UW Admissions Process for Medical School

STELLA V. YEE, M.ED.
DIRECTOR OF ADMISSIONS
UWSOM is Committed to:

The states of Washington, Wyoming, Alaska, Montana, and Idaho (WWAMI)

Training physicians of all specialties to practice in the region
  ◦ Recognizing the special importance of training primary care doctors

Contributing to biomedical research

Providing educational opportunities for educationally and economically disadvantaged
UWSOM Expectations

ALL APPLICANTS
Meet our mission
Knowledge of being a physician
Understanding of current issues facing medicine
Academic ability
Analytical thinking
Communication and interpersonal skills

NON-WWAMI APPLICANTS
Extensive record of service with underserved
Disadvantaged background
E22
Optional MCAT for 1st Timers
Virtual Interviews
Further Committee Training
Added Secondary Question
Application Process

- MCAT Exam
  - Before 9/30

- AMCAS Application
  - Submit by 10/15

- Secondary Application
  - Received by 12/1

- Interview
  - 10/1-3/31
  - MT: 1/10-1/13/21

- Decision
  - 10/15-3/31
  - MT: 1/14/21
Medical College Admission Test (MCAT)

For E-2022, MCAT is optional for first time test takers *

In other years, MCAT scores are good for 3 years
◦ For example: 2022 scores are valid for Fall 2023, 2024, and 2025 cycles

MCAT should be taken no later than September the year of application

* Visit https://www.uwmedicine.org/school-of-medicine/admissions/mcat for more guidance
Premedical Course Requirements for E23 and On

Social Science, Humanities, or “Human Condition”: Demonstrated Competency
  ◦ Understand social forces that shape the health of individuals and communities they will serve

Biology: 1 Year
  ◦ The subject matter in these courses must include college-level biology, molecular genetics and cell biology/cell physiology

Chemistry/Biochemistry: 2 years
  ◦ The subject matter in these courses must include college-level inorganic and organic chemistry and biochemistry.

Physics: 1 Year
  ◦ The subject matter in these courses must include college-level physics principles including mechanics, kinetics, thermodynamics, properties of matter, wave theory, electricity and magnetism and optics

https://www.uwmedicine.org/school-of-medicine/admissions/course-requirements
AMCAS: The Primary Application

Deadline: October 15th, 2021

2022 AMCAS® Processing Fee: $170 (includes one medical school designation). Additional medical school designations: $42 each.
2021 AAMC Fee Assistance Program (FAP)

- Reduced MCAT registration fees
  - from $320 to $130
- The Official Guide to the MCAT Exam and other MCAT preparation materials ($268.80 value)
- Medical School Admission Requirements (MSAR) ($36 value)
- Waiver for all AMCAS fees for one application submission (up to 20 medical schools) ($968 value)

https://www.aamc.org/students/applying/fap/
Your Experiences

- Clinical Exposure
- Virtual Shadowing
- Community Service
  - Can include non-clinical volunteering
- Patient Engagement
- Leadership Roles
- Research
- Employment
- Hobbies, interests, or any activities that are meaningful
Continue Learning About Medicine

- Read news articles or listen to podcasts about current health care issues
  - Health inequities
  - Public policies
- Talk to physicians about their careers
  - Read memoirs by doctors
- Watch videos related to medicine or patient care
- Attend panels and conferences related to fields you are interested in
Reflection and Understanding

- Have you gone outside of your comfort zone?
- What insights did you gain?
- Are you someone who learns from their experience?
- How do you interact with other people?
- Do you seem mature?
- What did you learn?
I helped to collect patient folders or to take files to labs. I shadowed in ob/gyn, pediatrics, internal medicine, and anesthesiology often attending morning rounds or observing surgeries. The experience gave me the opportunity to see the roles and importance of different departments.

While I was initially uncomfortable in dealing with terminally-ill persons, in time I became at ease with these interactions. I was amazed at the perspective of some of these persons and their acceptance of their terminal condition.

As I shadowed a wide variety of physicians in rural medicine, I saw that I thrive on the fast paced, demanding, and intellectually challenging daily routine of a doctor. I saw the importance of non-verbal communication during interactions with patients and how body language plays a role in patient care just as much as spoken words. It was captivating to see how every patient brings with them their own story, a unique personality, and a diverse background that determines how advice is heard.
Why do you want to be a doctor?

- Motivation for medicine
- A description of prior experiences in health care
- Steps taken to explore a career in medicine
- Eventual goals as a physician

Why you want to go to medical school

Personal Comments/Statement
UWSOM Secondary Application

Applicants complete the secondary application
  ◦ Additional statements
  ◦ Letters of recommendation
  ◦ Casper Test Score
  ◦ Montana WWAMI Eligibility

**Deadline: December 1st, 2021**
Secondary Statements

▪ How have your experiences prepared you to be a physician?
▪ What perspectives or experiences do you bring that would enrich the class?
▪ What obstacles to your goals have you experienced and how have you dealt with them?
▪ How have societal inequities in the U.S. affected you or patients you’ve worked with?
▪ Please share how COVID-19 has impacted you, your family, your community, and/or the patients that you would like to serve. NEW for the Fall 2022 cycle

For re-applicants: From your most recent application until now, how have you strengthened your application?
Letters of Recommendation

Required: a committee letter or 3 letters of recommendation
- Well-rounded picture of applicant

An additional 3 letters will be accepted
TRUST Application

Please describe why you desire to participate in the TRUST program. Given your experience to date, which specialty is most interesting to you and where would you like to practice?

Please identify the rural and underserved areas wherein you have lived/worked for more than two months (community name, population, state and dates lived in that community).
Casper: Situational Judgment Test

Your role is the more experienced employee

https://takealtus.com/casper/
Application Process

- **MCAT Exam**
  - Before 9/30

- **AMCAS Application**
  - Submit by 10/15

- **Pre-Screening & Academic Screen**

- **Interview**
  - 10/1 - 3/31

- **Acceptance**
  - 10/15 - 3/31
Preliminary Screening

Applicants with low GPA AND low MCAT score will be rejected
  ◦ Montana applicants below the cut off will go to the Montana Executive Committee Member for review.

International students without United States permanent residency or citizenship will be rejected

Applicants who have three previous applications will be rejected
### 2021 Statistical Outline of Montana Applicant Pool (125) and Entering Class (30)

<table>
<thead>
<tr>
<th></th>
<th>Applied</th>
<th>Offered</th>
<th>Entering</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate GPA and Standard Deviation</td>
<td>3.61 (0.33)</td>
<td>3.70 (0.24)</td>
<td>3.66 (0.25)</td>
</tr>
<tr>
<td>MCAT Mean and Standard Deviation</td>
<td>505.7 (8.90)</td>
<td>509.4 (6.73)</td>
<td>508.13 (6.28)</td>
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</table>
Preliminary Screening (cont.)

WWAMI applicants above the academic cut off will get a secondary if they:

- Demonstrate commitment to working with underserved
- Come from a disadvantaged background

Non-WWAMI applicants above the academic cut off will get a secondary if they:
Application Process

- MCAT Exam: Before 9/30
- AMCAS Application: Submit by 10/15
- Screening for Interview:
  - Pre-Screening & Academic Screen
- Secondary Application: Received by 12/1
- Acceptance: 10/15 - 3/31
- Interview: 10/1 - 3/31
Screening Applications

Complete applications are reviewed by two to three screeners for an invitation to interview.

Montana applicants with a negative screen will go to the Montana Executive Committee Member for a final review.

Decision to extend an interview can take up to 6 weeks.
Considerations When Screening

Academic ability
- Upward trajectory
- GPA and MCAT are consistent and solid

Experiences/Activities
- Clinical Exposure
- Experiences that are consistent with goals

Clear and coherent motivation for medicine

Solid letters of recommendation
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- **Screening for Interview**

- **Pre-Screening & Academic Screen**

- **EXCOM Meetings**
  - MT: 1/10-1/13/21

- **Interview**
  - MT: 1/14/21
  - Stay tuned for more details!

- **Decision**
  - 10/15-3/31
  - MT: 1/14/21
Decision

Applications are reviewed throughout the season ("rolling admissions") by the Executive Committee
  ◦ Montana applicants will hear an update the week after interviews

Timing of decisions are affected by competitiveness of the applicant pool

All applicants will be notified of final decisions by the end of March
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- **Decision**
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    - MT: 1/14/21

- **Pre-Screening & Academic Screen**
# 2021 Applicant Pool and Entering Class

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>MT</th>
<th>AK</th>
<th>ID</th>
<th>WA</th>
<th>WY</th>
<th>OOR-MD only</th>
<th>OOR-MSTP</th>
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<tbody>
<tr>
<td><strong>Applied</strong></td>
<td>9577</td>
<td>125</td>
<td>84</td>
<td>206</td>
<td>1210</td>
<td>64</td>
<td>7341</td>
<td>547</td>
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<tr>
<td><strong>Interviewed</strong></td>
<td>879</td>
<td>77</td>
<td>68</td>
<td>111</td>
<td>574</td>
<td>49</td>
<td>66</td>
<td>-</td>
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<td><strong>Offers Made</strong></td>
<td>351</td>
<td>38</td>
<td>21</td>
<td>44</td>
<td>180</td>
<td>22</td>
<td>22</td>
<td>24</td>
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<tr>
<td><strong>Accepted</strong></td>
<td>270</td>
<td>30</td>
<td>20</td>
<td>40</td>
<td>144</td>
<td>20</td>
<td>8</td>
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# 2021 Applicant Pool and Entering Class

<table>
<thead>
<tr>
<th>Gender</th>
<th>Applied</th>
<th>Offered</th>
<th>Entering</th>
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<tbody>
<tr>
<td>Female</td>
<td>61</td>
<td>19</td>
<td>17</td>
</tr>
<tr>
<td>Male</td>
<td>64</td>
<td>19</td>
<td>13</td>
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<table>
<thead>
<tr>
<th>Age at Application</th>
<th>Applied</th>
<th>Offered</th>
<th>Entering</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>(22) 25 (42)</td>
<td>(22) 25 (30)</td>
<td>(22) 25 (29)</td>
</tr>
<tr>
<td>Male</td>
<td>(22) 26 (41)</td>
<td>(22) 26 (37)</td>
<td>(22) 25 (31)</td>
</tr>
</tbody>
</table>

(XX) YY (ZZ): (XX)=Youngest, YY=Median, (ZZ)=Oldest
For More Information

VISIT OUR WEBSITE

http://www.uwmedicine.org/admissions

Advice from the Admissions Dean
Application procedure
Resources to prepare your application
FAQs

CONTACT OUR OFFICE

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Thank you