

Name: _____ Today's Date: _____

My Weekly Plan: Dates: _____ through _____

Courses, Tests, Quizzes, Assignments, Labs, Advising Check-in:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Study Times, Homework, Reading, Meeting with Tutors/Counselors (Career or Financial):

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Other Events, Travel, Work, Social Commitments:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Goals for the Week:

1.
2.
3.

Challenges I Expect this Week:

1.
2.
3.

Strategies to Overcome these Challenges:

1.
2.
3.

This week I am motivated by:
