

Cherry Berry Sunrise

Source: Montana Team Nutrition Harvesting Montana Recipes Contest

Original Source: Louise Chandler, Noxon Schools, MT

Servings

6

Ingredients

1 1/2 cups Sweet cherries, Montana grown, frozen, pitted

1 1/4 cups Blueberries, frozen

1 1/4 cups Strawberries, frozen, whole or sliced

2 Tbsp Cornstarch

3 Tbsp Sugar, white, granulated

Topping Ingredients:

1/2 cup Rolled oats, dry, uncooked

2 Tbsp Brown sugar

1 1/2 tsp Cinnamon

1 Tbsp 2 tsp Olive oil

Preparation

- 1. In a large bowl, mix sweet cherries, blueberries, strawberries, sugar, and cornstarch.
- 2. Spray pan lightly with nonstick cooking spray. Evenly distribute and gently spread the berry mixture into pan.
- 3. Bake berry mixture at 350°F for 50 minutes.
- 4. Mix the rolled oats, brown sugar, cinnamon, and olive oil in a bowl.
- 5. Bake the topping in a separate pan. Spread evenly across a 2" deep pan.
- 6. Bake oat mixture at 350°F for 35 minutes.
- 7. Stir topping half way through the baking time. The topping should be a light toasted brown color.
- 8. Serve 1/2 cup of warm berry mixture. Sprinkle with 2 Tbsp toasted oat topping. Optional: garnish with 1 Tbsp vanilla yogurt with a dusting of cinnamon.

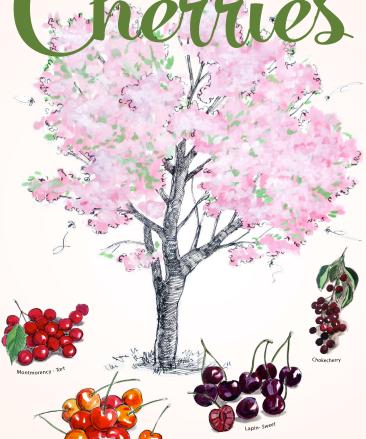
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