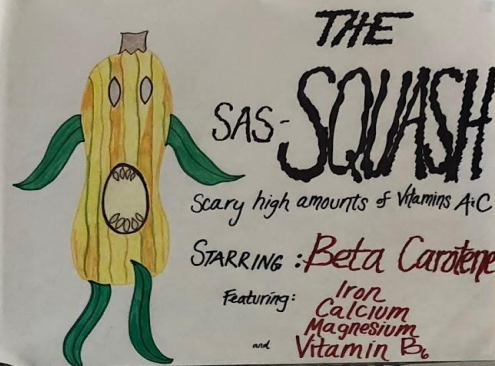
Incorporating traditional foods

Check Out our

Winter Squash



Harvest Month



HARDIN HOMEGROWN
ROASTED

BUTTERCUP
SQUASH

BUTTERNUT
SQUASH



Taste Test Results

25	tried it
7	Liked it
89	Loved it

RECIPE: Roasted Honey Cinnamon Squash

Cut squash in half. Scoop out seeds. Poke squash skin and insides with a fork several times. Quarter squash. Put butter and 1/2 teaspoon of honey on each piece. Sprinkle with cinnamon to taste. Rub into squash. Bake at 350F for 40 minutes.

WINTER SQUASH

VARIETIES



Taste tests in the cafeteria with locally grown produce

Living Root Farm



Greenwood Farm





Farmer in the cafeteria visits



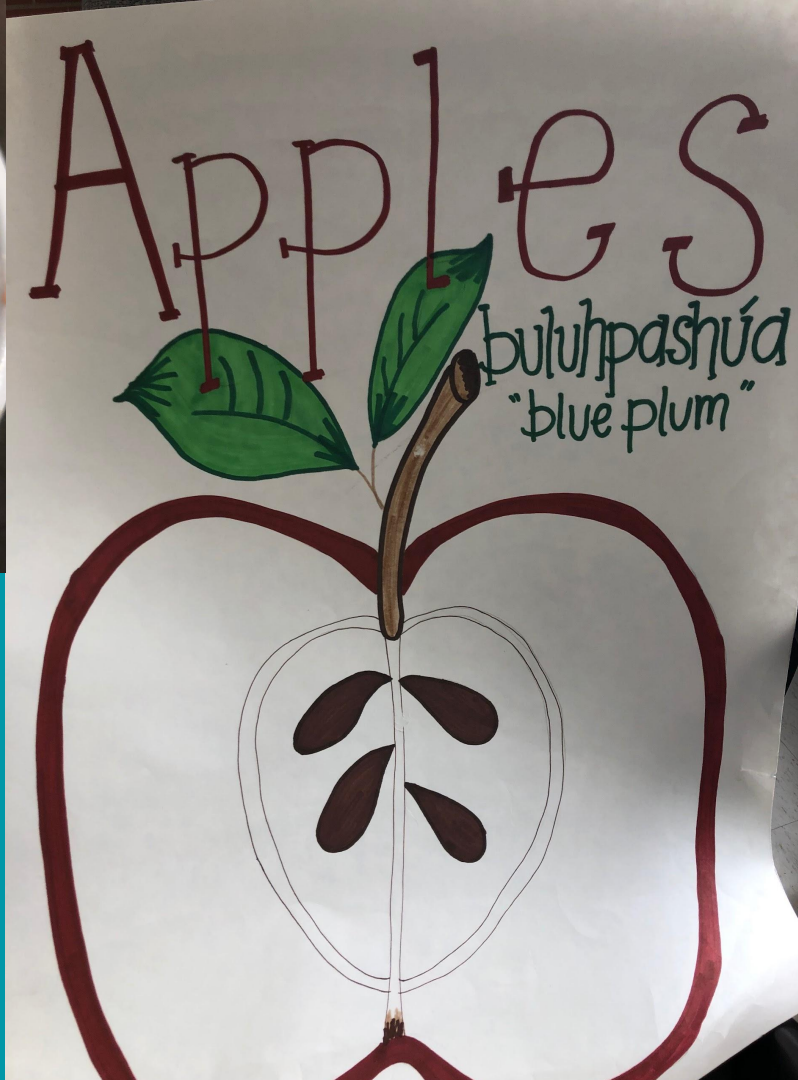
Students harvest fresh from the garden at
Little Big Horn College



community

is

food



Traditional
Foods

Incorporating
Language

Recipes & Food
Preparation
Techniques



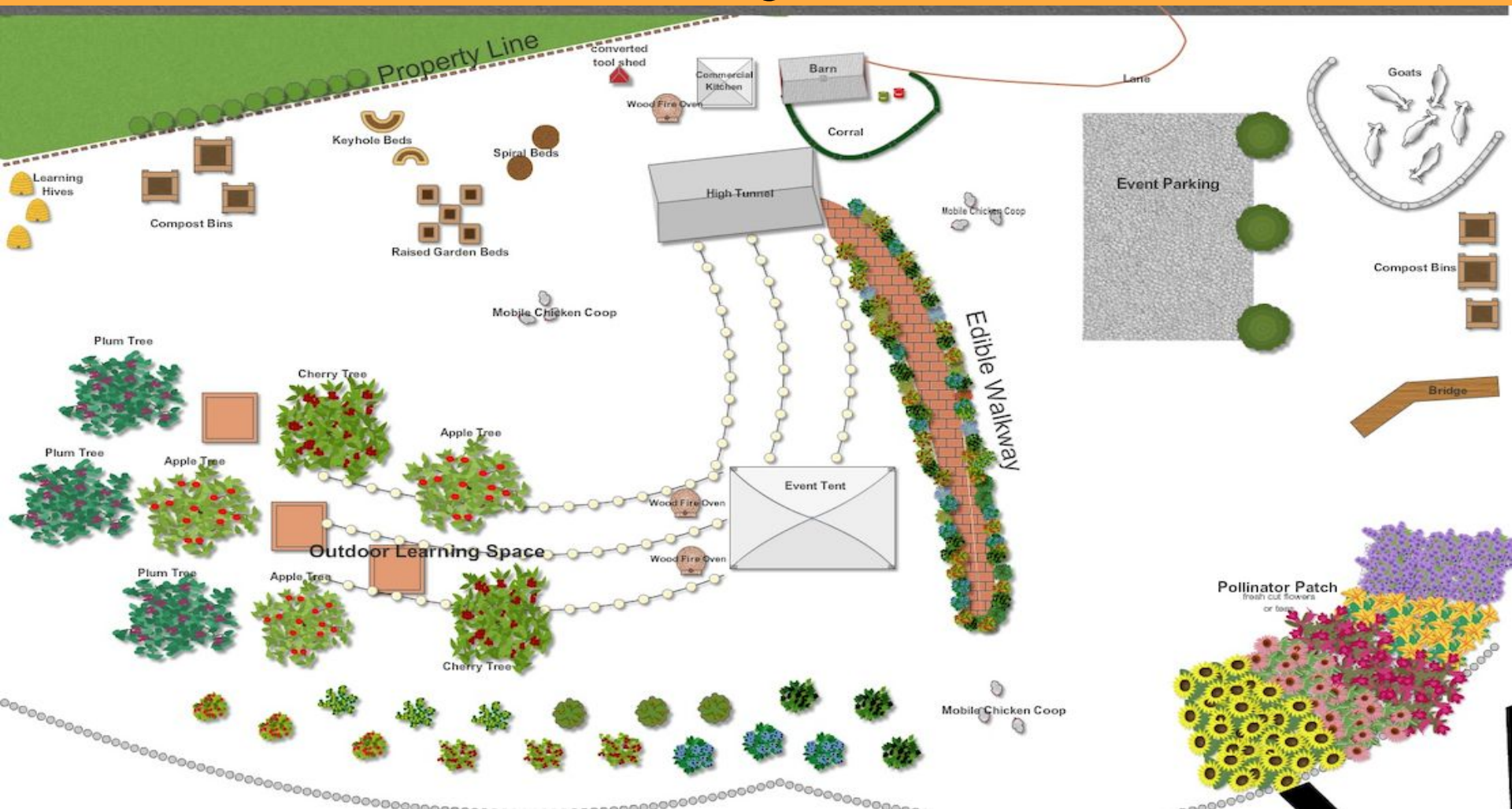
Hardin High School Greenhouse





High Tunnel

FFAarm Design Possibilities



Video: HSD
awarded Chef Ann
Get Schools
Cooking