

## **Monica C. Skewes, Ph.D.**

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### **EMPLOYMENT**

- 2014-present      Assistant Professor  
Department of Psychology  
Montana State University, Bozeman, MT
- 2009-2014      Assistant Professor  
Center for Alaska Native Health Research, Institute of Arctic Biology, and  
Department of Psychology, College of Liberal Arts (Joint Appointment)  
Affiliated faculty in the UAA-UAF Joint Ph.D. Program in Clinical-  
Community Psychology with Rural and Indigenous Focus  
University of Alaska Fairbanks, Fairbanks, AK

### **EDUCATION AND TRAINING**

- 2006-2009      Postdoctoral Fellowship in Alcoholism Etiology and Treatment Research  
(NIH-NIAAA T32)  
Research Institute on Addictions, University at Buffalo  
The State University of New York, Buffalo, NY  
Mentors: Kurt H. Dermien, Ph.D., & Gerard J. Connors, Ph.D.
- 2002-2006      Ph.D., Applied Health Psychology  
University of Texas at El Paso, Department of Psychology  
Dissertation topic: Development, testing, and evaluation of a web-based  
smoking cessation intervention for Mexican American women  
Date of completion: August 2006  
Advisor: Osvaldo F. Morera, Ph.D.
- 2000-2002      M.A., Clinical Psychology  
University of Texas at El Paso, Department of Psychology  
Thesis topic: An application of the Transtheoretical Model to HIV testing  
among Mexican American college students  
Date of completion: December 2002  
Advisor: Osvaldo F. Morera, Ph.D.

1991-1996                    B.A., Psychology and Dramatic Art  
 University of California at Davis, Davis, CA  
 Date of completion: June 1996

**PUBLICATIONS** (\*Indicates student co-author)

**Skewes, M.C.**, & Blume, A.W. (in press). Ethic identity, drinking motives, and alcohol consequences among Alaska Native and non-Native college students. *Journal of Ethnicity in Substance Abuse*.

Greenfield, B., **Skewes, M.C.**, Dionne, R., Davis, B., Cwik, M., Venner, K., & Belcourt-Dittloff, A. (2013). Treatment for American Indians and Alaska Natives: Considering cultural adaptations. *The Behavior Therapist*, 36, 146-151.

**Skewes, M.C.**, & Gonzalez, V.M. (2013). Attitudes toward harm reduction vs. abstinence-only approaches for college student alcohol misuse. *International Journal of Circumpolar Health*, 72, 182-186.

**Skewes, M.C.**, & DeCou, C.R.\*, & Gonzalez, V.M. (2013). Energy drink use, problem drinking, and drinking motives in a diverse sample of Alaskan college students. *International Journal of Circumpolar Health*, 72, 194-199.

DeCou, C.R.\*, **Skewes, M.C.**, & Lopez, E.D.S. (2013). Traditional living and cultural ways as protective factors against suicide: Perceptions of Alaska Native university students. *International Journal of Circumpolar Health*, 72, 142-146.

Gonzalez, V.M., **Skewes, M.C.** (2013). Solitary heavy drinking, social relationships, and negative mood regulation in college drinkers. *Addiction Research & Theory*, 21, 285-294.

DeCou, C.R.\*, **Skewes, M.C.**, Skanis, M.L.\*, & Lopez, E.D.S. (2013). The effects of discussing suicide with Alaska Native college students: Qualitative insights from semi-structured interviews. *Cultural Diversity and Ethnic Minority Psychology*, 19, 67-75.

**Skewes, M.C.** & Gonzalez, V.M. (2013). *Biopsychosocial model of addiction*. In: Principles of Addiction: Comprehensive Addictive Behaviors and Disorders. Elsevier Inc., San Diego: Academic Press, pp. 61-70.

Allen, J., Fok, C.C.T., Henry, D., & **Skewes, M.C.** (2012). *Umyuangcaryaraq* “Reflecting”: Multidimensional assessment of reflective processes on the consequences of alcohol use among rural Yup’ik Alaska Native Youth. *The American Journal of Drug and Alcohol Abuse*, 38, 468-475.

**Skewes, M.C.**, Dermen, K.H., & Blume, A.W. (2011). Readiness to change and post-intervention drinking among Hispanic college students living on the US/Mexico border. *Addictive Behaviors*, 36, 183-189.

- Gonzalez, V.M., Reynolds, B., & **Skewes, M.C.** (2011). Role of impulsivity in the relationship between depression and alcohol problems among emerging adult college drinkers. *Experimental and Clinical Psychopharmacology*, *19*, 303-313.
- Lau-Barraco, C., **Skewes, M.C.**, & Stasiewicz, P.R. (2009). Gender differences in high-risk situations for drinking: Are they mediated by depressive symptoms? *Addictive Behaviors*, *34*, 68-74.
- Chun, K.M., Morera, O.F., Andal, J.D., & **Skewes, M.C.** (2007). *Conducting research with diverse Asian American groups*. In F.T.L. Leong, A.G. Inman, A. Ebreo, L. Yang, L. Kinoshita, & M. Fu (Eds.), *Handbook of Asian American Psychology* (2nd ed.). Thousand Oaks, CA: Sage.
- Hernandez, D.V, **Skewes, M.C.**, Resor, M.R., Hanson, B.S., & Blume, A.W. (2006). A pilot test of an alcohol skills training programme for Mexican-American college students. *International Journal of Drug Policy*, *17*, 320-328.
- Morera, O.F., Culhane, S.E., Watson, P.J. & **Skewes, M.C.** (2005). Assessing the reliability and validity of the Bermond-Vorst Alexithymia Questionnaire among U.S. Anglo and U.S. Hispanic samples. *Journal of Psychosomatic Research*, *58*, 289-298.
- Morera, O.F., Maydeu-Olivares, A., Nygren, T.E., White, R.J, Fernandez, N.P. & **Skewes, M.C.** (2005). Social problem solving predicts decision making styles in a North American Hispanic sample. *Personality and Individual Differences*, *41*, 307-317.

#### **PUBLISHED ABSTRACTS** (\*Indicates student co-author)

- Burket, R.L.\* & **Skewes, M.C.** (2013). Academic performance and alcohol use among urban and rural Alaskan college students [Abstract]. *International Journal of Circumpolar Health*, *72*, 252-253.
- Vasquez, A.R.\*, McKay, J.\*, DeCou, C.R.\*, Lopez, E.D.S., & **Skewes, M.C.** (2013). Living in two worlds: Alaska Native experiences of acculturation, stress, academic success, and well-being in the rural-to-urban transition to college [Extended Abstract]. *International Journal of Circumpolar Health*, *72*, 989-990.
- McKay, J.\*, Vasquez, A.R.\*, DeCou, C.R.\*, Lopez, E.D.S., & **Skewes, M.C.** (2013). “Healthy mind is a healthy life:” Alaska Native experiences of acculturation, enculturation, and coping [Extended Abstract]. *International Journal of Circumpolar Health*, *72*, 987-988.
- Gonzalez, V.M., **Skewes, M.C.**, Freitas-Murrell, B.\*, & Stewart, T.\* (2013). Attitudes toward harm reduction and abstinence interventions among Alaska Native college students from dry or damp villages [Abstract]. *Alcoholism: Clinical & Experimental Research*, *37*(Suppl. 2), 204A.

- Vasquez, A.R.\*, & **Skewes, M.C.** (2012). The protective effects of ethnic identification on alcohol involvement in a sample of Alaska Native and non-Native college students [Abstract]. *Alcoholism: Clinical & Experimental Research*, 37(Suppl. 2), 204A.
- Gonzalez, V.M., & **Skewes, M.C.** (2012). A preliminary examination of a scale to measure preference for harm reduction or abstinence-only interventions for alcohol problems [Abstract]. *Alcoholism: Clinical & Experimental Research*, 36(Suppl. 1), 238A.
- Skewes, M.C.**, Vasquez, A.R.\*, & Gonzalez, V.M. (2011). Alcohol motives, consequences, and suicidal ideation among college students at a minority-serving institution [Abstract]. *Alcoholism: Clinical & Experimental Research*, 35(Suppl. 1), 157A.
- Gonzalez, V.M., & **Skewes, M.C.** (2011). Suicidal ideation and attempts among heavy drinking college students: The role of solitary heavy drinking [Abstract]. *Alcoholism: Clinical & Experimental Research*, 35(Suppl. 1), 216A.
- Gonzalez, V.M., Reynolds, B., & **Skewes, M.C.** (2010). Role of impulsivity in the relationship between depression and alcohol problems among emerging adult college drinkers [Abstract]. *Alcoholism: Clinical & Experimental Research*, 34(Suppl. 1), 163A.
- Skewes, M.C.**, Dermen, K.H. (2009). Health literacy in the treatment of alcohol use disorders [Abstract]. *Alcoholism: Clinical & Experimental Research*, 33(Suppl. 1), 127A.
- Skewes, M.C.**, Arms, D., & Morera, O.F. (2007). Where did we go wrong? A post-intervention qualitative analysis [Abstract]. *Annals of Behavioral Medicine*, 33(Suppl. 1), S161.
- Skewes, M.C.** (2002). Beliefs about the medical profession and attitudes toward organ donation in a predominantly Hispanic population [Abstract]. *Society for Medical Decision Making*.

#### MANUSCRIPTS UNDER REVIEW (\*Indicates student co-author)

- DeCou, C.R.\*, Burket, R.L.\*, & **Skewes, M.C.** (under review). Alcohol use among rural and urban undergraduates in Alaska. Submitted to *Journal of Rural Mental Health*.
- Redwood, D.G., Provost, E.M., Lopez, E.D.S., **Skewes, M.C.**, Johnson, R.M., Garcia, G.M., & Haverkamp, D.S. (under review). Use of family history for colorectal cancer outreach in the Alaska Tribal Health System. Submitted for publication at *Journal of Health Care for the Poor and Underserved*.
- Redwood, D.G., Provost, E., Lopez, E.D.S., **Skewes, M.C.**, Johnson, R.M., Garcia, G.M., Christensen, C., Sacco, F., & Haverkamp, D. (under review). A process evaluation of the Alaska Native Colorectal Cancer Family Outreach Program. Submitted for publication in *Health Education Behavior*.

**MANUSCRIPTS IN PREPARATION** (\*Indicates student co-author)

DeCou, C.R.\*, & Skewes, M.C. (in preparation). Perceptions of suicide and suicide prevention among Alaska Native students from rural villages.

Skewes, M.C., Hewell, V.\*, & Sheppard, D. (in preparation). Disordered eating, body image, and binge drinking among female collegiate athletes and non-athletes.

Skewes, M.C., Vasquez, A.R.\*, RunningBear, U., Ahsogeak, P.R., & Manson, S.M. (in preparation). Ethnic identity and addiction treatment outcomes among Alaska Native youth.

Skewes, M.C., & Lewis, J.P. (in preparation). Sobriety among rural Alaska Native Elders.

Smith, J. L., Handley, I. M., Rushing, S. Shanahan, E., Burroughs, E., Belou, R., Skewes, M. C. Honea, J., Brown, E. & Klebe, K. J. (in preparation). Everyone wins when STEM women ADVANCE: Cultivating satisfied faculty through psychological need support.

Belou, R. Burroughs, E., Handley, I. M., Honea, J., Rushing, S., Shanahan, E., Skewes, M. C. & Smith, J. L. (in preparation). Nuanced differences in how promotion and tenure review begets and bemoans the psychological needs support of men and women faculty in STEM. (*Authorship order determined alphabetically*)

**REFERREED CONFERENCE PRESENTATIONS—ORAL** (\*Indicates student co-author)

Honea, J., Burroughs, E.A., Skewes, M.C., Smith, J.L., Rushing, S., Belou, R., Shanahan, E., & Handley, I. (2015, February). *Promoting diversity in STEM: An analysis of men's and women's experiences in the university promotion & tenure process*. Submitted for presentation at the 15<sup>th</sup> International Conference on Knowledge, Culture, and Change in Organizations, Berkeley, CA.

Skewes, M.C. (2014, October). *Researching sensitive topics with Indigenous college students: Lessons learned from studies on alcohol use and mental health*. Presented at the American Indigenous Research Association, Pablo, MT.

Skewes, M.C. (2014, June). *Alaska Native college students are more likely to be abstinent from alcohol than non-Native students*. Presented at the APA Division 45 (Psychological Study of Culture, Ethnicity, and Race) biannual meeting, Eugene, OR.

Anderson, K., Lopez, E., Rodewald, E., Skewes, M.C., & Thomas, A. (2013, November). *Tobacco use and cessation: What matters to Southeast Alaska Native young adults?* Presented at the 2013 meeting of the American Public Health Association, Boston, MA.

Skewes, M.C., & Gonzalez, V.M. (2013, July). *Formative research to guide the cultural adaptation of alcohol misuse interventions*. Presented at the American Psychological Association, Honolulu, HI.

- DeCou, C.R. \*, **Skewes, M.C.**, & Lopez, E.D.S. (2013, July). *Alaska Native perceptions of suicide: Formative research for culturally-based intervention*. Presented at the American Psychological Association, Honolulu, HI.
- Skewes, M.C.** (2013, June). *Alcohol Use in Young Adults*. Presented at the annual Rural Providers' Conference, Tanana Chiefs Conference, Fairbanks, AK.
- DeCou, C.R. \*, **Skewes, M.C.**, & Lopez, E.D.S. (2013, May). "They go hand in hand:" *Understanding Alaska Native college students' perceptions of the relationship between substance abuse and suicide*. Presented at the American Association of Suicidology, Austin, TX.
- Skewes, M.C.**, & Gonzalez, V.M. (2012, November). *Measuring attitudes toward alcohol misuse interventions in college students in Alaska*. Presented at the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Skewes, M.C.**, & Gonzalez, V.M. (2012, August). *Attitudes toward harm reduction and abstinence-only approaches to alcohol misuse among Alaskan college students*. Presented at the International Congress on Circumpolar Health, Fairbanks, AK.
- Skewes, M.C.**, DeCou, C.R. \*, & Gonzalez, V.M. (2012, August). *Consequences of energy drink use among Native and non-Native Alaskan college students*. Presented at the International Congress on Circumpolar Health, Fairbanks, AK.
- Allen, J., Fok, C.C.T., Henry, D., & **Skewes, M.C.** (2012, July). *Umyuangcaryaraq "Reflecting:" Multidimensional assessment of reflective processes on the consequences of alcohol use among rural Yup'ik Alaska Native youth*. Presented at the Native Health Research Conference, Seattle, WA.
- Skewes, M.C.**, DeCou, C.R. \*, & Skanis, M.L. \* (2012, May). *Talking about suicide among Alaska Native college students: Implications for mental health*. Presented at the National Association for Rural Mental Health. Anchorage, AK.
- DeCou, C.R. \*, & **Skewes, M.C.** (2012, May). *Perceptions of suicide and suicide prevention in rural Alaska*. Presented at the National Association for Rural Mental Health. Anchorage, AK.
- DeCou, C.R. \*, **Skewes, M.C.**, & Lopez, E.D.S. (2011, September). *Perceptions of suicide in rural Alaska*. Presented at the 26<sup>th</sup> World Congress of the International Association on Suicide Prevention, Beijing, China.
- Skewes, M.C.**, & Dermen, K.H. (2009, November). *Health literacy in substance abuse treatment*. Presented at the Association for Behavioral and Cognitive Therapies, New York, NY.

- Skewes, M.C., & Morera, O.F.** (2006, November). *Development of a web-based smoking cessation intervention targeted to Hispanic female college students*. Presented at Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Skewes, M.C., & Morera, O.F.** (2004, October). *HIV testing in a college student sample*. Presented at the Applied Psychology Conference, Carbondale, IL.
- Skewes, M.C. & Morera, O.F.** (2004, April). *Development of a measure of readiness to be tested for HIV*. Presented at the Rocky Mountain Psychological Association, Reno, NV.
- Skewes, M.C., & Morera, O.F.** (2002, October). *Beliefs about the medical profession and attitudes toward organ donation in a predominantly Hispanic population*. Presented at the Society for Medical Decision Making, Baltimore, MD.
- Skewes, M.C., Espinoza, P., Portillo, M., Morera, O.F., & Maydeu-Olivares, A.** (2002, May). *An investigation of the Social Problem-Solving Inventory—Revised in a Hispanic population*. Presented at the Midwestern Psychological Association, Chicago, IL.
- Skewes, M.C. & Morera, O.F.** (2002, April). *The Transtheoretical Model of Behavior Change and HIV testing: An investigation of decisional balance*. Presented at the Oklahoma/Kansas Judgment and Decision Making conference, Oklahoma City, OK.
- Skewes, M.C., Espinoza, P., Portillo, M., & Morera, O.F.** (2002, April). *An evaluation of the SPSI-R in a predominantly Hispanic population*. Presented at the Western Psychological Association, Irvine, CA.
- REFERREED CONFERENCE PRESENTATIONS—POSTER** (\*Indicates student co-author)
- Vasquez, A.R. \*, **Skewes, M.C.**, Manson, S.M., & Ahsogeak, P.R. (2013, July). *Expressed needs of Alaska Native/American Indian adolescent clients in a residential substance abuse treatment program*. Poster presented at the APA Minority Fellowship Program poster session at the American Psychological Association, Honolulu, HI.
- Gonzalez, V.M., **Skewes, M.C.**, Freitas-Murrell, B. \*, & Stewart, T. \* (2013, June). *Attitudes toward harm reduction and abstinence interventions among Alaska Native college students from dry or damp villages*. Poster presented at the Research Society on Alcoholism, Orlando, FL.
- Vasquez, A.R. \*, & **Skewes, M.C.** (2012, August). *Substance abuse treatment in the Alaskan context: Results from a web-based survey*. Poster presented at the Minority Fellowship Program's poster session at the American Psychological Association, Orlando, FL.
- Skewes, M.C., & Gonzalez, V.M.** (2012, August). *Measuring attitudes toward alcohol misuse interventions in Alaskan college students*. Poster presented at the International Congress on Circumpolar Health, Fairbanks, AK.

- Burket, R.L.\* & Skewes, M.C. (2012, August). *Academic performance and alcohol use among urban and rural Alaskan college students*. Poster presented at the International Congress on Circumpolar Health, Fairbanks, AK.
- DeCou, C.R.\* & Skewes, M.C., & Lopez, E.D.S. (2012, August). *Traditional living and subsistence as protective factors against suicide: Perceptions of Alaska Native university students from rural Alaska*. Poster presented at the International Congress on Circumpolar Health, Fairbanks, AK.
- McKay, J.C.\* & Vasquez, A.R.\* & DeCou, C.R.\* & Lopez, E.D.S., & Skewes, M.C. (2012, August). *“Healthy mind is a healthy life.” Alaska Native experiences of acculturation, enculturation, and coping*. Poster presented at the International Congress on Circumpolar Health, Fairbanks, AK.
- Vasquez, A.R.\* & McKay, J.\* & DeCou, C.R.\* & Lopez, E.D.S., & Skewes, M.C. (2012, August). *Living in two worlds: Alaska Native experiences of acculturation, stress, academic success, and well-being in the rural-to-urban transition to college*. Poster presented at the International Congress on Circumpolar Health, Fairbanks, AK.
- Gonzalez, V.M., & Skewes, M.C. (2012, June). *A preliminary examination of a scale to measure preference for harm reduction or abstinence-only interventions for alcohol problems*. Poster presented at the Research Society on Alcoholism, San Francisco, CA.
- Vasquez, A.R.\* & Skewes, M.C. (2012, June). *The protective effects of ethnic identification on alcohol involvement in a sample of Alaska Native and non-Native college students*. Poster presented at the Research Society on Alcoholism, San Francisco, CA.
- Skewes, M.C., Vasquez, A.R.\* & Gonzalez, V.M. (2011, November). *Alcohol-related consequences among Alaska Native college student drinkers*. Poster presented at the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.
- Vasquez, A.R.\* & Skewes, M.C., & Gonzalez, V.M. (2011, November). *The role of ethnicity and cultural identification in alcohol-related problems among Alaska Native and Non-Native college students*. Poster presented at the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.
- Skewes, M.C., Vasquez, A.R.\* & Gonzalez, V.M. (2011, June). *Alcohol motives, consequences, and suicidal ideation among college students at a minority-serving institution*. Poster presented at the Research Society on Alcoholism, Atlanta, GA.
- Gonzalez, V.M. & Skewes, M.C. (2011, June). *Suicidal ideation and attempts among heavy drinking college students: The role of solitary heavy drinking*. Poster presented at the Research Society on Alcoholism, Atlanta, GA.



- Gonzalez, V.M., Reynolds, B., & Skewes, M.C. (2010, June). *Role of impulsivity in the relationship between depression and alcohol problems among emerging adult college drinkers*. Poster presented at the Research Society on Alcoholism, San Antonio, TX.
- Skewes, M.C., Gonzalez, V.M., & Dermen, K.H. (2010, May). *Health literacy among substance abusers in treatment*. Poster presented at the Institute for Healthcare Advancement's annual Health Literacy conference, Irvine, CA.
- Skewes, M.C., & Dermen, K.H. (2009, August). *Health literacy in substance abuse treatment: Preliminary findings*. Poster presented at the American Psychological Association, Toronto, CA.
- Skewes, M.C., Vergara, C., Smith, J., & Yanes, P.K. (2008, November). *Health literacy in substance abuse treatment*. Poster presented at the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Skewes, M.C., Dermen, K.H., & Stasiewicz, P.R. (2007, November). *Factor structure of the SOCRATES in a sample of DWI offenders presenting for treatment*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Skewes, M.C., Lau-Barraco, C., Gonzalez, V.M., Dermen, K.H., & Stasiewicz, P.R. (2007, November). *Motivation and drinking behavior: Examining the SOCRATES in a sample of DWI offenders*. Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Lau-Barraco, C., Skewes, M.C., Collins, R.L., & Stasiewicz, P.R. (2007, November). *Gender differences in high-risk situations for drinking: Are they mediated by depressive symptoms?* Poster presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Skewes, M.C., & Morera, O.F. (2007, August). *Lessons from a web-based smoking cessation intervention targeted to Hispanic female college students*. Poster presented at the Minority Women's Health Summit, Washington, D.C.
- Skewes, M.C., & Morera, O.F. (2007, March). *Where did we go wrong? A post-intervention qualitative analysis*. Poster presented at the Society of Behavioral Medicine, Washington, D.C.
- Skewes, M.C., & Morera, O.F. (2005, November). *Views of female Latina smokers at a predominantly Hispanic-serving university on web-based and other smoking cessation intervention strategies*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- Resor, M.R., & Skewes, M.C. (2005, November). *Factor analysis and validity of the Psychological General Well-Being Index in Hispanic college students*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Resor, M.R., **Skewes, M.C.**, Blume, A.W., & Donaldson, A.L. (2005, November). *Psychological general well-being in Hispanic college students*. Poster presented at the Association for Behavioral and Cognitive Therapies, Washington, D.C.

**Skewes, M.C.**, Resor, M.R., Villanueva, M.R., & Blume, A.W. (2004, November). *An evaluation of measures of drinking behavior in a Mexican-American population*. Poster presented at the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Resor, M.R., & **Skewes, M.C.** (2004, November). *Comorbidity and substance use patterns in a primarily Hispanic college student population*. Poster presented at the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Morera, O.F., Nygren, T.E., White, J., Fernandez, N.P., & **Skewes, M.C.** (2003, November). *Assessing the measurement invariance of the Decision Making Styles Inventory*. Poster presented at the Society of Judgment and Decision Making, Vancouver, B.C.

Espinoza, P, **Skewes, M.C.**, Morera, O.F., & Nygren, T.E. (2002, November). *A cross-cultural assessment of the Decision Making Styles Inventory*. Poster presented at the Society of Judgment and Decision Making, Orlando, FL.

## RESEARCH SUPPORT

### Completed Research Support

University of Alaska Anchorage—Innovate Grant (PI Gonzalez) 01/01/12-12/31/12

#### **Social Validity of Alcohol Treatments for Alaska Native College Students**

This project examined the validity and reliability of a scale designed to measure the perceived effectiveness of harm reduction and abstinence-only alcohol intervention techniques, as well as self-efficacy and perceived social support for using these strategies, with Alaska Native and American Indian college students. This was a University of Alaska Anchorage and University of Alaska Fairbanks cross-campus study.

Role: Co-Principal Investigator

Research Institute on Addictions—Research Development Program 05/01/08 – 01/31/09

#### **Health Literacy among Substance Abusers in Treatment**

The goal of this project was to determine the feasibility of recruiting patients with alcohol and other substance use disorders and to assess health literacy in a clinical population.

Role: Principal Investigator

Health Oriented Topics Program, Paso del Norte Health Foundation 07/01/05 – 07/01/06

#### **UTEP Women Kick Butt!**

This research project involved the development, implementation, and evaluation of a web-based smoking cessation intervention for Mexican American female smokers.

Role: Principal Investigator

## **NIH Research Grants Submitted**

### **Native Transformations Opiate Project**

Submitted 11/15/13

This research will examine pathways into and out of opiate dependence among American Indian adults residing on tribal lands in the Coast Salish area of Washington State. A mixed methods design will allow for assessment of opiate involvement and recovery strategies among users/ex-users as well as their family members and reservation-based treatment providers. R01 proposal submitted to NIMHD on 11/15/13 and received a score of 31. Proposal is now being revised for resubmission.

Role: Co-Principal Investigator

### **Acceptability of Harm Reduction for Native College Student Drinkers**

Submitted 03/15/13

This research will examine the acceptability of and barriers to engagement in a harm reduction intervention for alcohol misuse among American Indian and Alaska Native college students who drink. R21 proposal first submitted to NIAAA on 02/15/12, not funded. Resubmitted on 03/15/13, not funded.

Role: Principal Investigator

## **MENTORED STUDENT PRESENTATIONS (STUDENT NAMES BOLD)**

**Strauch, A.**, & Skewes, M.C. (2013, May). *Perceptions of alcohol use among Alaskan college students*. Poster presented at the Campus Research Day, University of Alaska Fairbanks.

**Thompson, S.** & Skewes, M.C. (2013, May). Sport specific drinking motives among male collegiate hockey players. Poster presented at the Campus Research Day, University of Alaska Fairbanks.

**Strauch, A.**, & Skewes, M.C. (2013, April). *Student ratings of hypothetical drinking behavior: Comparisons between White and Alaska Native vignettes in a minority-serving university*. Poster presented at the Western Regional Honors conference, Flagstaff, AZ.

**Thompson, S.** & Skewes, M.C. (2013, April). *Sport specific drinking motives among male collegiate hockey players*. Oral presentation delivered at the annual Behavioral Sciences Conference of the North, University of Alaska Anchorage.

**Montgomery, J.**, & Skewes, M.C. (2012, May). Body image and disordered eating among UAF female athletes and non-athletes. Poster presented at the annual Campus Research Day, University of Alaska Fairbanks.

**Montgomery, J.** (2012, May). Body image and disordered eating among UAF female athletes and non-athletes. Oral presentation delivered at the Undergraduate Research Scholarship program symposium, University of Alaska Fairbanks.

**Vasquez, A.R.**, & Skewes, M.C. (2011, May). *UAF student perceptions of health information and research*. Poster presented at the annual Campus Research Day, University of Alaska Fairbanks.

**Mosher, B., Bussa, S., DeCou, C.R., Vasquez, A.R., & Skewes, M.C.** (2011, May). *Sexual risk taking and HIV testing among UAF undergraduates*. Poster presented at Campus Research Day, University of Alaska Fairbanks.

**Bussa, S., DeCou, C.R., Mosher, B., Vasquez, A.R., & Skewes, M.C.** (2011, May). *The association between depression and alcohol use among undergraduates at UAF*. Poster presented at Campus Research Day, University of Alaska Fairbanks.

**DeCou, C.R., Mosher, B., Bussa, S., Vasquez, A.R., & Skewes, M.C.** (2011, May). *Associations between self-reported suicidal ideation, lifetime substance abuse, alcohol-related consequences, and suicide attempts among UAF undergraduates*. Poster presented at Campus Research Day, University of Alaska Fairbanks.

**Vasquez, A.R., & Skewes, M.C.** (2011, April). *Identifying the health needs of college students: Results from an undergraduate survey of health behavior*. Poster presented at the Behavioral Sciences Conference of the North, University of Alaska Anchorage.

**DeCou, C.R., Mosher, B., Bussa, S., Vasquez, A.R., & Skewes, M.C.** (2011, April). *Associations between self-reported suicidal ideation, history of sexual and intimate partner violence, and suicide attempts among UAF undergraduates*. Poster presented at the Behavioral Sciences Conference of the North, University of Alaska Anchorage.

## **UNDERGRADUATE SENIOR THESES SUPERVISED**

### **University of Alaska Fairbanks**

Steven Thompson (defended May 10, 2013): Drinking motives in team athletes: How important is alcohol use for team bonding?

Ashley Strauch (defended May 10, 2013): Measuring racial bias and stereotypes in Alaska Native and non-Native UAF college students.

Jordyn Montgomery (defended April 26, 2012): Body image, disordered eating, and alcohol misuse among female college athletes and non-athletes.

## **MA/MS THESIS COMMITTEES**

### **Montana State University**

Emily Carstens Namie (2014-present); Rachel Matsumoto (2014-present); Maxwell Burns (2014-present).

### University of Alaska Fairbanks

Melanie Lindholm, Northern Studies (member; 2013-2014); Marsha Shirack, Communications (member; defended May 2010); Drew Harrington, Recreation & Leisure (member; defended May 2011).

### DOCTORAL DISSERTATION COMMITTEES

#### University of Alaska Fairbanks

Angel Vasquez, Psychology (chair; 2013-2014); Courtney Horwath, Psychology (chair; 2012-2014); Rebekah Burket, Psychology (chair; 2011-2014); Dan Curns, Psychology (member; 2012-2014); Heather Robinson, Psychology (member; 2013-2014); Diana Redwood, Interdisciplinary Studies (member; 2011-2014); Kathy Anderson, Interdisciplinary Studies (member; 2011-2014); Janet Kelly, Interdisciplinary Studies (member; 2012-2014); Gina Miller, Interdisciplinary Studies (member; 2012-2014); Jenessa Rivas, Interdisciplinary Studies (member; 2012-2014); Kristie May, Interdisciplinary Studies (member; 2012-2014).

### RESEARCH EXPERIENCE

2014-present	Assistant Professor of Psychology Montana State University, Bozeman, MT
2009-2014	Assistant Professor Center for Alaska Native Health Research, Institute of Arctic Biology, and Department of Psychology University of Alaska Fairbanks, Fairbanks, AK
2006- 2009	Postdoctoral Fellow Research Institute on Addictions, University at Buffalo, State University of New York, Buffalo, NY Mentors: Drs. Gerard J. Connors and Kurt H. Dermen
2004- 2006	Graduate Research Assistant Web-Based Smoking Cessation Study Department of Psychology, University of Texas at El Paso Project funded by the National Center on Minority Health and Health Disparities (PI: Dr. Osvaldo F. Morera)
2001- 2002	Graduate Research Assistant Expressed Emotion as a Predictor of Rehospitalization Among Hispanic Schizophrenic Patients Department of Psychology, University of Texas at El Paso (PIs: Drs. James M. Wood and Jorge I. Rodriquez)

## TEACHING EXPERIENCE

### **Montana State University** (2014-present)

Health Psychology (undergraduate)

### **University of Alaska Fairbanks** (2009-2014)

Health Psychology (stacked grad/undergrad course)

Advanced Research Design and Analysis (undergraduate)

Substances of Abuse in Alaska (graduate)

Substance Abuse Assessment and Treatment Planning (graduate)

Clinical Intervention in Substance Abuse (graduate)

Drugs and Drug Dependence (undergraduate)

Drugs and Behavior (eLearning distance education)

### **Medaille College, Buffalo, NY** (2008-2009)

Statistics for Behavioral Sciences (graduate; 2 semesters)

Seminar in Addictive Behaviors (graduate; 2 semesters)

### **University of Texas at El Paso** (2000-2006)

Research Methods for the Health Professional—Instructor (undergraduate; 2 semesters)

Statistical Methods—Instructor (undergraduate; 2 semesters)

Experimental Psychology—Teaching Assistant (undergraduate; 2 semesters)

Graduate Statistics, Experimental Design and ANOVA—Teaching Assistant (2 semesters)

Graduate Statistics, Correlation and Regression—Teaching Assistant (1 semester)

## OTHER RELEVANT EXPERIENCE

2005	Instructor, Anger Management Management Education Center, El Paso, TX
2001-2002	Vice President, Psychology Graduate Student Association, University of Texas at El Paso
1999-2000	Social Services Director Piedmont Gardens Retirement Community Alzheimer's/Dementia and Skilled Nursing Unit, Oakland, CA
1997-1999	Social Services Director Vintage Estates Skilled Nursing Facility, Hayward, CA
1996-1997	Social Services Director St. Joseph Rehabilitation Hospital, Castro Valley, CA
1996	Counselor Genesis Developmental Services Day Program Burlingame, CA

**AWARDS AND HONORS**

September 2012	Faculty Development Award, University of Alaska Fairbanks
September 2012	Institute of Arctic Biology Director's Award, University of Alaska Fairbanks
September 2012	UAF Summer Sessions Travel Award
September 2011	NIDA Special Populations Mock Review Workshop and Research Development Seminar Travel Award
September 2011	Faculty Development Award, University of Alaska Fairbanks
October 2010	NIAAA/NIDA State of the Science and Grant Development Workshop, Advancing American Indian/Alaska Native Substance Abuse Research Travel Award
September 2009	Faculty Development Award, University of Alaska Fairbanks
August 2009	NIAAA/NIDA Early Career Investigator Travel Award, 2009 meeting of the American Psychological Association
April 2008	Research Institute on Addictions: Research Development Program Award
October 2007-2010	National Institute on Alcohol Abuse and Alcoholism Scholar: NIH Loan Repayment Program for Clinical Research
December 2005	NIMH Minority Research Infrastructure Support Program (MRISP) research award
July 2005	Paso del Norte Health Foundation: Health Oriented Topics (HOT) Projects Research Award
April 2005	University of Texas at El Paso Graduate School Research Award
November 2004	University of Texas at El Paso Graduate School Professional Funding Award
August 2002-2006	University of Texas at El Paso Excellence Award
April 2002	University of Texas at El Paso Graduate School Professional Funding Award

February 2002	University of Texas at El Paso College of Liberal Arts Student Research Support Award
January 2002	University of Texas at El Paso Graduate School Research Award
August 2001	American Psychological Association Minority Fellowship Program Travel Award
July 2001	American Psychological Association Minority Fellowship Program Travel Award

### INVITED PRESENTATIONS

- Skewes, M.C.** (2014, October). *The science of addictive behaviors*. Invited presentation for the INBRE Café Scientifique, Montana State University.
- Skewes, M.C.** (2014, September). *Addressing health disparities in Indian Country: History, challenges, and future directions*. Psychology Department brown bag colloquium, Montana State University.
- Skewes, M.C.** (2014, July). *Health psychology and mind-body medicine*. Invited presentation for the American Indian Research Opportunities program, Montana State University.
- Collins, J., Mori, J., & **Skewes, M.C.** (2014, June). Cultural awareness and training workshop. Invited presentation for EMPower and INBRE programs, Montana State University.
- Skewes, M.C.** (2013, February). *Alcohol and college students*. Invited presentation for the Undergraduate Research and Scholarly Activity (URSA) Research Showcase, University of Alaska Fairbanks.
- Skewes, M.C.** (2013, January). *Women in academia*. Invited presentation for the Leadership, Involvement, and Volunteer Experience (LIVE) Program, University of Alaska Fairbanks.
- Skewes, M.C.** (2012, December). *Biology of addiction*. Invited presentation for the Rural Human Services Certificate Program, University of Alaska Fairbanks.
- Gonzalez, V.M., & **Skewes, M.C.** (2012, November). *Social validity of alcohol treatments for Alaska Native college students*. Invited presentation to the University of Alaska Anchorage INNOVATE grant program.
- Skewes, M.C.** (2005, June). *Health concerns for adolescents and pre-adolescents*. Invited presentation for the Department of Health Sciences, University of Texas at El Paso.



Morera, O.F., & Skewes, M.C. (2004, December). *Can web-based approaches be applied to smoking cessation?* Invited presentation for the Paso del Norte Chapter of the Society for Public Health Educators: New Directions in Tobacco Cessation. El Paso, TX.

Skewes, M.C., & Morera, O.F. (2003, July). *Organ donation: Myths and misconceptions among Hispanics.* Invited presentation for the Department of Health Sciences, University of Texas at El Paso.

## REVIEWING EXPERIENCE

### Editorial Board Member

*Psychology of Addictive Behaviors* (2013-2014)

### Ad Hoc Reviewer

*Journal of Ethnicity in Substance Abuse* (2014-present)

*Health Education Journal* (2014-present)

*Journal of Adolescent Health* (2014-present)

*Children and Youth Services Review* (2012-present)

*Addiction Research and Theory* (2012-present)

*International Journal of Circumpolar Health* (2011-present)

*Addictive Behaviors* (2011-present)

*American Indian and Alaska Native Mental Health Research* (2011-present)

*Psychological Assessment* (2011)

*Cultural Diversity and Ethnic Minority Psychology* (2009-present)

*Psychology of Addictive Behaviors* (2008-present)

*Journal of Studies on Alcohol and Drugs* (2006-2007)

*Health Education Research: Theory and Practice* (2005-present)

*Psychological Science* (2005)

### Conference Review Committees

*Association for Behavioral and Cognitive Therapies* (2012-present)

*Society for Clinical Research and Action* (2011-2013)

*Community Caucus, American Public Health Association* (2011-2013)

## PROFESSIONAL MEMBERSHIPS

Society of Indian Psychologists

American Psychological Association (APA)

APA Division 50 (Society of Addiction Psychology)

APA Division 45 (Society for the Psychological Study of Culture, Ethnicity, and Race)

APA Division 35 (Society for the Psychology of Women)

APA Minority Fellowship Program

Research Society on Alcoholism

Association for Behavioral and Cognitive Therapies (ABCT)

ABCT Special Interest Group in Addictive Behaviors

ABCT Special Interest Group in Native American Behavior Therapy and Research

Association for Psychological Science  
 Community-Campus Partnerships for Health  
 American Society for Circumpolar Health  
 American Indigenous Research Association  
 National Institute on Drug Abuse (NIDA) American Indian/Alaska Native Special  
 Interest Group

### UNIVERSITY SERVICE

October 2014-present	Member, Assistant Professor search committee, Montana State University
May 2014-present	Member, ADVANCE Social Science Research Team, Montana State University
Sept. 2013-May 2013	Member, Assistant Professor search committee, University of Alaska Fairbanks
Sept. 2011-Dec. 2013	Member, planning committee for the National Collegiate Alcohol Awareness Week, University of Alaska Fairbanks
Sept. 2011-Dec. 2013	Member, Research Portfolio Ad Hoc Committee, UAF/UAA Psychology Joint Ph.D. Program
Aug. 2011-Dec. 2013	Psi Chi Faculty Advisor, Psychology Department, University of Alaska Fairbanks
Aug. 2011-Dec. 2013	Member, Research Portfolio Review Committee, UAA-UAF Joint Clinical-Community Ph.D. Program
May 2011-May 2012	Co-Chair, Assistant Professor Search Committee and Term Instructor Search Committee, University of Alaska Fairbanks

### PROFESSIONAL SERVICE

2010-2011	Member, <i>APA Division 50 workgroup on empirically supported treatments for addiction</i>
Dec. 2011-present	Member, <i>National Psi Chi Diversity Advisory Board</i>

### PUBLIC SERVICE

March 2013-Dec. 2013	Member, Community Coalition for Suicide Prevention, Fairbanks Native Association and Tanana Chiefs Conference, Fairbanks, AK
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- Nov. 2012-Dec. 2013                      Member, Fairbanks Alcohol Abuse Prevention Coalition, Fairbanks Native Association and Tanana Chiefs Conference, Fairbanks, AK
- Oct. 2011-Dec. 2013                      Member, Alaska Tobacco Control Alliance and Tanana Chiefs Conference Tobacco Control Coalition, Fairbanks, AK
- Nov. 2007-Aug. 2009                      Adult Literacy Volunteer Literacy Volunteers of Buffalo, Buffalo, NY
- Oct. 1996-July 1997                      Crisis Counselor  
National Council on Alcoholism and Other Drug Addictions (NCADA), San Francisco, CA

### **ADDITIONAL TRAINING**

*Vision to Action: Partnership Summit* (May 2013). Three day workshop and meeting hosted by the Indigenous Wellness Research Institute, University of Washington, Seattle, WA.

*NIH Mock Review Workshop* (September 2011). Two day mock review workshop and research symposium focusing on AI/AN substance abuse research, sponsored by NIH-NIDA/NIAAA, Bethesda, MD.

*Small Sample Sizes Conference* (2011, August). Three day conference on maximizing statistical power when doing research with small samples and with ethnic minority populations, held at the Center for Alaska Native Health Research, Fairbanks, AK.

*Motivational Interviewing* (2011, May). Three day intensive training workshop held via the Motivational Interviewing Network of Trainers, San Francisco, CA.

*Community-Based Participatory Research* (2011, March; 2010, June; 2010, April, & 2009, December). Workshops held at the Center for Alaska Native Health Research, University at Alaska Fairbanks, Fairbanks, AK.

*Building Bridges: Advancing American Indian and Alaska Native Substance Abuse Research* (2010, October). Workshop sponsored by NIDA/NIAAA, Bethesda, MD.

*Evidence-Based Teaching and Learning* (2010, March). Annual Lilly Conference on College and University Teaching—West.

*Ethical Issues in Alcohol Research* (2008, September-October). Seminar held at the Research Institute on Addictions, conducted by RIA research scientists. Buffalo, NY.

*Blending Addiction Science and Treatment: The Impact of Evidence-Based Practices on Individuals, Families and Communities* (2008, June). Meeting held by the National Institute on Drug Abuse. Cincinnati, OH.

*Structural Equation Modeling* (2008, May). Instructed by Dr. Craig Collier. Course held at the University at Buffalo, Department of Sociology, Summer Institute in Statistics. Buffalo, NY.

*Psychosocial Aspects of Alcohol and Other Substance Use Disorders* (2008, February-April). Seminar held at the Research Institute on Addictions, conducted by RIA research scientists. Buffalo, NY.

*Grant Writing Seminar* (2008, January-February). Seminar held at the Research Institute on Addictions, instructed by Drs. Gerard J. Connors and R. Lorraine Collins. Buffalo, NY.

*Writing NIH Grants: Practical Strategies for Success* (2007, November). Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

*Adult Literacy Volunteer Training* (2007, November-December). Training held by the Literacy Volunteers of Buffalo. Buffalo, NY.

*NIAAA Trainee Workshop* (2007, September). Workshop conducted by the National Institute of Alcohol Abuse and Alcoholism. Indianapolis, IN.

*Grantsmanship Workshop* (2007, July). Workshop held as part of the annual meeting of the Research Society on Alcoholism. Chicago, IL.

*Biochemical Aspects of Alcohol and Other Substance Use Disorders* (2007, February-April). Seminar at the Research Institute on Addictions, conducted by RIA research scientists. Buffalo, NY.

*Cue Exposure for Alcohol Interventions* (2006, November). Workshop held in conjunction with the annual meeting of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

*Advances in Experimental and Quasi-Experimental Design. Little Gems: Small Methodological Innovations that Make a Big Difference to Causal Inference* (2006, February). Instructed by W.R. Shadish. Workshop held at the University of Texas at El Paso.

*Structural Equation Modeling with LISREL: A First Course* (2005, October). Instructed by R.O. Mueller and G. Hancock. Workshop presented by Scientific Software International, Chicago, IL.

*American Psychological Association Minority Fellowship Program: Summer Institute on Minorities and Aging; Minority Aging Network in Psychology* (2001, July). Training workshop conducted by program officers at the National Institute on Aging. Los Angeles, CA.