



HARVESTING MONTANA RECIPES CONTEST

June 2021 (Quarter 3)

Harvesting Montana Recipes and Standardized Recipe Training

RECIPES UNDERGOING TASTE TESTING WITH STUDENTS

Through the 2021 Team Nutrition Grant, Montana Team Nutrition is working with six schools to prepare and taste test local recipes with students. Schools are using the Tried It, Liked It, Loved It taste test method. Currently, five of the six local recipes have met the 85% student acceptance target. The last recipe, which features MT grown beets, is being revised and taste tested throughout the summer months.

Tried It, Liked It, Loved It Taste Test Method



All recipes will undergo verification and quantity scaling, costing, and nutrition analysis from July – October 2021 in cooperation with Chef Leah Smutko, at the Fork and Spoon Community Café, located in Bozeman. Moving into Fall 2021, schools will provide nutrition education related to the local foods in the recipes and serve the recipe as part of a school lunch meal.

STANDARDIZED RECIPE TRAINING PROVIDED AT MT SCHOOL NUTRITION ASSOCIATION ANNUAL CONFERENCE

Montana SNA held their annual conference in person in June 2021, which allowed MT Team Nutrition and OPI School Nutrition to provide a 4 hour Standardized Recipe workshop. Eighteen school food service staff representing schools from across the state attended. Eighty three percent of participants (15 out of 18) reported increased confidence that they could develop a standardized recipe from start to finish on their own after participating in the workshop.



Learn More

WEB

www.montana.edu/team_nutrition

<https://www.montana.edu/mfarmtoschool/>

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