

MONTANA STATE UNIVERSITY
COLLEGE OF NURSING
Master Resource Outline
NRS 632 Advanced Clinical II (NP, Psych/Mental Health)
Psychotherapeutic Modalities Across the Lifespan

Credits: 6 (3 lecture; 3 clinical lab)

Semester Offered: Fall

Prerequisite: NRS 630, NRS 631

Degree: DNP

DNP Essentials: I, II, III, IV, V, VI, VII, VIII

Graduate Program Objectives: 1, 2, 3, 4, 5, 6, 7, 8

Course Description: This course includes selected therapeutic modalities for individuals, group psychotherapy, and the integration of multicultural skills for health promotion and management of mental health problems and psychiatric disorders. Emphasis is placed on the assessment and management of psychiatric conditions with individuals and groups across the lifespan within culturally diverse environments. The application of relevant evidence-based findings is used to guide development of professional practice.

Course Objectives:

1. Analyze the advanced nursing practice role in the use of psychotherapeutic modalities for individuals and groups with mental health problems across the life span.
2. Select and apply assessment strategies to determine the mental health treatment needs of individuals and groups across the lifespan based on an understanding of biological, psychosocial, and developmental theories.
3. Select and apply relevant psychotherapeutic strategies for the treatment needs of individuals and groups across the life span based on biopsychosocial theories, evidence-based standards of care, and practice guidelines.
4. Develop, apply, and evaluate advanced nursing strategies using selected psychotherapeutic modalities to treat the mental health problems and psychiatric disorders of individuals and groups across the lifespan.
5. Demonstrate the effective use of therapeutic communication strategies and sustain therapeutic relationships and partnerships with patients and other professionals to facilitate optimal care and patient outcomes.
6. Analyze and apply legal and ethical principles to the development, implementation, and evaluation of advanced nursing strategies.
7. Demonstrate advanced levels of clinical judgment, systems thinking, and accountability in designing, delivering, and evaluating evidence-based care to improve patient outcomes.
8. Demonstrate advanced understanding of diagnosing and managing psychiatric illnesses across the lifespan.
9. Demonstrate the safe and practical use of psychotropic medications in the treatment of specific psychiatric diagnoses.

Practice experience in the curriculum

Practice immersion experiences afford the opportunity to integrate and synthesize the essentials and specialty requirements necessary to demonstrate competency in an area of specialized nursing practice.

Approved by GAAC: 10/31/11; modified 10/29/12; amended 11/19/12; amended 2/3/17

Approved by Faculty: 4/9/12; modified 1/7/2013; 2/13/17