



# Resources for a Successful School Year in 2022-2023

## Four Ways to Start Your School Year with Montana Team Nutrition

### 1. CHECK OUT NEW RESOURCES AND CONNECT WITH PEERS

- **New Harvesting Montana Recipes** - Six recipes featuring Montana grown foods, barley, beets, bison, lentils, and sweet cherries are available to [download on our website](#).
- **Roadmap to Serving High Quality School Meals** - [Download this free, online tool](#) to determine future goals and access resources to enhance school meal quality.
- **Connect with us and your peers** via [Montana Team Nutrition Facebook page](#) (@MontanaTeamNutrition)
- **MT Lunchline Email Listserv** – Join by emailing Erin Turner at [erin.turner@mt.gov](mailto:erin.turner@mt.gov)
- **Montana School Meal Certificate** – Sign up for the new training program for the upcoming school year by visiting our [MSMC webpage](#).

### 2. SIGN UP TO BE A TEAM NUTRITION SCHOOL

Your program is the nutrition heart of the school. By signing up, your staff will affirm their commitment to helping students make healthier food choices and be more physically active and receive special nutrition education and promotion materials. Join as a new TN school or update an existing school's contact information at: [USDA Team Nutrition School](#).

### 3. PLAN FUN PROMOTIONS TO MARKET YOUR SCHOOL MEALS PROGRAM!

- **October 10-14, 2022 - National School Lunch Week**  
*Peace, Love and School Lunch:* [School Nutrition Association National School Lunch Week](#)
- **October 19, 2022 - Montana Crunch Time**  
Montana Crunch Time is a statewide event to celebrate National Food Day and National Farm to School Month in Montana by crunching into any locally or grown or raised food wherever you are—school, work, or play! Help Montana win this year's Mountain Plains Crunch Off by [registering your crunch](#) by October 31.
- **March 6-10, 2023 - School Breakfast Week - Theme to be determined**  
[School Nutrition Association School Breakfast Week](#)

### 4. PARTICIPATE IN YOUR DISTRICTS SCHOOL WELLNESS POLICY INITIATIVE

Utilize resources such as a school wellness newsletter, policy implementation guide, and assessment tool on the [Montana Team Nutrition School Wellness Webpage](#). A free Local School Wellness Policy online (1 hour) class on is available on [OPI's Learning Hub](#). Search "local school wellness policy" to enroll.

## Learn More

### WEB

[www.montana.edu/team-nutrition](http://www.montana.edu/team-nutrition)

### FACEBOOK

[www.facebook.com/MontanaTeamNutrition](https://www.facebook.com/MontanaTeamNutrition)

### CONTACT

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## Grow Farm to School This School Year!



### 1. SIGN UP FOR BRINGING THE FARM TO SCHOOL: LOCAL PRODUCER TRAININGS

Do you know farmers or ranchers that would benefit from learning strategies to work with school nutrition programs? Montana Farm to School is hosting two Bringing the Farm to School: Local Producer Trainings in Fall 2022! Learn from local experts about accessing school markets, growing products for schools, and more. Registration is open for the September 2022 training at the Montana Farm to School [Training + Events](#) webpage.

### 2. REGISTER FOR MONTANA HARVEST OF THE MONTH

Montana school and afterschool programs can now register for the **Montana Harvest of the Month** program for the 2022-23 school year! The Montana Harvest of the Month program showcases Montana grown foods in Montana schools and communities. With the uncertainty of this school year, additional flexibility will be afforded in implementing Harvest of the Month to fit the needs of each site. Participating schools will receive a full packet of materials at no charge as well as guides, additional resources, and training. Herbs is the newest food, featured in September!



For more information or to register your school or afterschool program for free visit: [Montana Harvest of the Month](#)

### 3. WANT TO SERVE MONTANA BEEF ON YOUR MENUS?

Learn successful ways to serve Montana beef at the [Montana Beef to School](#) webpage.

### 4. JOIN STATEWIDE FARM TO SCHOOL CONVERSATIONS

Want to get involved with farm to school efforts at the state level? We welcome your participation in the Montana Farm to School Leadership Team's working groups. The next meetings will be held in October 2022. Register for the meetings and get more information on the [Leadership Team page](#).

### 5. ACCESS ADDITIONAL RESOURCES

- [Montana Farm to School website](#)
- Montana Farm to School [Facebook](#) and [Instagram](#) pages
- [Montana Farm to School Annual Report](#)

Contact Aubree Roth, Montana Farm to School Coordinator at [aubree.roth@montana.edu](mailto:aubree.roth@montana.edu) or (406) 994-5996 for more information.



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