

BUILDING STRONG SCHOOL GARDEN COMMITTEES

Lori Blumenthal & Erin Austin School Garden Managers Garden City Harvest (Missoula, MT) MT F2S Summit, August 2021

## Welcome! Introductions

Name, School/Organization, & What interested you in this workshop?



# Garden City Harvest

Farm to School Program Overview

- F2S is one of four programs (Community Gardens, Youth Harvest, Neighborhood Farms)
- Gardens at 7 elementary schools
- Garden lessons in spring & fall; summer programs in the gardens
- Farmer in the Classroom
- PEAS Farm educational field trips



# Learning Objectives

Following this session, we hope that you will be able to:

- Better understand strategies for harnessing school, parent, and community resources to power and sustain school gardens
- More effectively plan and facilitate a garden committee meeting
- Feel more comfortable developing garden committee goals



Why are garden committees important to the success of farm-to-school?



## The 5 "P's" of Effective Garden Committees

- Purpose
- People
- Place
- Preparation
- Process



## PURPOSE

- What are different purposes a committee may have?
- Why is a purpose important?
- What should committees consider when setting goals?



## PEOPLE

- Who are potential garden committee stakeholders?
- What strategies and tools can be used to recruit members?
- What are examples of volunteer roles on a garden committee?



## PLACE

- What environments are most inviting to committee members for a meeting?
- What environments are least inviting to committee members?
- When and where can garden committee meetings take place?



## PREPARATION

- What can be done in advance to make a committee meeting effective and efficient?
- What supplies and materials may be needed for a garden committee meeting?



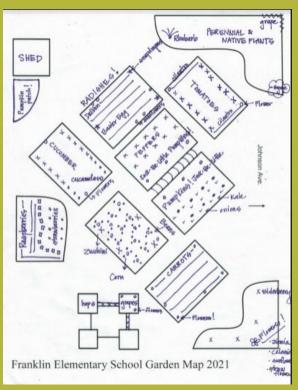
## PROCESS

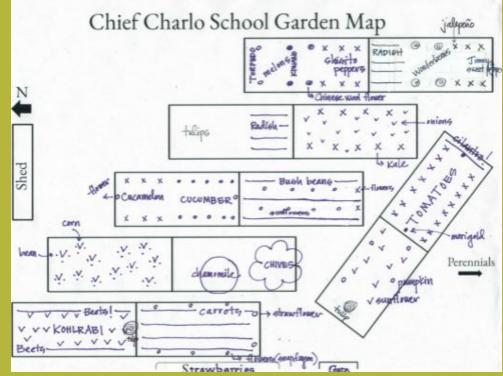
- During a meeting, what is important to keep in mind in order for it to be effective?
- What strategies can be used to make meetings go smoothly?



## BEST PRACTICES FOR STAYING POWER

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## Hawthorne Outdoor Learning Center Staff Guide



Gate Access: There is a key available at the main office for the district lock and the combo lock code is 2835. Please relock the gate so that both locks are usable. Map: A laminated copy of the map is attached to the fence and in the shed.

\*Please weigh and record produce harvested by using scale and harvest log in the shed.

#### General Garden Expectations:

- 1. Respect all living things.
- 2. Ask permission before picking.
- 3. Keep a calm body and watch where you step.
- 4. Have fun!

#### In-school Garden Contact: Brian Christianson, Garden Committee Chair

Email: bchristianson@mcps.k12.mt.us

For garden scheduling, calendar, and access issues, Contact Brian.

#### Garden City Harvest Contact: Amy Harvey, School Gardens Manager

Phone: (406) 369-8198, Email: amy@gardencityharvest.org

For garden resources, harvesting inquiries, and general questions, Contact Amy.

#### Looking for easy ways to use the Outdoor Classroom? Here are a few ideas:

- Read, write, or do a reflection activity.
- Make scientific observations and journal throughout the year.

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You can sign up to Adopt-the-Garden this summer! You'll help by opening the garden for a couple of hours during the week, whenever it fits into your schedule. We encourage you to do some light weeding, harvesting, and welcoming the community into the space.

#### PERKS OF THE JOB:

Adopt-the-Garden

Take home free fresh produce! Enjoy the outdoors! Meet friends and neighbors!

#### INTERESTED?

Great! Contact Erin Austin to sign up erin@gardencityharvest.org (512) 538-4585

#### Cultivating Curiosity McKinley year round school garden calendar

	FALL	WINTER	SPRING
Garden Maintenance	<ul> <li>Hold fall meeting, determine committee roles</li> <li>(Committee coordinator, garden coordinator, parent- teacher liaisons, fundraiser, event planner, etc.)</li> <li>Set year long meeting dates &amp; goals</li> <li>Harvest with students</li> <li>Turn over Beds and plant for fall</li> <li>Remove most of the Calendula</li> <li>Set up Cold Frames</li> <li>Plan Cover Crops</li> <li>Sheet mulch one or two beds</li> <li>Plant Garlic and Onion</li> <li>Plant Bulbs</li> <li>Prune back Herb bed</li> <li>Pull Mint</li> <li>Cut back Dahlias (leave a few inches and cover with leafy mulch compost</li> <li>Plan for winter pruning of orchard</li> </ul>	<ul> <li>Plan year maintenance projects</li> <li>Dig in the garden</li> <li>Take bi-weekly temperature soil and air</li> <li>Start seeds indoors</li> <li>Start planning for Spring plantings</li> <li>Restring square foot gardening bed</li> <li>Weed bed extensively</li> </ul>	<ul> <li>Plan fall programming (after school, in school, events, etc.)</li> <li>Coordinate outreach for parent volunteers</li> <li>Check Irrigation</li> <li>Prune and clean out herb bed</li> <li>Weed and mulch orchard</li> <li>Plant peas</li> <li>Plant potatoes on St. Patrick's Day</li> <li>Plant Greens, Salad Mix, Radishes, Turnips, Brassicas</li> <li>Weed Strawberry Beds,</li> <li>Plant Beans and other summer/fall crops</li> <li>Watch Rain levels, develop summer irrigation and harvest plan</li> <li>Observe bulbs as they grow and fade</li> </ul>
Classroom Activities	<ul> <li>Visit Garden</li> <li>Observe Plants under, on or above ground</li> <li>Plant parts</li> <li>Johnny Appleseed</li> <li>Root Crops</li> <li>Cover Crops</li> <li>Harvesting Seeds</li> <li>Storing Food</li> <li>Squash Math</li> <li>Edible Flowers and Flower Dissection</li> <li>Potatoes-Harvest and History</li> <li>Trees that traveled along the Oregon Trail</li> <li>Corn-Harvest, History Ect.</li> </ul>	<ul> <li>Visit Garden-Observe</li> <li>Living and non-living items in the garden</li> <li>Soil exploration</li> <li>Natural vs. built environment on school campus</li> <li>Ecosystem studies</li> <li>Photosynthesis</li> <li>Solar Energy</li> <li>Tracking Weather-impact on garden</li> <li>Create a book about specific fruit or vegetable</li> <li>Get to know a local farmer</li> <li>Measuring/Mapping a garden to plan for spring</li> <li>Designing Spring Garden</li> <li>Companion Plants</li> <li>Finding Local in your lunch</li> <li>Gathering opinions about cafeteria food</li> <li>Advertising and helping with Harvest of the month</li> </ul>	<ul> <li>Plant seeds from starts</li> <li>Insects in the garden</li> <li>Pollination</li> <li>Bees</li> <li>Leaves, edible parts of plants</li> <li>Community or neighborhood gardens</li> <li>Seeds, what do they need</li> <li>Planting the garden</li> <li>Visiting the Farmers Market</li> <li>Market Day-have students play role of farmers</li> <li>Soil and Compost</li> </ul>

# Photos & Progress Event 8





## **Garden Celebrations!**

- Garden Work Days
- Harvest Parties
- Potlucks
- Volunteer Appreciation Events
- Family-friendly Cooking Classes
- Thank You Notes
- FOOD!



# Closing

## Closing Activity

- From what was covered in this presentation, what was most relevant to your work?
- What is one thing you learned today and are excited about putting into action?

• Questions?



## GARDEN CITY HARVEST

## THANK YOU!

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