

Bringing the Farm to School

# Welcome

Session 4



### **Photo Release**

# https://bit.ly/mtnrelease



### Introductions

- —Introduce Yourself
- —Pick 1 to answer:
  - Why are you interested in selling to schools and/or the farm to school model?
  - What do you foresee as the greatest benefit of farm to school for your business?
  - Identify a question you are hoping to get answered today.



Gardiner School District's School Nutrition Program Staff Credit: Montana Team Nutrition Program



Bringing the Farm to School

# **Growing for Schools**

Module 4



### Learning Objectives

- Assess your capacity for selling to schools.
- Further explore price points for selling to schools.
- Understand the infrastructure, planning, and food safety requirements that are needed to move product into a school market.
- Learn best practices for planning to move your product from field to schools.



# **From Goals to Planning**

- Factors that affect how a product fits into the school menu
  - -Market channel
  - —School needs
  - -Adaptation based on price point
- Review of the marketing channels in selling to schools
  - —Direct to school
  - —Food hubs and aggregators
  - —Large distributors

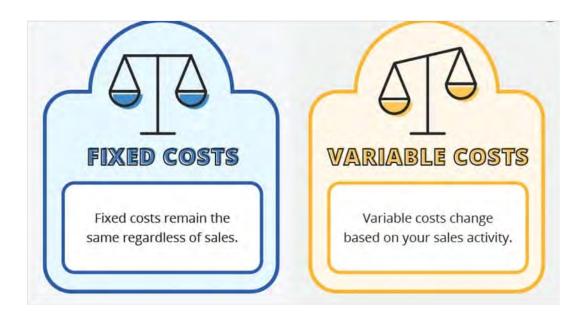


Photo: National Farm to School Network

### **Price: Understanding Your Breakeven Price Point**

What are some examples of fixed costs?

What are some examples of variable costs?



### **Tools for Cost Calculation**

+					
-	Enter your input values in shaded cells.				
-	Assumptions:				
T	100' x 4' bed and 70 beds per acre				
Ì	Land cost is \$219/ac				
				1.0 - 1.1	
		Quantity	Unit	\$/Unit	Total
	Receipts				
	Carrot sales	150	lbs	\$1.50	\$225.00
	Total Receipts				\$225.00
	Planting Year Costs				
	Supplies				
	Seed - cover crop	0.75	lbs	\$0.75	\$0.56
-	Seed	6,000	seeds	\$0.002	12.00
	Fertilization	10	lbs	\$0.35	3.50
+	Other	0	lbs	\$0.00	0.00
	Labor Costs		1.00	A	
	Pre-plant	0.75	hrs	\$14.75	11.06
	Plant/transplant	0.20	hrs	\$14.75	2.95
	Weed/pest management	2.00	hrs	\$14.75	29.50
+	Other	0	hrs	\$14.75	0.00
	Interest on pre-harvest costs (6 months)	\$59.58	dollars	5.8%	1.73
	Total Pre-Harvest Costs				\$61.30

### **Return on Investment**

Photo: National Center for Appropriate Technology



Photo: VT Agency of Agriculture

# **Applied Activity** –

### **Enterprise and Return-on-Investment-Costs Evaluation**

# Worksheet 4A: Business Planning Considerations for School Sales – Breakeven Price

- Identify products that have the highest potential for a school market based on break-even prices, existing infrastructure, and production capacity.
- Outline enterprise costs with the goal of determining break even costs for products sold to schools.
- Identify next steps to understand if break-even price will meet the school bidding sheet.

### Workbook Page 36



# Section B: Scaling Up Production – Meeting Increased Demand for School Markets

### **Understanding Scales of Production**

- Direct from the farm
- Food hub or co-op
- Farmers market
- Food processor
- Distributor



Farm to School	"One, and only one, weakest link accounts for the strength of the entire chain, regardless of how strong other links might be. To strengthen a chain, one must always attend first to the weakest link. Other links (adverse factors), no matter how frail they appear, are essentially non-problems until the weakest link is first fixed." - Savory, Butterfield. Holistic Management. 2016	s on the Farm	<ul> <li>Business Management</li> <li>Financial</li> <li>Employees</li> <li>Communication and Decision Making</li> <li>Markets</li> </ul>
Heading in the Direction of Farm to School	"One, and only one, weakest link accounts for the stre other links might be. To strengthen a chain, one must (adverse factors), no matter how frail they appear, are first fixe <i>first fixe</i> .	Weak Links o	<ul> <li>Production</li> <li>Harvest and Post-harvest</li> <li>Quality Control</li> <li>Livestock</li> <li>Mechanical</li> </ul>

Bringing the Farm to School: Agricultural Producers' Toolkit

### Sustainable Growth

- Return on Investment
- Break Even Cost
- Tools
- Equipment
- Buildings
- Hoophouses
- Loans and Debt





Photos: National Center for Appropriate Technology

# Scaling Up

- Considerations
  - —Administrative systems
  - -Labor management
  - -Land access and quality
  - -Equipment and infrastructure
- Scaling up will affect:
  - —Acreage
  - —Crops
  - —Herd size
  - -Markets



Photo: National Center for Appropriate Technology

### Labor

As an agriculture employer, farmers MUST:

- Know federal and state laws
- See the following resources:
  - <u>https://www.dol.gov/agencies/whd/state/contacts</u>
  - <u>https://www.dol.gov/agencies/whd/agriculture</u>
- Set up an accounting system and keep receipts for:
  - —Income: 3 years
  - —Expenses: 3 years
  - —Payroll: 4 years
- Withhold payroll taxes
- Provide safe working conditions and carry workers compensation insurance

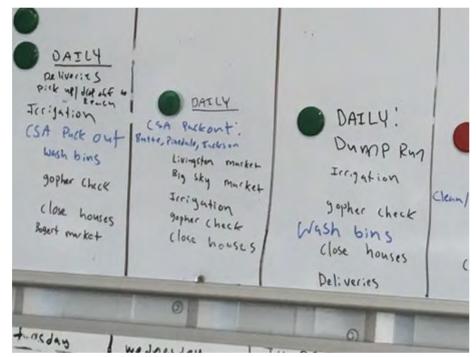


Photo: National Center for Appropriate Technology

# Selling to Schools – Special Considerations

### Capacity, Consistency, Infrastructure

- School Food Service Directors' requirements
- Food safety and production standards
- Washing, packing, or processing facility capacity
- Cooler and delivery truck space
- Accounting system to track sales and payments
- Capabilities to manage a larger staff



Photo: National Farm to School Network

# **Meeting the Budget Needs of Schools**

- Volume
  - -Consistent quality and quantity
- Billing
  - —School requirements may impact cash flow
- Price
  - —Meet farm needs while charging what the school can afford



Photo: National Farm to School Network

# Meeting School Grading, Packaging, and Labeling Requirements

Typical information on a label includes:

- Name and address of the farm
- Julian date 6/19 (170)
- Product
- Grade
- Quantity/count
- Harvest or pack crew identification
- Certifications e.g. Certified Organic, GAP

Farms may use a code system such as the following:

Sp619Ac3

which represents spinach picked on 6/19 from field A by crew or person 3



### **Food Safety**

- Food safety plan
- Food Safety Modernization Act (FSMA) minimum standards
- FSMA exemptions and scaling up





Photo: National Center for Appropriate Technology

### Managing Risks with Insurance





#### FOOD LIABILITY INSURANCE PROGRAM

ATTRA Sustainable Agriculture A program of the National Center for Appropriate Technology • 1-800-348-9140 • www.attra.ncat.org Primer on Whole-Farm Revenue Protection

### Crop Insurance: Updates for 2018

By Jeff Schahczenski NCAT Agricultural Economist **Published February** 2018 ONCAT **IPS54** 

Introduction WFRP Basics. Coverage and Premiums. Claims and Indemnities Other Aspects OF WEED **Major Benefits** of WEEP\_ Major Challenges with WFR\_ References Further Resources\_

ATTRA (www.attra.hcst.org)

is a program of the National

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through a cooperative agreent

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Cooperative Services Visit the

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for more information on

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whengy projects. www.attra.ncat.org

with the United Status Depart

This publication provides an overview of a novel crop insurance product called Whole-Farm Revenue Protection (WFRP). This policy provides revenue protection for all crop and livestock products produced by a farm or ranch. WERP is the first crop insurance policy that can be purchased everywhere in the United States



#### Introduction

V7 hole-Farm Revenue Protection (WFRP) provides a risk-management safety net under one insurance policy for all products produced on a farm. 2014 Farm Bill, WFRP is a unique way to protect crop and livestock products. The policy may be of particular benefit to diversified, specialtycrop, and organic producers: groups historically underserved by crop insurance.

WFRP offers a whole-farm premium subsidy

to farms at levels similar to single-crop policies. Producers can choose coverage levels from 50% to 85%. The maximum liability coverage is \$8.5 million dollars, which means that a farm or ranch with as much as \$10 million in actual approved revenue could apply, because For the 2018 crop year, the policy continues to the highest level of coverage is 85% of that revbe available nationwide. Created as part of the enue. WFRP is significantly subsidized, with 80% of premium costs subsidized for all but the two highest levels of coverage (80% and 85%).

> The major change to WFRP for the 2018 crop year is the availability of different start and policy-salesclosing dates for insurance coverage. Start and closing dates represent the period of coverage. Revenue

> > Page 1

# **Scaling Up: Final Considerations**

- Is scaling up necessary
- Costs for expansion
- Rate of return



Photo: National Farm to School Network



Photo: National Farm to School Network

# Applied Activity Weakest Link to Consider Before Farm Expansion

### Worksheet 4B: Weakest Link and Developing Strategies for Improvement

On the worksheet, write one or two deficiencies you are currently experiencing that could adversely affect your ability to scale up.

### What is your weakest link?

"One, and only one, weakest link accounts for the strength of the entire chain, regardless of how strong other links might be. To strengthen a chain, one must always attend first to the weakest link. Other links (adverse factors), no matter how frail they appear, are essentially nonproblems until the weakest link is first fixed."

–Allan Savory and Jody Butterfield, Holistic Management International

### Workbook Page 39



# Section C: Crop Production and Planning

### Producer Spotlight: Living Root Farm

### How Can Crop-Production Planning Help with School Sales?



Photo: Living Root Farm

### **Planting Plan-** *Schools are reliable and help with planning!*

- What is your production goal?
- Identify those harvest targets and space requirements.
- s and
- Determine demand and work back from harvest to planting.
  - Yield calculations will help you identify the amount of space required.

How much seed will be needed?

 Consider plant spacing and number of rows/plants/acres.

AVERAGE SEEDS	S NEEDED PER:	AVERAGE YIELD PER:			
Vegetable	100' Row	Acre		100'	Acre
		Weight	# of seeds M=1,000)		
Beans, bush	800 seeds		116M	45 lb.	6,500 lb.
Beans, pole	420 seeds		46M	80 lb.	11,600 lb.
Beans, lima	1 lb.	145 lb.		17 lb.	2,500 lb.
Beans, shell	1/3 lb.	72 lb.		8 lb.	3,480 lb.
Beans, soy	1/2 lb.	87 lb.		20 lb. fresh; 12 lb. dry	3,000 lb. fresh

Johnny's Selected Seeds

# Crop Planning: It Is Not a Perfect World

- Factor in crop loss
- Figure in extra plants in the field

... and extra seed for germination loss... approx. 20% for plants or seeds

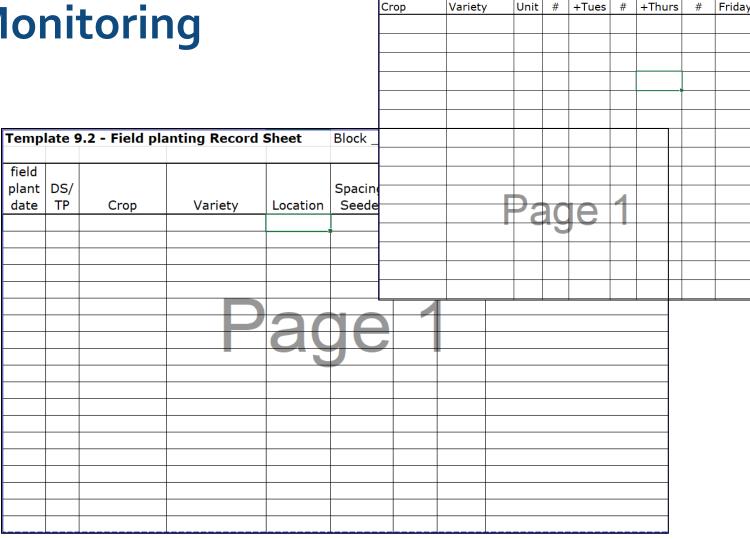
Harvest window and crop succession



Photo: National Center for Appropriate Technology

# **Recordkeeping and Monitoring**

- How do you know yield and space requirements for your product?
- Track and write it down!
- Historic data
- Measure your efforts
- Record measurements
- Use to estimates future expenses and revenues



Credit: National Center for Appropriate Technology

Template 9.3 - Harvest Record Sheet - by week

Bed

Year Mon Bed

Wed

Bed

### **Applied Activity – Crop Planning Exercise**

### Worksheet 4C: Crop Planning Exercise

Using the bid sheet and seed, yield, and planting charts, determine plot size and number of seeds/plants needed to meet the bid.



Photo: National Farm to School Network

The *Bringing the Farm to School: Agricultural Producers Toolkit* was developed in partnership by USDA Food and Nutrition Services, the National Center for Appropriate Technology, and the National Farm to School Network.





Tammy Howard Agriculture Specialist Email: tammyh@ncat.org



**Bringing the Farm to School** 



# Section D: Animal Protein Production Planning

# Applied Activity – How Do Your Livestock Products Fit on the Plate?

- Learn the school needs for meat and egg production.
- Understand livestock planning based on demand, yield projections, and production goals.
- Assess schedules for sustained delivery and profitability.



Photos: National Center for Appropriate Technology



### How Do Your Products Fit with School Demands?

- Proteins are the most expensive part of a school lunch meal
- Consider:
  - $-\operatorname{Cost}$
  - Convenience
  - Versatility



### **Producer Spotlight: Bear Paw Meats**

### **Beef to School**

Listen to Karla Buck from Bear Paw Meats: <a href="https://attra.ncat.org/selling-beef-to-schools-podcast/">https://attra.ncat.org/selling-beef-to-schools-podcast/</a>

Follow-up on your own, this is an excellent 18-minute listen. Read more on BPM and MT B2S:

Moving Forward Together publication from MSUE: https://store.msuextension.org/publications/HomeHealth andFamily/4623.pdf

Getting Started w/ Beef to School: https://store.msuextension.org/publications/HomeHealth andFamily/MT201811HR.pdf



Photo: Karla and Dexter Buck, Beat Paw Meats

### **Determine School Needs**

- Portion size
- Product volume demand
- Frequency of use/need

   Daily, weekly, monthly, special events only...
- Versatility

Resources: packaging and processing @ <u>www.nichemeatprocessing.org</u>

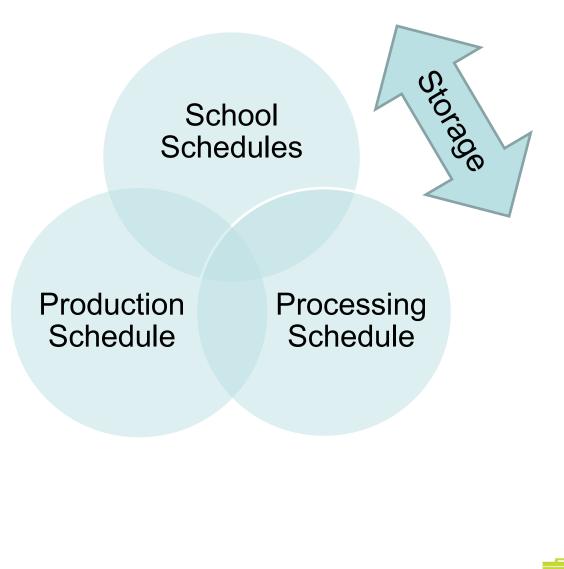




Photo: Lower Valley Processing; Montana Beef to School Program

# **Determine School Needs**

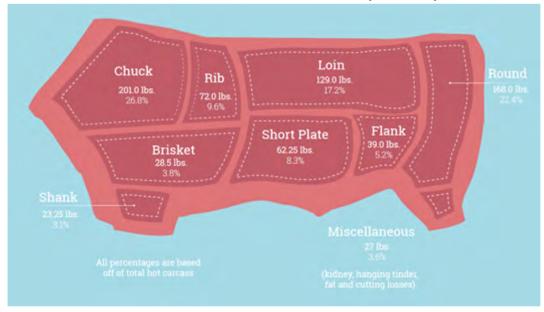
- Contract "season"
  - By New Year for the next school year
- When can school take delivery?
- When can you have animals ready?
  - Finished
  - Culls
- Schedule your processing appointment accordingly
- Freezing and storage can add flexibility



# **Assess Current Production**

- What is your production potential, in pounds and specific cuts?
- What is your break-even price?
- Do you have the acreage and grazing/feeding management skills to produce at

the scale needed and sell your products above break-even cost?



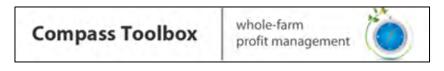
Graphic: University of Tennessee Institute of Agriculture



Photo: NCSU Growing Small Farms

# **Plan Production Based on Demand**

- Assess production capacity
- Tools for assessing production capacity and profitability:
  - -Livestock Compass
  - -Working with your Meat Processor (NCAT ATTRA)



#### Click here to access resource



Photo: Montana Highland Lamb



- Considerations: number of birds, infrastructure, processing, and packaging
- How much product does the school need each week? Do you have the capacity to deliver or scale up for production? Consider
   factors such as seasonal changes, summer vs.
   winter production, number of birds, etc.
- Grading; minimally processed product





Photo: National Center for Appropriate Technology

# Applied Activity - Capacity and Product Assessment for Livestock Producers

#### Worksheet 4D: Capacity and Product Assessment

Assess your capacity for delivering livestock products to schools



Photo: Linda Coffey

Workbook Page 45



Photo: Jeremy Prater

# Action Planning – Checking In

- I understand the "break-even" price point I need for my products to enter or expand into school sales.
- I understand the weak links to consider before scaling up my farm (e.g., infrastructure, food safety, distribution, etc.).
- I have the beginning of a production plan for my product(s).
- I understand and can communicate my food safety practices to School Food Authorities.

The *Bringing the Farm to School: Agricultural Producers' Toolkit* was developed in partnership by USDA Food and Nutrition Services, the National Center for Appropriate Technology, and the National Farm to School Network.





#### Jan Tusick, Mission West, jan.tusick@missionwestcdp.org Tammy Howard, NCAT, tammyh@ncat.org

## Producer Spotlight: Living Root Farm



# Evan Van Order Livingrootfarm@gmail.com

Photo: Living Root Farm



Bringing the Farm to School

# Lunch + Tour

Hardin School Nutrition Tour + Hardin Farm to School Presentation





Bringing the Farm to School

# Conclusion: Planning for Action





# **Conclusion Overview**

# **Conclusion Overview and Goals**

- Business Action Planning
- Resources
- Training Evaluation and Follow-Up

# **Recap of Training Content**

- Module 1: Getting to Know School Markets
- Module 2: Selling to School Markets
- Module 3: Product Development for School Markets
- Module 4: Growing for School Markets



# **School Business Action Planning**

# Action Planning: Tying It All Together

#### Bringing the Farm to School Action Plan Conclusion: Tying it All Together

Farm to School Market Channel	Values Pitch	Key Resources you need to enter or expand into chosen market channel
Local school:		
(e.g., food hub):		

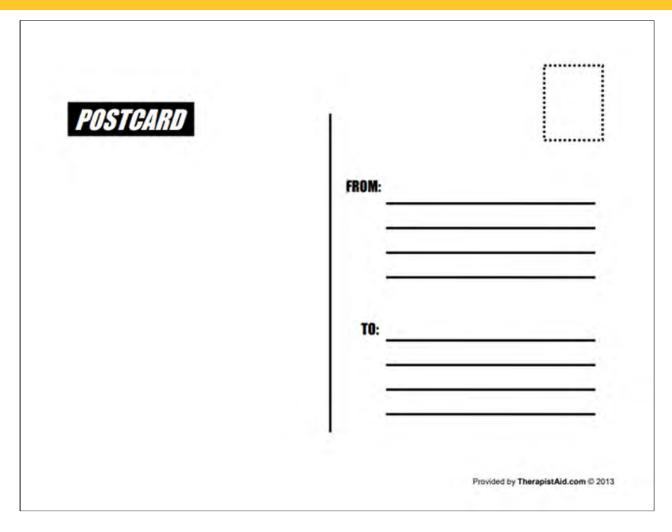
#### Workbook Page 61

# Action Planning – School Business Action Plan Share-Out

This is an opportunity for you to share with your peers:

- What channel do you hope to sell your product through?
- What are 3 key next steps
- What resources do you need to accomplish those steps?
- When will you get these done?

## **Applied Activity – Send a Card to Yourself**





# **Resource Round-Up**

# Calendar 2022-2023



August - Cherries



September – Herbs



February - Beets



March - Grains



October - Brassicas



April - Chickpeas



November - Apples



May - Beef + Bison



December - Lentils

June - Leafy Greens



January - Dairy



July - Carrots

#### mtharvestofthemonth.org



# Montana

# **Crunch Time**

Montana Crunch Time is sponsored by the Montana Farm to School Leadership Team and partners. Learn more about the Montana Farm to School Leadership Team and the member organizations at: www.montana.edu/mtfarmtoschool/leadership-team/index.html Join preschools, schools, colleges, and individuals across Montana in celebrating National Farm to School Month by crunching into any locally grown or raised food on

#### October 10, 2023

For more information about Montana Crunch Time, to register and receive your guide, visit:

#### montana.edu/ mtfarmtoschool

Share your "crunch byte" (video and photos) on social media with

#### #MTCrunchTime



Scan here to get crunching!



Bringing the Farm to School: Agricultural Producers' Toolkit

# **Montana Farm to School Leadership Team**

#### Procurement

#### Communication

**Early Care and Education** 

**K-12 Education** 

**Beef to School** 

#### Service-Learning

Public working group meetings: www.montana.edu/mtfarmtoschool



# Resources

- Montana Farm to School website + social media accounts
- Montana Food and Ag Development Centers
- Abundant Montana Directory + Local Food Coordinators
- Presenters from this training
- Attendee resource page
- Recordings
- Slides coming soon!
- Links
- Handouts/resources

# **Upcoming Events**



### Montana Harvest of the Month Showcases

- April 21: Gardiner
- August 10: Helena
- Fall 2023: Polson



# Montana Food for Montana Schools Trainings + Meetups

- Fall 2023: Northwestern Montana
- Fall 2023: North central Montana

https://www.montana.edu/mtfarmtoschool/resources/training-event.html



# **Training Evaluation and Follow-Up**



Survey	To Be Completed	Format			
Pre-survey	At the start of the training	Virtual			
Post-survey	At the end of the training	<mark>In-person</mark> Paper or virtual			
Follow-up survey	6-months to 1-year after this training	Online (you will receive ar email invitation 6-months to 1-year from now to complete)			



#### Post-Training Survey Link: https://www.surveymonkey.com/r/PostFTSProducer

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- Montana Team Nutrition Program at Montana State University
- Montana Office of Public Instruction
- Alternative Energy Resources Organization
  - Great Northern Development Corporation
- Headwaters RC&D
- Intertribal Agriculture Council
- Mission West Community Development Partners

- Montana Department of Agriculture
- Montana Department of Livestock
- Montana Farmers Union
- Montana State University Extension
- National Center for Appropriate Technology
- Northern Plains Resource Council
- Northern Pulse Growers Association
- Snowy Mountain Development Corporation
- USDA Office of Community Food Systems

# **Fabulous Funders**





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Bringing the Farm to School: Agricultural Producers' Toolkit



	<ul> <li>Randy Lindberg, Quality Foods Distributing</li> </ul>	• Jeremy Plummer, Lower Valley	Processing	<ul> <li>Jay Stagg, whiterish School District</li> <li>Grace Nichols, RCEDA</li> </ul>	<ul> <li>Jan Tusick, Mission West</li> </ul>	<ul> <li>Eleanor Ross, Hardin School</li> </ul>	District	<ul> <li>Marlo Spreng, Hardin School</li> </ul>	District	<ul> <li>Evan Van Order, Living Root Farm</li> </ul>
Presenters	<ul> <li>Molly Kirkham, NCAT</li> <li>Allison Bell, USDA</li> </ul>	• Pam Fruh, OPI		<ul> <li>Brooke Pickett, UPHHS</li> <li>Andrea Sarchet, MDA</li> </ul>	<ul> <li>Tommy Bass, MSU Extension</li> </ul>	<ul> <li>Jenna Fisher, DPHHS</li> </ul>	<ul> <li>Tammy Howard, NCAT</li> </ul>	<ul> <li>Dave Prather, Western Montana</li> </ul>	Growers Coop	

# MONTANA FOOD FOR MONTANA SCHOOLS

A LOCAL PROCUREMENT TRAINING AND ABUNDANT CONNECTIONS PRODUCER + SCHOOL MEETUP

# Hardin, Montana March 14, 2023

The *Bringing the Farm to School: Agricultural Producers' Toolkit* was developed in partnership by USDA Food and Nutrition Services, the National Center for Appropriate Technology, and the National Farm to School Network.





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