

# Kathryn Slosarek

Director, Campus Recreation

Adjunct Instructor, Human Performance Education



## EDUCATION

**Ph. D Northcentral University - Doctoral Candidate**

Leadership in Higher Education

**M. Ed Nicholls State University 2011**

Higher Education Leadership

**B. S. Nicholls State University 2008**

Sports Science and Wellness

## EXPERIENCE

**Director, Campus Recreation - Nicholls State University**

2021-Present

- Lead full-time staff in planning and progressing toward departmental and university goals through collaboration with other departments. Financially plan and direct the budget for revenue generation.

**Adjunct Instructor, Teacher Education - Nicholls State University HPED 246:**

Personal Fitness

Fall 2020-Present

- Life management skills: fitness activities, stress management, nutrition and wellness components

**Associate Director, Campus Recreation - Nicholls State University**

2017-2021

- Oversee physical facility and full-time facility staff. Develop and implement an aggressive student employee training program, enhance quality of service and manage student staff. Program evaluation and outcomes assessment for the department.

**Fitness and Wellness Coordinator, Campus Recreation - Nicholls State University**

2012-2017

- Manage group exercise and personal training while offering health and wellness opportunities to our members. Supervise, train, and ensure performance for all group exercise instructors, personal trainers, and strength room student staff.

**SEALS Coordinator - Nicholls State University**

2013-2017

- Advise a wellness organization of students to educate, motivate, and lead the campus community to total wellness through education, forums, and activities.

**Coordinator of Student Athlete Learning, Athletics - Nicholls State**

## **University**

2011-2012

- Provide student athletes comprehensive academic support in achieving progress towards degree, while maintaining eligibility.

## **Strength and Conditioning Graduate Assistant, Athletics - Nicholls State University**

2009-2011

- Design strength and conditioning programs for over 80 student-athletes.

## **SERVICE**

### **University:**

Unclassified Staff Advisory Committee, 2018 - Present

Academic Appeals Committee, 2018 - Present

Social and Community Concerns Committee, 2017 - 2019

Scholar's Night Representative, 2019

Manning Passing Academy Volunteer, 2015 - Present

### **Community:**

Hurricane Ida assistance - 2021

Good Samaritan Food Bank - 2019

Bayou Lafourche Cleanup - 2018

Hurricane Harvey Assistance - 2017

## **PROFESSIONAL DEVELOPMENT**

Universities of Louisiana System Management & Leadership Institute, 2020-2021

Women in Higher Education Workshop, 2019

LCIRSA, 2019, 2013-host institution

NIRSA, 2018, 2017

Women Leading Women Workshop

Athletic Business, 2015

NIRSA Fitness and Wellness Institute, 2013