



End of Year Survey | Schools + Afterschool | Due June 30, 2020

Evaluation

Instructions

Thank you for participating in Montana Harvest of the Month (HOM) program! We appreciate your commitment to supporting healthy children and learning about Montana agriculture.

As the HOM Team Leader for your school or program, we need your help in completing this required survey. **Sites that complete all reports by June 30, 2020 will be entered to win one of four \$50 gift cards for their school or afterschool program.**

Before completing this survey, consult with your HOM team members (i.e. food service manager, administrator, educators) to obtain accurate answers to the questions. Teams can use this printable version to gather answers and the Team Leader/Contact should **submit the survey online** at: https://montana.qualtrics.com/jfe/form/SV_6ArbleEtVfZVqLz

Please submit one survey per participating school or afterschool program site. Do not submit the report for the district or overall afterschool program that includes multiple sites. For example, if you have four schools participating in a district, submit four separate surveys. Responses for the food service related questions may be answered on the district or school food authority level rather than specific school or afterschool program site.

You can register or cancel registration for any of your site(s) for the **2020-2021** school year in this survey. You may also receive additional printed packet(s) for your sites upon request. Sites that register for **2020-2021** school year will not need to complete a Baseline Survey for the 2020-21 school year (only the End of Year Survey each year).

If you have any questions or need assistance completing this survey, please contact Aubree Roth at aubree.roth@montana.edu or (406) 994-5996.

It is important for Montana Team Nutrition to understand what you like about Harvest of the Month and how to better design Harvest of the Month in the future. If you choose, this survey will also be entered into a research study. Participation in this study is voluntary and anonymous. You are required to complete the survey for participation in Harvest of the Month, but you can choose to opt your answers out of the research study. You can choose to not answer any questions you do not want to answer and/or you can stop at any time. We will protect the information that you provide by not attaching your name to your responses and safely storing this information. The provided information will be combined with responses from other individuals. Your participation is valuable in understanding how to improve Harvest of the Month in the future. This study is supported by USDA Team Nutrition.

Contact information: You may contact our research team if you have any questions about this research. You may also contact a representative at Montana State University with any question about your involvement this study. The contact for this is Dr. Mark Quinn, Chair of the Institutional Review Board, (406) 994-4707; email: mquinn@montana.edu.

- I agree to my survey responses being part of a research study.
- I do not want my survey responses to be part of a research study.

Need Assistance?

Aubree Roth
Montana Farm to School Coordinator
aubree.roth@montana.edu | (406) 994-5996
www.montana.edu/mtharvestofthemoth

Basic Information

1. School or afterschool program name
Please submit a separate survey for each participating school or afterschool program site. For example, if three schools are participating within your district, submit three surveys—one for each school.
2. School or afterschool program
Please select one.
 - School
 - Afterschool program
3. Your name
4. Your email
5. Your phone
6. All HOM sites will be listed on the Montana Farm to Institution map hosted by National Center for Appropriate Technology (<http://farmtocafeteria.ncat.org/institutions/>). To help food producers and businesses connect with your program, we wish to include contact information. Do you agree to have contact information listed on this map?
 - Yes
 - No
7. If answered yes above, please provide name (or position title) and contact information below, preferably this is the food service director. To update incorrect contact information, please provide updated information below.
Name:
Phone:
Email:
8. Do you wish to keep this **site** registered for the **2020-2021** school year? *Please note: a site is an individual school or afterschool program.*
 - Yes
 - No
9. If yes, do you need a new printed packet for this site?
 - Yes
 - No
10. Do you have any changes to your team? If so, list updated name, affiliation/position, and email address below. At a minimum your team must have an administrator, food service staff, and educator.

Name	Title/Affiliation	Email Address
------	-------------------	---------------

Participation – 2018-2019 School Year

Please complete the following questions using information from the **2019-2020** school year.

11. School or afterschool program site student enrollment
If this varies significantly, please use average student enrollment. Use most current enrollment.
12. For the **2019-2020** school year, how many **students** participated in the Harvest of the Month **educational activities** at this school or afterschool program site? If conducting school-wide you can use enrollment. Do not duplicate students. For example, if a classroom of 30 students participated in HOM activities each month (10 activities), they count as 30 unduplicated students.
13. During the **2019-2020** school year, how many **parents** participated in Harvest of the Month? This includes helping with or attending a Harvest of the Month activity or taste test or eating a Harvest of the Month meal.

Questions for Food Service Manager/Staff

The following questions are regarding the food service piece of the Harvest of the Month program. Please consult with your food service staff team member to answer these questions.

14. You may answer the **food service questions** using district-wide information OR for the specific school or program site you are reporting in this survey. Indicate if the following questions are answered on behalf of the whole district or individual site (school or afterschool program).
Please select one.
 - District
 - Participating school
 - Afterschool program site
15. For the **2019-2020** school year, about how much of your total food purchases (in dollars) were spent on local/Montana foods NOT INCLUDING fluid milk? If you're not sure, a rough estimate is perfectly acceptable.
16. Please list any of the Harvest of the Month items you had challenges sourcing locally/from Montana during **2019-2020** school year. Please explain your challenges with sourcing. *Leave blank if not applicable.*
17. For the entire **2019-2020** school year, please list the business names of the local/Montana vendors, food businesses, and farmers from whom your school or afterschool program's food service has purchased food.

18. For the entire **2019-2020** school year, how often are the following foods served in your food service program that were **grown locally or in Montana**. Can be served in a meal, snack, or salad bar.

Please circle one response for each food item listed below.

Cherries	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Summer Squash	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Kale	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Apples	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Winter Squash	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Carrots	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Beets	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Beef	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Grains	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Lentils	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Leafy Greens	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Chickpeas	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr
Dairy	Never	1-3 times/yr	4-6 times/yr	7-10 times/yr	11+ times/yr

19. Do students and family members have opportunities to provide both suggestions and feedback about the school meals program? Examples include suggestion box, meeting with the food service director, advisory committee, or annual survey.

Please select one.

- Neither students nor family members have these opportunities.
- Either students or family members have opportunities, but not both.
- Yes, both students and family members have opportunities to provide either suggestions for school meals **OR** feedback on the meal program.
- Yes, both students and family members have opportunities to provide suggestions **AND** feedback.

20. Please select which of the USDA Team Nutrition resources for nutrition education or meals promotion your school food service staff (at this site) have used in the **2019-2020** school year. A full list of Team Nutrition resources can be found at this link: <http://pueblo.gpo.gov/TN/TNPubs.php>.

Please select all that apply.

- Dig In! Posters
- Make Today a Try-Day! Stickers
- MyPlate Posters
- Recipes for Healthy Kids Cookbook
- USDA Recipes for Schools
- Other, please list: _____

Questions for Educator or Administrator

Work with the educator(s) and/or administrator(s) that are on your Harvest of the Month team to answer the following questions. Provide this section of the survey so they can review and answer the questions and provide to you to include in the survey.

21. List the educators (teacher, parents, volunteers, FoodCorps, etc.) name and title/affiliation of the individuals that conducted HOM educational activities. List the grade levels of the students reached. *Note: these can be any HOM related activities, they do not need to be the lessons provided in the materials.*

Name Position Title/Affiliation Grade(s)

22. On average, how long were the HOM activities?

Please circle one.

Less than 15 min 15 min 30 min 1 hour More than 1 hour

23. Does your school or afterschool program's health education curriculum address all of these essential topics on healthy eating?

- The relationship between healthy eating and personal health and disease prevention
- Food guidance from MyPlate
- Reading and using food labels
- Eating a variety of foods every day
- Balancing food intake and physical activity
- Eating more fruits, vegetables and whole grain products
- Choosing foods that are low in fat, saturated fat, and cholesterol and do not contain transfat
- Choosing foods and beverages with little added sugars
- Eating more calcium-rich foods
- Preparing healthy meals and snacks
- Risks of unhealthy weight control practices
- Accepting body size differences
- Food safety
- Importance of water consumption
- Importance of eating breakfast
- Making healthy choices when eating at restaurants
- Social influences on healthy eating, including media, family, peers, and culture
- How to find valid information or services related to nutrition and diet behavior
- How to take steps to achieve the personal goal to eat healthfully
- Resisting peer pressure related to unhealthy dietary behavior
- Influencing, supporting, or advocating for others' healthy dietary behavior

Please select one.

- Addresses one or none of these topics, or there is no health education curriculum.
- Addresses some of these topics.
- Addresses most of these topics.
- Yes, addresses all of these topics.

24. Which of the USDA Team Nutrition resources for nutrition education did your school or afterschool program staff (at this site) use in the **2019-2020** school year? A full list of Team Nutrition resources can be found at this link: <http://pueblo.gpo.gov/TN/TNPubs.php>.

Please select all that apply.

- Dig In! Standards-Based Nutrition Education from the Ground Up
- Dig In! Posters
- Grow It, Try It, Like It! Nutrition Education Kit
- The Great Garden Detective Adventure: A Standards-Based Gardening Nutrition Curriculum
- Make Today a Try-Day! Stickers
- MyPlate Posters

- Recipes for Healthy Kids Cookbook
- Other, please list: _____

Promotion & Implementation

25. What partners helped to promote and implement Harvest of the Month program in **2019-2020**?

Select all that apply.

- Students (enrolled in health, culinary, family & consumer science, agriculture, or other relevant classes)
- Student clubs or council (FCCLA, FFA, DECA, etc.)
- Parent teacher organization
- Community partners (SNAP-ed, MSU Extension, etc.)
- Community businesses (grocery store, restaurants, etc.)
- Other institutions (hospitals, colleges, etc.)
- Farmers, ranchers, other food producers
- Culinary professionals
- Parents
- Other, please list: _____

26. What strategies did your school or afterschool program use in promoting the Harvest of the Month program to parents and the community in **2019-2020** school year?

Select all that apply.

- Put HOM monthly announcement in the school newsletter
- Put HOM monthly announcement on the school website or social media sites (i.e. Facebook or Twitter)
- Highlighted HOM items, facts, or logo on menu
- Invited parents to the monthly Harvest of the Month meal
- Involved parent volunteers in the Harvest of the Month classroom activities.
- Sent the Harvest at Home (parent handout) home with students
- Hosted a Harvest of the Month school wide event during the year
- Sent announcement to parent teacher organization
- Partnered with local business (e.g., grocery store) to support and promote
- Sent media release
- Other, please list: _____

27. Please describe your site's main challenges in implementing Harvest of the Month. How did you overcome these challenges? What do you need to overcome the remaining challenges?

28. Please share your recommendations for improving the Harvest of the Month program or materials.

29. Please share any stories of success from implementing Harvest of the Month in **2019-2020**. You can share stories, photos, or recipes at any time at: <http://www.montana.edu/mtfarmtoschool/connect/share-story.html>

Finished?

Submit the answers to the *End of Year Report* for each participating school or afterschool program site at:

https://montana.qualtrics.com/jfe/form/SV_6ArbleEtVfZVqLz. Thank you!



The Montana Harvest of the Month program showcases Montana grown foods in Montana communities. This program is a collaboration between Montana Farm to School, Office of Public Instruction, Montana Team Nutrition Program, National Center for Appropriate Technology, Montana State University Extension, Gallatin Valley Farm to School, FoodCorps Montana, and Montana Department of Agriculture. More information and resources are available at: www.montana.edu/mtharvestofthemoth.

Funds were provided in part by USDA Team Nutrition Training grants, Northern Pulse Growers Association, Montana Department of Public Health and Human Services, Montana Pulse Crop Committee, Montana Specialty Crop Block Grant Program. USDA is an equal opportunity provider. The Montana State University Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach. This publication was supported by the Grants or Cooperative Agreements Numbers, 6U58DP004818-03-01 & 5U58DP004818-03-00, and funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the DPHHS.