

# LAP SWIM ETIQUETTE

Be kind to your fellow swimmers



## 1. Choose an appropriate lane/speed.

Lanes are designated as slow, medium, or fast. Choose a lane compatible with your speed. Slower swimmers must yield to faster swimmers.

## 2. Talk to your lane mates.

Notify the others in the lane that you are joining them.

## 3. Swimming pattern:

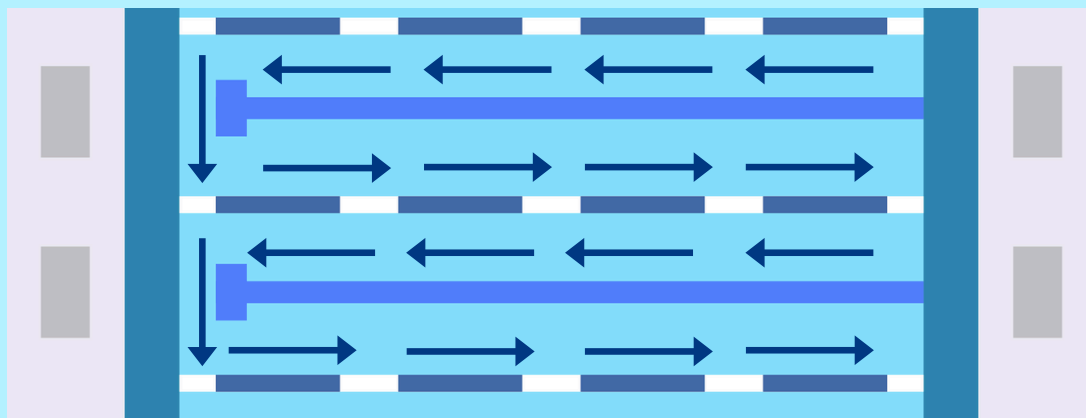
If two swimmers are in a lane, split the lane—each stays on one side. Three or more swimmers must circle swim: stay to the right and swim counterclockwise.

## 4. Stopping:

If you need to stop, squeeze into the corner to the right of the oncoming swimmers, so they have sufficient room to turn.

## 5. Passing safely:

Pass on the left. Tap the foot of the person in front of you before passing. If you are being overtaken at the turn, stop, and wait until the other swimmer has pushed off.



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Campus Recreation